

# SINGAPORE POLO CLUB



## Cosmopolitan Polo 2025

An Inaugural Success

## P12

### CLUB NEWS

His Royal Highness Tunku Ismail  
Ibni Sultan Ibrahim's Visit to  
Singapore Polo Club

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### OUTREACH

SPC Outreach Polo Tournament  
& Carnival 2025

## P66

### RIDING

AEF Cup CSIJ-B Malaysia  
from 22 to 24 August



# Christmas

## LIGHT-UP



SAVE THE  
DATE  
—  
FREE  
ENTRY

2025

### HIGHLIGHTS

- Candy Gifting by Santa Claus & Santarina
- Cake Cutting
- Christmas Bazaar
- Christmas Carolling
- Magic Show
- Games



We're kicking off the holiday season with our annual Christmas Light-Up, a night filled with laughter, lights, and the spirit of togetherness.

Join us as the Club transforms into a festive wonderland.  
Bring your loved ones, capture the magic, and celebrate the joy of the season!

**SATURDAY, 6 DECEMBER 2025 | 4PM**  
**POLO BAR & VERANDAH**

Open to members and their guests only

Please register your attendance by 3 December via [events@singaporepoloclub.org](mailto:events@singaporepoloclub.org)



SINGAPORE  
**POLO CLUB**  
Established in 1884





SINGAPORE  
**POLO  
CLUB**  
Established in 1886



## PATRONS

**Derek Mitchell**  
K.C. Loh

## COMMITTEE

**Lawrence Khong**  
President

**Rickard Hogberg**  
Vice President

**Satinder Garcha**  
Polo Captain

**Stephanie Masfield**  
Honorary Secretary

**Daniel Chua**  
Honorary Treasurer

**Peggy Yeo**  
Committee Member

**Leon Chu**  
Committee Member

**Lee Joo Bae**  
Committee Member

**Mark Shaw**  
Committee Member

## MANAGEMENT

**Sylvan Braberry**  
General Manager  
Head, Atoms Polo Academy  
Head, SPC Riding Academy

**Wendy Tham**  
Secretary

**Johnny Wong**  
F&B & Events Manager

**Irene Seah**  
Events Manager

**MPS Rajan**  
Front Office & Club Rooms  
Manager

**Han Peck Hoe**  
Facilities & Maintenance  
Manager

**Kirby Khoo**  
Finance Manager

**Alinna Li**  
Human Resources Manager

**Marlene Teo**  
Marketing Communications  
and Lifestyle Manager

**Sunny Oh**  
Polo Administration Manager

**Colonel Ravi Rathore**  
Atoms Lead Polo Professional

**Daniel Sitranen**  
Riding Academy Lead  
Instructor

## OPERATING HOURS

### FRONT DESK

7.30am – 9.30pm (Sunday to Thursday)  
7.30am – 10.00pm (Friday & Saturday)

### F&B OUTLETS

**The Paddock**  
8.00am – 10.30pm (daily)  
(Last order at 9.30pm)

**The Polo Bar**  
6.00pm – 10.30pm (daily)  
Closed on Mondays  
(Last order at 9.45pm)

**Coriander Leaf**  
@ The Mountbatten Room  
6.00pm – 10.30pm (weekdays)  
12.00pm – 3.00pm &  
6.00pm – 10.30pm (weekends)  
Closed on Mondays  
(Last order at 2.45pm & 9.45pm)

**The Verandah**  
8.00am – 11.00pm (daily)  
(Last order at 9.30pm)

### FACILITIES

**Gym**  
7.00am – 9.00pm (weekdays)  
8.00am – 8.00pm (weekends)

**Swimming Pool**  
7.00am – 9.00pm (daily)

**Tennis Courts**  
7.00am – 11.00pm (daily)

**Atoms Polo Loft**  
10.00am – 6.00pm (weekdays)  
9.00am – 6.00pm (weekends)  
Closed on Mondays and Public Holidays

**The Wellness Studio**  
By appointment

## CONTACTS

### Committee

### Events

### Facilities & Grounds

### Finance

### Food & Beverage

### General Enquiries

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### HR & Admin

### Marketing, Advertising & Lifestyle

### Membership

### Polo

### Riding

### Atoms Polo Loft

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Featuring Atoms polo players in action at Cosmopolitan Polo 2025

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Be a part of the distinguished

# Lifestyle



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**SIGN UP FOR A COMPLIMENTARY CLUB TOUR**

For membership rates and enquiries, email  
[membership@singaporepoloclub.org](mailto:membership@singaporepoloclub.org)





Dear Members,

**T**hey say time flies when you're having fun and indeed, it has. As I enter my final few months as President before stepping down in Q1 2026, I am deeply heartened by how far we have come together. As we near the end of the year, I am pleased to share that we continue to make steady progress on the plans we set in motion for 2025.

When I first took on the role of President, we had a clear vision and mission for the Club's future. One of my key priorities was to implement a Board of Directors system within the Committee – a move designed to empower leadership, reduce micromanagement, and allow our General Manager, Sylvan Braberry, to perform his role effectively and independently. Sylvan has since translated our aspirations into actionable strategies, many of which have already been realised, with others well underway.

One key initiative is to enhance the Club's tourism value. In line with this, we will be hosting a Polo Cultural Exchange in the first week of March 2026, celebrating diversity and collaboration between Singapore and a South American nation – a first in our Club's history, and one that promises to be a truly memorable occasion.

This year has been especially rewarding, thanks to the strong and strategic leadership of Sylvan and the dedication of our management team and staff. Together, we organised two major highlights: the inaugural Cosmopolitan Polo on 30 August 2025, which sold out swiftly, and the third SPC Outreach Polo Tournament & Carnival on 11 October 2025 – a meaningful day of sport, fun, and community spirit that raised funds for four beneficiaries.

Last year's Outreach Tournament drew over 3,000 attendees; this year, we welcomed more than 4,000 participants and were honoured by the presence of Senior Minister Lee Hsien Loong as our Guest-of-Honour – a proud milestone for the Club. This event continues to embody our shared values of compassion, inclusivity, and community, inspiring us to make an even greater impact in the years ahead.

I would also like to commend our Polo Captain, Mr. Satinder Garcha, for his leadership and collaboration with the management team and Ms. Peggy Yeo in supporting the Pony Club of Singapore. Together, they are organising a bi-annual event uniting polo and equestrian disciplines – an exciting initiative open to the public to grow awareness and appreciation for the sport. Satinder is also working on plans to introduce a Handicapped Polo League, broadening opportunities for participation and strengthening our polo community.

Looking ahead, our annual Christmas Light-Up will be held on Saturday, 6 December 2025 at 4pm, and promises to be our biggest and most inclusive celebration yet. From 6.30pm, watch our entire clubhouse come alive with sparkling lights – a beautiful experience not to be missed. Open to all SPC members and their guests, selected beneficiaries, and the wider equestrian community, it will be a joyful evening of festive cheer and togetherness.

Preparations are also underway for the Club's 140<sup>th</sup> Anniversary Gala Dinner in 2026, a milestone celebration of our rich heritage and unity. The synergy within the Club throughout my presidency has been seamless and positive, and I am confident that my successor will continue to build upon this strong foundation.

As we head into the festive season, I invite all members to join our celebrations and upcoming events. Let us continue to strengthen the bonds that make SPC such a vibrant and welcoming community.

Wishing you and your families a blessed Christmas and a wonderful New Year filled with happiness, peace, and good health. ■

Warm Regards,

**Lawrence Khong**  
President



# Gift-a-Book

This Christmas give the gift of memories with our beautiful commemorative book



**\$88**

(\$95.92 w/GST)

To purchase a copy, email [retail@singaporepoloclub.org](mailto:retail@singaporepoloclub.org)



SINGAPORE  
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Dear Members,

**A**s we enter the final quarter of the year, I am delighted to share some of the recent highlights and exciting developments at the Club.

Our third edition of the SPC Outreach Polo Tournament & Carnival, held on 11 October, was a tremendous success, drawing over 4,000 members and guests. It was heartwarming to see our community unite in support of a meaningful cause.

My sincere appreciation goes to Senior Minister Lee Hsien Loong, who attended as our Guest-of-Honour, and to everyone who contributed through carnival coupons and VIP hospitality packages in aid of our four beneficiaries – Dementia Singapore, Gateway Arts, PERTAPIS Education & Welfare Centre, and The Straits Times School Pocket Money Fund.

The Singapore Polo Club is honoured to serve as Honorary Patron of Gateway Arts, supporting its mission to provoke thought, spark conversations, and inspire change through productions addressing pressing social issues affecting children and youth.

We were also humbled by the success of the inaugural Cosmopolitan Polo on 30 August, which sold out quickly, with all VIP Elite Hospitality Packages snapped up within days – a clear reflection of the growing enthusiasm for our polo events.

The Atoms Polo Academy continues to excel, having hosted the second Atoms Ladies Cup on 18 October, a vibrant showcase of talent and sportsmanship. Likewise, the SPC Ladies' Tournament (Beaujolais Cup) on 28 October received enthusiastic participation and positive feedback, culminating in a lively after-party.

Both the Atoms Polo Academy and SPC Riding Academy continue to flourish, with over 500 active polo players and riders and nearly 1,000 riding students, respectively – a testament to our leadership in equestrian sports locally and regionally.

We are also pleased to announce the refurbishment of the Mount Pleasant Room, now available for corporate meetings and retreats. Looking ahead, a Corporate Clubhouse Membership will soon be introduced, offering companies preferential rates for meeting rooms, club rooms, and dining facilities. A new Business Centre, next to the Atoms Polo Loft, will also open shortly, providing convenient printing and binding services.

Our next major event, the Christmas Light-Up, takes place on Saturday, 6 December 2025 at 4pm. From 6.30pm, the whole clubhouse will turn into a dazzling wonderland complete with beautiful lights, festive glow and warm ambience. We warmly invite all members, families, and friends to this complimentary celebration – our most spectacular yet – featuring Santa and Santarina appearances, Cake cutting, a Christmas Bazaar, Magic show, games and more festive fun.

Looking further ahead, we are excited to host the National Day Parade 2026 Chinese New Year Sponsorship Event, featuring a SPC Polo Experience and dinner in late February 2026, with approximately 500 corporate decision-makers expected – another unique opportunity to celebrate community, polo, and culture together.

Another exciting mega event is planned for the first week of March 2026, featuring a cultural exchange with a South American country through cuisine, dance, networking, and more. Keep your eyes peeled – this promises to be the largest event ever held at the Club.

As the holiday season approaches, I wish you and your loved ones an abundance of joy, peace, and love. Thank you for your continued support and for being an integral part of our vibrant Club community. ■

Warm Regards,

**Sylvan Braberry**  
General Manager



# New Members

JULY TO SEPTEMBER 2025

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the Club!

## CHARTER

Oliver Henry Thomas Van Der Wyck  
 Steven Matthew Townend  
 Brocklebank Nicholas Gordon  
 Su Xin Yee  
 Manchharam Ashish  
 Choo Joon Piau  
 Lim Mui Ching, Eunice (Lin Meizhen, Eunice)  
 Peter Tjekming Phan  
 Jorgensen Andreas Daugaard  
 Goh Soo Chern  
 Chin Jin Yuan Samuel  
 Seah Weifen Sarah (Xie Weifen, Sarah)  
 Laure, Anne, Marie Lampre  
 Sato Motoki  
 Zhang Yun

## TERM

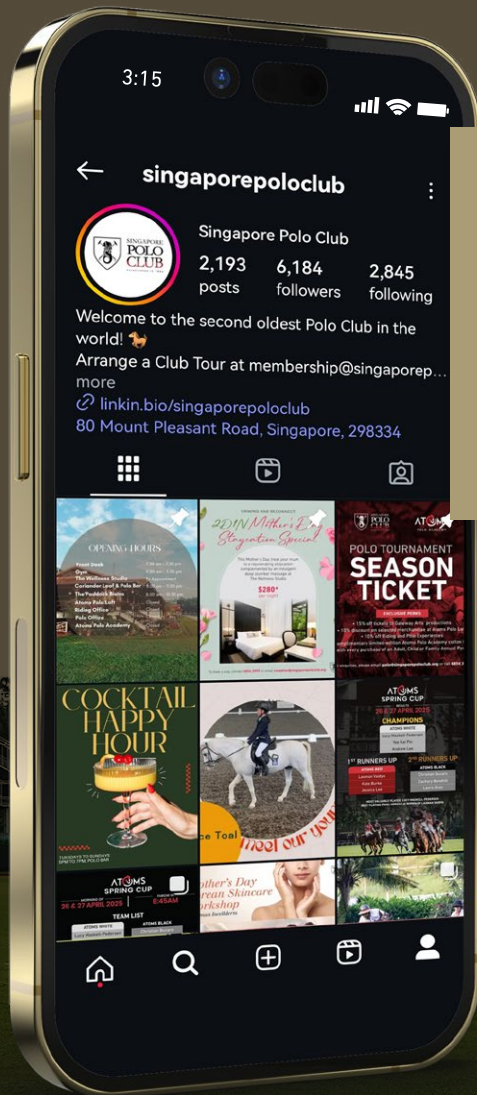
Gorthy Naren  
 Gwee Tian Qin  
 Chung Hyunggee  
 Luo Yiyi  
 Lin Rong  
 Sun Dan  
 George Michael William Francis Oliver  
 Giotta Adriana  
 Wong Zhi Kang Clement  
 Koh Huishan  
 Shin Jae Eun  
 Kamal Chandrashekhara Lalitha  
 Gwen Kua Zi Yu (Ke Ziyu)  
 Houbouyan Ep Brocas Johanne Marjolaine  
 Susan Ko Sok San  
 Chen Yiwei  
 Chung Jiayi Lyne  
 Kwok Chun Wai

## REGULAR

Nick Arne Wolthuis  
 Lim Pei Zhen Erynne Jane  
 Syed Abdillah Bin Mustafa Aljunied  
 Powell Stuart Baden  
 Ong Yee Ching  
 Oguma Angelina Maria  
 Ebony Frances Law Carmichael  
 Yoo Sungha  
 Teo Zuan Qi Zoie  
 Feng Huiyuan  
 Masefield Zoe Patricia  
 Ko Sok Mui Sharon  
 Edmond Xia  
 Julien, Laurent, Gilles Blocman  
 James Oliver Clayton-Payne  
 Faith Hu Jingyi  
 Yang Jing  
 Moore-Bick Matthew George  
 Mccalman Ge Lu  
 Yong Zhi Yun  
 Baglin Benjamin James  
 Zheng Na  
 Johnathan Lau Jia Hui  
 Ho Huay Yee, Freida  
 Abhishek Dadoo  
 Danguin Nathalie Raymonde  
 Sironneau Helene Aurore  
 Chung Ken Chin  
 Bauer Adam Godfrey



# ENGAGE YOUR AUDIENCE THROUGH **OUR ADVERTISING** MEDIUMS



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Contact **[marketing@singaporepoloclub.org](mailto:marketing@singaporepoloclub.org)**  
to view our media rate card and to book a spot.



# Calendar of Events



## Polo

**14 November**  
Groom's Cup

**17 November to  
1 January 2026**  
Field Closure

## Atoms & Riding

**15 and 16 November**  
BTSC: Jumping

**16 to 18 December**  
Christmas Pony Camp

## Social

**6 December**  
Christmas Light-Up  
Christmas Bazaar  
SPC's Got Talent







# GO GREEN FOR THE FUTURE

Stay updated with recent Club happenings by subscribing to our bi-weekly e-newsletter.

The Club is also advocating a greener environment and would like to encourage members to go paperless by opting out of receiving a hard copy of our Club's quarterly magazine. Contact the Marketing team at [marketing@singaporepoloclub.org](mailto:marketing@singaporepoloclub.org) to indicate your interest.

Digital copies of our past and current magazines are available at [www.singaporepoloclub.org](http://www.singaporepoloclub.org)



# A Royal Visit to the Singapore Polo Club

The Singapore Polo Club was deeply honoured to host His Royal Highness Major General Tunku Ismail Ibni Sultan Ibrahim (TMJ), The Regent of Johor, along with his wife, Che' Puan Mahkota Khaleeda Bustamam and their children for a private visit to the Club on Monday, 4 August 2025.

Upon their arrival, the royal family was warmly welcomed by Mr. Sylvan Braberry, General Manager of the Singapore Polo Club. His Royal Highness was accompanied by Sonny Bill Williams, the official Sports Ambassador for Johor and internationally acclaimed professional boxer.

During the visit, Mr. Braberry shared insights into the Club's ongoing community engagement efforts and Outreach initiatives. His Royal Highness commended the Club's commitment to promoting social responsibility and inclusivity through the sport of polo.

The royal family spent a delightful afternoon enjoying the Club's facilities, including a friendly game of tennis and a leisurely pony ride at the covered arena. The occasion offered both sport and relaxation, reflecting the Club's welcoming spirit and dedication to fostering camaraderie through recreation.

TMJ has served with the Indian Army, during which he underwent rigorous military training and had the privilege of leading the Republic National Day Parade. He has also served in 61<sup>st</sup> Cavalry alongside Colonel Ravi Rathore, the lead polo professional of the Atoms Polo Academy and Ex- Commandant of the 61<sup>st</sup> Cavalry, the world's only mounted cavalry regiment. TMJ and Colonel Ravi have competed together in numerous national and international polo tournaments, winning several accolades together. They continue to share an excellent and enduring bond and association.

This memorable visit also underscored the enduring ties between the Johor Royal Family and the Singapore Polo Club – a relationship that spans generations. The connection traces back to His Royal Highness's great-grandfather, Sultan Abu Bakar of Johor, who served as the first Vice President of the Singapore Polo Club.

The Singapore Polo Club is deeply privileged to have welcomed His Royal Highness' and his family and looks forward to the pleasure of hosting them again in the near future.





# RECIPROCAL LISTING

COUNTRY	CITY	CLUB	CONTACT (WEBSITE)
<b>AFRICA</b>	South Africa	Inanda Polo Club	<a href="http://www.inandaclub.co.za">www.inandaclub.co.za</a>
<b>ARGENTINA</b>	Pilar	Pilara	<a href="http://www.pilara.com.ar">www.pilara.com.ar</a>
<b>AUSTRALIA</b>	Canberra New South Wales Perth	Canberra Club Sydney Polo Club The Western Australian Club	<a href="http://www.canberraclub.com.au">www.canberraclub.com.au</a> <a href="http://www.sydneypolo.com">www.sydneypolo.com</a> <a href="http://www.waclub.com.au">www.waclub.com.au</a>
<b>CANADA</b>	Calgary Vancouver Toronto	The Ranchmen's Club Terminal City Club The Boulevard Club	<a href="http://www.ranchmensclub.com">www.ranchmensclub.com</a> <a href="http://www.tcclub.com">www.tcclub.com</a> <a href="http://www.boulevardclub.com">www.boulevardclub.com</a>
<b>CHINA</b>	Beijing Beijing Shanghai Tianjin	Beijing Riviera Country Club The Tang Polo Club Nine Dragons Hill Polo Club Tianjin Goldin Metropolitan Polo Club	<a href="http://www.bjriviera.com">www.bjriviera.com</a> <a href="http://www.tangpolo.com">www.tangpolo.com</a> <a href="http://www.ndhpolo.com">www.ndhpolo.com</a> <a href="http://www.goldinmetropolitanhotel.com">www.goldinmetropolitanhotel.com</a>
<b>FRANCE</b>	France	Polo Club du Domaine de Chantilly	<a href="http://www.poloclubchantilly.com">www.poloclubchantilly.com</a>
<b>HONG KONG</b>	Kowloon Lung Ha Wan Road	Kowloon Cricket Club Clearwater Bay Equestrian & Education Centre	<a href="http://www.kcc.org.hk">www.kcc.org.hk</a> <a href="http://www.ceec.hk">www.ceec.hk</a>
<b>INDIA</b>	Jaipur Kolkata Mumbai Mumbai	Jaipur Riding & Polo Club Calcutta Polo Club Golden Swan Country Club Mumbai Cricket Association Recreation Centre	<a href="http://www.jaipurpolo.com">www.jaipurpolo.com</a> <a href="http://www.calcuttapolo.com">www.calcuttapolo.com</a> <a href="http://www.goldenswan.com/countryclub">www.goldenswan.com/countryclub</a> <a href="http://www.mcarecreationcentre.com">www.mcarecreationcentre.com</a>
<b>INDONESIA</b>	Jakarta	Mercantile Athletic Club	<a href="http://www.macjakarta.com">www.macjakarta.com</a>
<b>ITALY</b>	Rome	Roma Polo Club	<a href="http://www.romapoloclub.it">www.romapoloclub.it</a>
<b>JAPAN</b>	Yokohama	Yokohama Country & Athletic Club	<a href="http://ycac.or.jp/wp">ycac.or.jp/wp</a>
<b>KOREA</b>	Seoul	Seoul Club	<a href="http://www.seoulclub.org">www.seoulclub.org</a>
<b>LUXEMBOURG</b>	Luxembourg	Cercle Munster	<a href="http://www.munster.lu">www.munster.lu</a>
<b>MALAYSIA</b>	Ipoh Kuala Lumpur Kuala Lumpur Kuala Lumpur	Iskandar Polo Club Sunway Lagoon Club Royal Lake Club Bukit Kiara Equestrian & Country Resort	Nil <a href="http://www.sunway.com.my/club">www.sunway.com.my/club</a> <a href="http://www.royallakeclub.org.my">www.royallakeclub.org.my</a> <a href="http://www.berjayaclubs.com">www.berjayaclubs.com</a>
<b>PHILIPPINES</b>	Cebu Makati	Cebu Polo Club Manila Polo Club	<a href="http://www.cebupoloclub.com">www.cebupoloclub.com</a> <a href="http://www.manilapolo.com.ph">www.manilapolo.com.ph</a>
<b>SRI LANKA</b>	Colombo	Colombo Swimming Club	<a href="http://www.colomboswimmingclub.org">www.colomboswimmingclub.org</a>
<b>THAILAND</b>	Pattaya	Thai Polo Equestrian Club	<a href="http://www.thai-polo-club.com">www.thai-polo-club.com</a>
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# Singapore Kids Fashion Week Equestrian Concept Fashion Show 2025

Style, Spirit, and Young Talent shine at the Singapore Polo Club



*Mr. Sylvan Braberry, General Manager of SPC presented the prizes and certificates to the models accompanied by Ms Connie Kang, Founder of T-One Catwalk art Studio*

The Singapore Polo Club came alive with excitement on Saturday, 8 November 2025, as its Covered Arena was transformed into a spectacular runway for the Singapore Kids Fashion Week – Equestrian Concept Fashion Show 2025, presented by T-One Catwalk Art Studio. An unplanned surprise happened when T-One Catwalk founder, Ms. Connie Kang got our General Manager, Mr Sylvan Braberry onto the runway.

Under the arena's canopy, guests were treated to a dazzling display of style, confidence, and creativity, as young models showcased equestrian-inspired ensembles. The event beautifully merged the charm of children's fashion with the timeless elegance of the equestrian world, captivating members and guests alike.

Families, designers, and supporters gathered to celebrate the children's poise and individuality, reflecting the show's spirit of confidence, creativity, and collaboration. More than a showcase of youthful fashion, the event embodied values that resonate deeply within the equestrian community – discipline, grace, and teamwork.

Adding to the evening's highlights, Mr. Braberry, who also heads the Atoms and SPC Riding Academy, presented prizes and certificates to the winners and joined them for commemorative photos.



*Laurent Ruelle, SPC Riding Academy instructor walked the runway with some of the models*



*Ms. Connie Kang with her models*





*Mr. Sylvan Braberry walked the runway with some of the outstanding models from T-One Catwalk Art Studio*

The Singapore Kids Fashion Week – Equestrian Concept Fashion Show 2025 marks the beginning of many promising collaborations with T-One Catwalk Art. The Singapore Polo Club looks forward to supporting future initiatives that continue to blend art, fashion, and sport in meaningful and inspiring ways.

As the final applause echoed through the arena, it was clear that this was more than just a fashion show — it was a celebration of young talent, creativity, and community spirit, and a vibrant addition to the Club's calendar of events.



*SPC Member, Heidi Chang*



*A beautiful showcase of equestrian-themed apparels*



*Mr. Sylvan Braberry with the SPC team, organising committee, models, and volunteers*



# *In Memoriam*

## **Dao Madukar Reddy (1978 – 2025)**



It is with profound sadness that the Singapore Polo Club remembers Dao Madukar Reddy, affectionately known as Madu, who passed away on 10 August 2025 at the age of 47.

Madu joined the Club on 4 April 2006 as a groom, and over nearly two decades, he became much more than a colleague – he was a friend, a mentor, and the heartbeat of the stables. Through dedication, skill, and quiet perseverance, he rose to the role of Assistant Stables Manager, earning the respect and admiration of everyone he worked with.

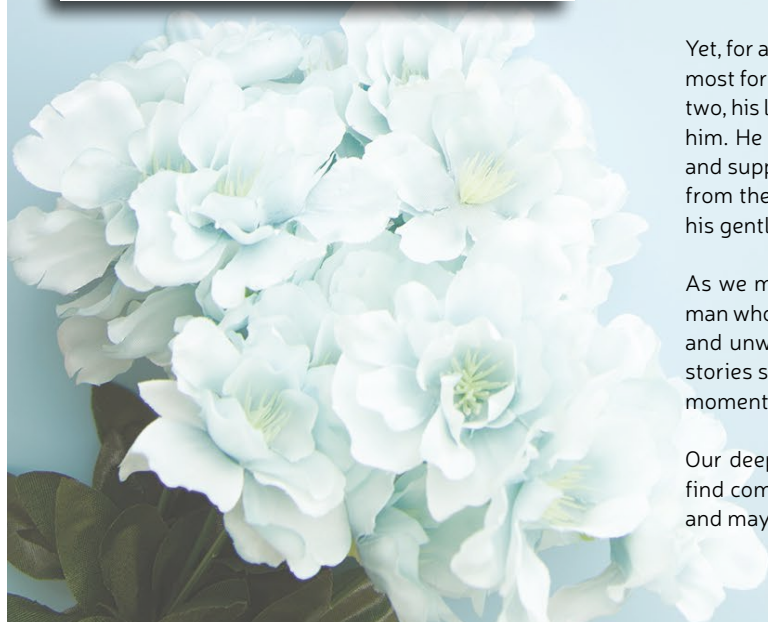
Those who knew Madu remember him for his warm smile, calm presence, and unwavering willingness to help. Whether it was tending to horses at dawn, guiding new team members, or offering a kind word when someone needed it most, Madu's care and attention were felt by all. His diligence, humility, and steady professionalism left an indelible mark on the Club, and his absence is deeply felt.

Madu's contributions extended far beyond the daily routines of the stables. He supported the Singapore National Polo Team at the SEA Games in 2007 and 2017 and played a key role in many Club events, including the inaugural Beach Polo at Tanjung Beach, Sentosa, in 2016. Over the years, he also participated in numerous Grooms Cup competitions and pursued SPC Certification in Stable Management Levels 1 & 2, along with computer skills in Excel and Word, reflecting his dedication to learning and personal growth.

Yet, for all his accomplishments, Madu will be remembered most for his heart. A devoted husband and proud father of two, his love for his family was evident to everyone around him. He treated colleagues like family, offering kindness and support without hesitation. Every corner of the Club, from the stables to the field, bears traces of his laughter, his gentle guidance, and the joy he brought to daily life.

As we mourn his passing, we also celebrate the life of a man who touched so many through his service, friendship, and unwavering devotion. Madu's legacy lives on in the stories shared, the horses he cared for, and the countless moments of quiet kindness that defined his life.

Our deepest condolences go out to his family. May they find comfort in the love and memories he leaves behind, and may Madu rest in peace.



# *In Memoriam*

## **Linda MacLean**

### **(1933–2025)**

It is with deep sadness that we mark the passing of our dear friend, long-time member, and Honorary Member of the Singapore Polo Club, Linda MacLean, who passed away peacefully in New Zealand on 3 August 2025, aged 91.

My days with Linda go back a long way. Our family first became involved with the Club in 1977, after spotting horses being ridden past our house on Kheam Hock Road, disappearing through the cemetery and back towards the Polo Club. Naturally, we rushed off to join! Around the same time, Linda and her family also joined the Club.

After watching her daughter ride, Linda decided to take up riding herself. She soon became an active member and began teaching in the Riding Section – and that marked the beginning of the Miller-MacLean friendship. Linda later went on to earn her BHSI certification in the UK.

She was energetic, competitive, and full of fun. Whether jumping, coaching, or donning costumes for fancy-dress events, Linda gave her all, always with humour and heart. When her son left Singapore, she took up polo just to keep her horse stabled, and so began our next shared adventure, learning to play the sport together.

Linda soon led the Riding Section and turned weekends into joyful celebrations with her legendary gymkhanas, filled with both serious competitions and wonderfully silly games. Her tireless efforts ensured no one left empty-handed, and the laughter from those days still echoes in the memories of all who were there.



Of course, there were unforgettable comic moments too, like Linda nearly always had to ride round twice during pairs jumping when my pony refused, or dressage routines best left to those who witnessed them! Through it all, Linda's humour and spirit kept us smiling.

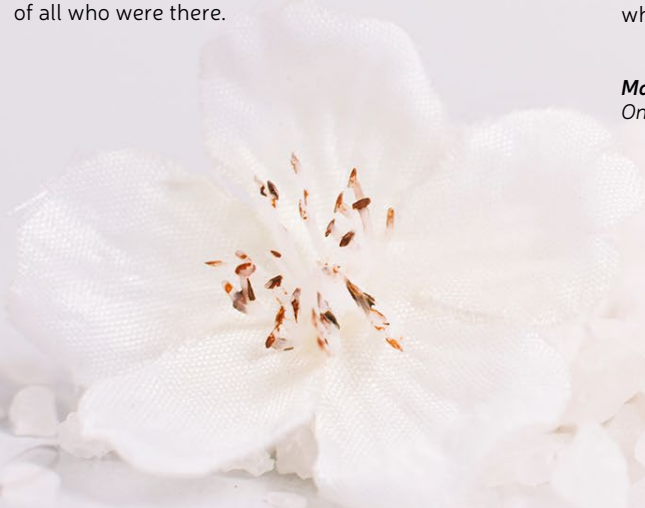
As the Club's focus shifted toward polo, the gymkhanas faded, but Linda's enthusiasm never waned. She remained involved, always supportive, whether in the saddle or cheering from the sidelines. Even after retiring to New Zealand more than 20 years ago, she kept in touch and visited regularly, always hoping for one more reunion. Sadly, her planned visit this August was not to be.

Linda's warmth, generosity, and devotion to her family, friends, and the horses she loved leave a lasting legacy. She brought people together with laughter, energy, and deep kindness.

There will never be another quite like Linda MacLean. She will be remembered with love and admiration by all whose lives she touched.

**Maureen Miller**

*On behalf of her many friends at the Singapore Polo Club*





# Deepavali Lunch Celebration



In the true spirit of Deepavali, our General Manager, Mr. Sylvan Braberry, hosted a Deepavali lunch celebration on 16 October 2025 at the Mount Pleasant Room to celebrate the Festival of Lights with warmth, gratitude, and togetherness. The event brought together contractors from AYM and Housekeeping as well as the team from Facilities to mark a meaningful occasion of appreciation and unity.

The celebration served as a token of appreciation for the team's continuous hard work, dedication, and partnership throughout the year. During the gathering, Mr. Braberry extended festive greetings and emphasized the importance of teamwork and collaboration in the Club's ongoing success.

The highlight of the afternoon was the Lighting of the Lamp ceremony — a traditional gesture symbolizing the triumph of light over darkness and the spirit of renewal and positivity that Deepavali represents.

A sumptuous meal featuring Nasi Briyani, chilli prawns, vegetables, and dessert was lovingly prepared by our Grounds Manager, Manyam and our Facilities Supervisor, Vasu as a heartfelt gesture of appreciation for the entire team.

Adding to the festive cheer, goodie bags filled with Deepavali snacks were distributed to all attendees to celebrate the occasion. Smiles and laughter filled the venue as everyone enjoyed the delicious lunch and exchanged warm wishes for the festival.

The event truly embodied the essence of Deepavali — spreading light, joy, and gratitude among all the unsung heroes who contribute to the Club's success.

The Club would like to thank the team for their invaluable support and wishes all Hindus a Happy Deepavali!



*All smiles with their goodie bags*



*Lamp lighting ceremony*



*Mr Braberry with Thani, our security officer*



*Mr Braberry with Nathan, an AYM staff*

MAKE A DIFFERENCE IN

# SOMEONE'S LIFE



Singapore Polo Club is looking for volunteers for our Outreach programmes. Interested participants can write in to the Outreach team at [outreach@singaporepoloclub.org](mailto:outreach@singaporepoloclub.org)

Open only to members of Singapore Polo Club.



SINGAPORE  
**POLO  
CLUB**  
Established in 1886



# Bringing Joy & Connection: Welcoming YAA! to SPC



On 18 July 2025, curiosity came alive as YAA! (Young Adult Activities!) – a social activity club under Rainbow Centre Singapore for youths with disabilities aged 16 and above – embarked on a heart-warming Outreach visit that left a lasting impression on their youth.

The Horse Interaction and Stable Experience was part of their ongoing commitment to experiential learning. This visit brought together youths and their caregivers, educators and volunteers from YAA! for an afternoon filled with fun, connection, and meaningful exchange.

YAA! seeks to bring its members and their caregivers together through a variety of ability-appropriate activities that cater to their interests. These include regular sessions of core and leisure activities such as group outings, celebrations, fitness, therapy skills and more, which also provide cohesive bonding among all.

The afternoon started with attendees gathering at the stables for a photo moment, followed by touring the premises and fed hay and carrots to our gentle ponies and horses.

They also watched a horse shower demonstration, learnt basic equine grooming techniques and also tried their hands at learning to groom and shower our horses. During the process, many of them learnt compassion, empathy, and responsibility towards animals.

As the visit wrapped up, the youths left with happy hearts – and a few with new four-legged friends in mind. This visit reinforced YAA!'s commitment to providing youth with enriching leisure experiences and keeping them actively engaged with the community.

We welcome organisations to contact us at [outreach@singaporepoloclub.org](mailto:outreach@singaporepoloclub.org) to organise similar outreach sessions.





Students and their caregivers during the stable visit



Krysten, our Assistant Stable Admin Manager shows the various horse feeds to guests (left); Sensory learning in action as a student inquisitively stops to smell the hay



Interacting with our lovable horses



Viewing our feed room



Watching a horse shower session



A photo moment with our riding academy horse, Lady



# Moments That Matter

Over two afternoons of 21 and 22 August, a special partnership between the Club and Assisi Hospice unfolded bringing together the calming rhythm of hooves, the fresh scent of hay, and the quiet power of connection.

We opened our doors to patients, caregivers, and staff from Assisi Hospice for a stable tour and horse interaction experience designed to soothe, uplift, and inspire. The initiative, which spanned two consecutive afternoons, offered a rare experience: a close encounter with horses for individuals navigating life-limiting illnesses, as well as those who support them.

From the moment the first group stepped into the stable premises, the atmosphere was filled with quiet excitement. Some visitors had grown up with horses; others had never seen one up close. But the sense of calm and curiosity was universal.

SPC staff guided the guests and volunteers through the stables, introducing them to our club horses. Participants were encouraged to pet, groom, and even feed the horses under supervision, a simple act that sparked smiles.

The programme was designed not only as a form of emotional respite but also as an avenue for sensory stimulation and mindfulness.

For patients in palliative care, the tactile connection with the animals offered a grounding experience, while caregivers found a few hours of calm outside their routine of giving.

In between stable walks, guests enjoyed the breeze while conversations flowed easily. For many, it was a day that brought moments of joy in the midst of serious journeys.

As the final tour ended and hands waved goodbye to the horses, there was a quiet understanding that something meaningful had taken place - something unspoken, but deeply felt.

Two afternoons. A few hours with horses. And yet, the impact was lasting.

Email us at [outreach@singaporepoloclub.org](mailto:outreach@singaporepoloclub.org) to be part of our stable tours and horse interaction experiences here at the Club.



Photo Credit: Assisi Hospice





Krysten, our assistant stable admin manager showing a cup of chaffs to a resident



Eagerly watching a demonstration on showering a horse



All smiles while headed to the stables to commence their horse interaction experience

### The horse feeding experience that was well loved by all





# Supporting Communities, Empowering Individuals

**W**alk into our Clubhouse, just after our Reception and you will now see something new. It's our freshly installed Beneficiaries & Partners Board, a visual hub designed to showcase the heart of our work, the people we serve and the partners who help us reach them.

As a club rooted in community and driven by partnerships, we believe that the board is a mirror which reflects who we are, where we're going, and how much we value every voice in this journey. From youth empowerment, special needs, elder care to mental health, these incredible organisations

are at the heart of our mission, and we're honoured to be supporting their work through the years.

A huge thank you to everyone who has been journeying with us. We look forward to even greater moments together as we make a difference — one cause, one community, one moment at a time.

Email [outreach@singaporepoloclub.org](mailto:outreach@singaporepoloclub.org) to find out about our collaborations and upcoming projects that you can be a part of.



## SUPPORTING COMMUNITIES, EMPOWERING INDIVIDUALS BENEFICIARIES / PARTNERS

### 2016

- First Toa Payoh Primary School

### 2017

- Equal-Ark Singapore
- Sentebale
- SOSD Singapore
- St Theresa's Nursing Home

### 2018

- First Toa Payoh Primary School
- Good Shepherd Centre
- Lions Home For The Elders
- Marymount Centre
- Metta Day Rehabilitation Centre
- Metta Medical Care
- SOSD Singapore
- The Singapore Red Cross

### 2019

- Melrose Home
- Nulife Care & Counselling
- St Joseph's Home
- The Singapore Red Cross
- TOUCH Centre for Independent Living (Bukit Merah)

### 2020

- Beyond Social Services
- It's Raining Raincoats
- Migrant Worker's Centre
- The Singapore Red Cross

### 2021

- Equal-Ark Singapore
- Make-A-Wish Singapore
- The Singapore Red Cross

### 2022

- Gateway Arts
- JOURNEY
- Migrant Worker's Centre
- The Singapore Red Cross
- TOUCH Active Ageing (Yishun)

- TOUCH Community Services
- TOUCH Ubi Hostel
- TOUCH Young Arrows

### 2023

- EQUAL
- HCSA Community Services
- JOURNEY
- Riding for the Disabled Singapore
- Sentebale
- The Singapore Red Cross
- TOUCH Community Services
- TOUCH Centre for Independent Living (Bukit Merah)

### 2024

- Children's Aid Society
- Faith Music Centre
- Gateway Arts
- ITE College East
- JOURNEY
- Muscular Dystrophy Association Singapore
- Sunshine Welfare Action Mission (SWAMI Home)
- The Singapore Red Cross

### 2025

- Adventist Nursing & Rehabilitation Centre
- Assisi Hospice
- Dementia Singapore
- Gateway Arts
- JOURNEY
- Lions Home For The Elders
- Mercy Relief
- Nanyang Technological University Singapore
- PERTAPIS Education and Welfare Centre
- Rainbow Centre Singapore
- Singapore Anti-Narcotics Association
- The Singapore Red Cross
- The Straits Times School Pocket Money Fund
- TOUCH Community Services
- Touch of the Hearts
- Singapore Association of the Visually Handicapped (SAVH)

- Ang Mo Kio Primary School

- Keeping Hope Alive
- Faith Music Centre
- Agape Events
- St Hilda's Community Services
- Metta Home for the Disabled



# Sharing the Spirit of Hope and Friendship

In the true spirit of giving and connection, the Club was honoured to host a group of beneficiaries from the Singapore Association of the Visually Handicapped (SAVH) and Keeping Hope Alive on 14 September this year. The visit reflected the Club's ongoing commitment to outreach and inclusivity — bringing joy, meaningful experiences, and a sense of community to all.

Supported by our SPC Team, the afternoon was filled with warmth, laughter, and memorable moments. Guests were welcomed to the stables and treated to a specially curated lunch, where lively conversation and shared stories filled the air, creating a truly heartwarming atmosphere.

As a token of appreciation, each beneficiary received a framed horseshoe — a timeless symbol of luck, protection, and positive energy. The gesture was especially poignant as we look forward

to the Year of the Horse, a year that embodies strength, vitality, and the spirit of freedom.

The visit continued with a hands-on, sensory experience, where guests had the opportunity to interact with our horses — feeling their gentle presence and learning more about their care and nature. The afternoon concluded with a train ride around the Club grounds, allowing guests to enjoy the fresh breeze, soothing sounds, and tranquil atmosphere of the stables — an experience many described as both relaxing and uplifting.

Through this heartfelt initiative, the Club reaffirms its commitment to fostering compassion, inclusion, and shared joy. The smiles on our guests' faces were a powerful reminder that even the smallest gestures can leave lasting impressions — and that kindness, much like a galloping horse, moves freely and joyfully when shared.







## SPC Outreach Polo Tournament & Carnival 2025

### Polo for a Purpose

The third edition of the SPC Outreach Polo Tournament & Carnival 2025 was a resounding success, drawing an enthusiastic crowd of over 4,000 attendees — all united by one shared purpose: to raise funds for the underprivileged and give back to the community in meaningful ways.

A heartfelt thank you to everyone who contributed through coupon purchases, donations, sponsorships, and countless acts of generosity. Thanks to your tremendous support, we are proud to donate \$8,888 to each of our four chosen beneficiaries this year: Dementia Singapore, Gateway Arts, PERTAPIS Education & Welfare Centre, and The Straits Times School Pocket Money Fund.

The day's highlights were two exhilarating polo matches. In the Atoms Outreach Cup, top talents from our Atoms Polo Academy competed fiercely for the championship trophy in a thrilling display of skill and determination. Meanwhile, the SPC Outreach Cup featured our Club's handicapped players in a spirited and competitive chukka — a powerful testament to sportsmanship, passion, and heart.

Kicking off in the morning, the carnival brought vibrant energy to the Club grounds. Colourful stalls offered delicious treats, fun games, and locally made crafts. Children delighted in horse rides, pony feeding, train rides, and carnival games, while adults enjoyed carnival-themed bites and refreshing beverages from the F&B stalls. The atmosphere was one of laughter, colour, and camaraderie that is the perfect prelude to the matches ahead.

Before the first match, spectators were treated to a stunning horse march-in, complete with a striking red Jeep courtesy of Mr Ash Khan. Guests cheered as polo players high-fived the crowd, creating moments of connection and joy. It is a vivid reminder of what the event was all about: community and togetherness.

The afternoon's highlight came with the arrival of the Guest of Honour, Senior Minister Lee Hsien Loong, who was warmly welcomed by members and guests. SM Lee officially opened

the Outreach Cup 2025 with a ceremonial ball throw-in, marking the start of an unforgettable match.

In a delightful moment, SM Lee also joined in the traditional Divot Stomping, where spectators replace turf kicked up by the horses' hooves, and taking photos and chatting with participants along the way. This timeless polo ritual brought everyone onto the field, adding a fun and interactive touch to the afternoon.

In his closing remarks, SM Lee commended the Club's ongoing commitment to social responsibility. He highlighted how the Outreach Polo Tournament exemplifies the values of compassion, inclusivity, and community, and how even a niche sport like polo can unite people and serve as a powerful force for good. His words resonated deeply with everyone present, inspiring continued support for meaningful causes through sport and social engagement.

As the sun set, the festivities continued with an After-Party featuring DJ Elkin and a Lucky Draw. It was a joyous celebration of giving, unity, and shared purpose, truly a fitting conclusion to an extraordinary day.

The success of our Outreach event reaffirmed polo's unique ability to bring people together — not only as a sport, but as a platform for outreach and positive impact.

The Singapore Polo Club extends its deepest gratitude to our main sponsor — Aon, and our supporting partners — Carlton Hotel Singapore and Shaw Centre, for their generosity and belief in our mission.

We look forward to seeing everyone again at the 4<sup>th</sup> SPC Outreach Polo Tournament & Carnival in 2026!





## CARNIVAL HIGHLIGHTS



## Interactive Game Booths



## Lifestyle Bazaar



Front row; from left: SPC General Manager, Mr Sylvan Braberry, Guest-of-Honour, SM Lee, SPC President, Mr Lawrence Khong 2<sup>nd</sup> row: Mrs Nina Khong Back row; from left: SPC Honorary Secretary, Mrs Stephanie Masefield and SPC Polo Captain, Mr Satinder Garcha

From left: Mr Satinder Garcha, Mrs Nina Khong, SM Lee, Mr Lawrence Khong and Mr Sylvan Braberry





Dementia Singapore



Gateway Arts

### Our four beneficiaries for this year's Outreach



PERTAPIS Education & Welfare Centre



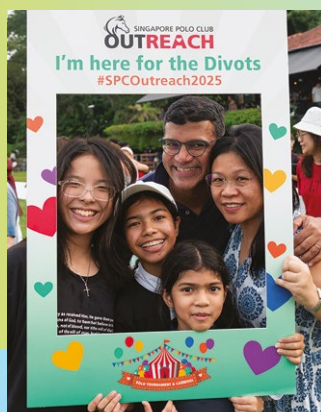
The Straits Times School Pocket Money Fund



Team Atoms at the prize presentation ceremony



His Excellency Jin-Wook Hong, Ambassador of the Republic of Korea, Mr Lawrence Khong, President of SPC and Mr Sylvan Braberry, General Manager of SPC at the horse march-in along with Mr Ash Khan's red Jeep



Cute moments from our Divot Stomp



Atoms graduate Corey Koh performed three songs before the crowd





Hitting the polo ball with a mallet on wooden horse



Fun-filled train rides



Pony Rides and Feeding



Tent-pegging showcase by Colonel Ravi Rathore



Thrilling moments from the Atoms Outreach Cup



Action from the SPC Outreach Cup



### Our Lucky Draw Winners



SPC Committee Member, Ms Peggy Yeo presenting prizes to the winners of the Grand Lucky Draw



Having fun at the After-Party





# EQUINE ASSISTED PSYCHOTHERAPY

by Cathy Livingston

Cathy Livingston, a certified Mental Health Counsellor and Psychotherapist, offers a unique approach to therapy through Equine Assisted Psychotherapy at the Singapore Polo Club. As a certified Equine and Mental Health Professional in Trauma Informed Equine Assisted Psychotherapy, Cathy is involved in the Club's Outreach initiatives and works with clients aged 12 and above who are experiencing anxiety, depression, adjustment issues and the adverse effects of trauma.

To learn more about Cathy's expertise and services, please visit [www.livingstoncounselling.com](http://www.livingstoncounselling.com)



Scan to read a  
feature on Equine  
Assisted Therapy







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# Saddle Up for Summer

Our Summer Pony Camp held from 24 to 26 June 2025 was yet another resounding success, bringing together young riders, lovable and patient ponies, and a whole lot of heart.

The three-day camp welcomed children aged 6 to 12 for a hands-on equestrian experience that blended riding sessions, horse care, games, and friendship. Enthusiastic campers began each day with excited chatter as they gathered at the stables to groom the ponies through clipping, brushing, showering and tacking up activities.

As the day progressed, they interacted with the ponies through feeding sessions and exciting gymkhana style games which offered a variety of fun and engaging activities that combined horsemanship skills with playful moments for both campers and the horses.

Email [atoms@singaporepoloclub.org](mailto:atoms@singaporepoloclub.org) or [riding@singaporepoloclub.org](mailto:riding@singaporepoloclub.org) to be on the waitlist for upcoming pony camps and activities.



Happy campers, parents and riding instructors at the end of the camp



Gymkhana style activities





Say cheese!



A visit to the feed room with our riding instructor, Laurent explaining the daily feeding plan of a horse



A favourite activity at the camp – painting our horses



Laurent demonstrating the appropriate way to tack a horse



Learning to clip a horse's coat with assistance from Waran, our assistant stable supervisor



Learning to shower a horse



# Broadening Horizons

In a bold and visionary step towards redefining holistic education, SISH Institute are working on a partnership with Singapore Polo Club and Atoms Polo Academy to introduce the Sport of Kings into its curriculum and co-curricular development. This exciting collaboration could position SISH as one of the first academic institutions in the region to integrate equestrian sport into its broader educational framework and not just any equestrian sport, but polo, the world's oldest and most prestigious team game.

It's notable to mention that SISH is part of the well known KinderWorld International Group and offers accredited

courses in hospitality and aviation for over 16 years, spanning across Certificate, Diploma, Advanced Diploma, Graduate Diploma, Bachelor's and MBA programmes.

To kickstart the collaboration, Singapore Polo Club is launching a School and Corporate Group Polo Programme, which will be integrated into KinderWorld's school curriculum.

This initiative is part of Mr Braberry's broader strategy to promote polo as a more inclusive and accessible sport within the country and community.



*SPC General Manager, Mr Sylvan Braberry (in the middle) and KinderWorld International Group's CEO & Chairman, Mr Tan Teck Yong (Ricky Tan) (holding the Atoms jersey) with staff of SPC and SISH Institute*





SINGAPORE  
**POLO CLUB**  
Established in 1886

**ATOMS**  
POLO ACADEMY

OPEN TO PUBLIC

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  - 10% off on Polo Experiences sessions
- A complimentary limited-edition Atoms Polo Academy cotton t-shirt with every Annual Pass purchase (one t-shirt per person)
  - Special offer on Regular Membership
- Access to all tournaments, except ticketed events



### SINGLE ENTRY PASS

- \$8 per person, no age limit
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### ADULT PASS (ANNUAL PASS)

- \$88 per person



### CHILD PASS (ANNUAL PASS)

- \$38 per person
- 12 years old & below



### FAMILY PASS (ANNUAL PASS)

- \$188 per family
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All prices are subject to 9% GST

For enquiries, please email [events@singaporepoloclub.org](mailto:events@singaporepoloclub.org) or call **6854 3999**



# Atoms Polo League Season 6

Season 6 of the Atoms Polo League galloped in with high expectations and did not disappoint. From the opening whistle to the final chukka, this season brought bold rivalries, breakout talent, and a celebration of everything that makes polo not just a sport, but a way of life.

With its unique combination of players from the junior and senior divisions, the Atoms Polo League continues to stand apart, not just as a competitive equestrian league, but as a dynamic tournament which pushed the boundaries of every player even further.

Plans for Season 7 are already underway. Look out for announcements coming your way.

Congratulations to the winners and to all participants, well done!

Senior Division Champions: Blue Daredevils	Junior Division Champions: Grey Hounds
Raymond Ker	Niamh Gordon
Josh Miller	Declan Tay
Laxman Vaidya	Tyler Yi
Peter Phan (Reserve)	

Most Valuable Players	Most Promising Players
Laxman Vaidya of Blue Daredevils	Matt Wilson of Red Dragons
Tyler Yi of Grey Hounds	Eilidh Drummond of Pink Tornadoes
Best Playing Ponies	
Tobiana, Club horse, ridden by Tyler Yi of Grey Hounds	
Luz, Club horse, ridden by Laxman Vaidya of Blue Daredevils	

1 <sup>st</sup> Runners Up Red Dragons	1 <sup>st</sup> Runners Up Pink Tornadoes
Laura Zhao, Matt Wilson and Zac Bonehill	Deborah Tan, Eilidh Drummond and Mira Menon
2 <sup>nd</sup> Runners Up Yellow Jaguars	2 <sup>nd</sup> Runners Up Black Hawks
Kim Torgius, Kate Burke, Diana Watson, Andrew Lee and Ale Garcia	Ou Xin Ying, James Clark, Georgie Lowndes-Cox



Our happy Atoms family post league





Blue Daredevils, Champions of the Senior Division



Grey Hounds, Champions of the Junior Division

### Best Playing Ponies



Mrs Stephanie Masefield, Honorary Secretary of the Club awarded the best playing pony title to club horse, Luz ridden by Laxman Vaidya from Blue Daredevils



Mr Sylvan Braberry, General Manager and Head of Atoms Polo Academy and SPC Riding Academy awarded the best playing pony title to club horse, Tobiana ridden by Tyler Yi of Grey Hounds

### Most Valuable Players



Tyler Yi of Grey Hounds with Mr Sylvan Braberry



Laxman Vaidya of Blue Daredevils with Mrs Stephanie Masefield

### Most Promising Players



Matt Wilson of Red Dragons with Mrs Stephanie Masefield



Eilidh Drummond of Pink Tornadoes with Mr Sylvan Braberry



Mr Sylvan Braberry, General Manager and Head of Atoms Polo Academy and SPC Riding Academy does a throw-in to mark the start of the final

### Match Moments from the League





# Cosmopolitan Polo

## A New Chapter in Polo



A very successful inaugural Cosmopolitan Polo 2025

The clink of champagne glasses, the thunder of hooves, and an electric atmosphere of style and sportsmanship – the first-ever Cosmopolitan Polo made history on 30 August 2025 at the Singapore Polo Club.

The inaugural Cosmopolitan Polo Tournament 2025 was nothing short of spectacular. It was a dazzling fusion where glamour met grit, and sport intertwined seamlessly with sophistication, camaraderie, and the spirit of connection that defines the polo lifestyle.

Created by Mr. Sylvan Braberry, General Manager and Head of Atoms Polo Academy & SPC Riding Academy, this landmark event drew a stylish 600-sellout crowd. Guests embodied the essence of cosmopolitan chic, donning wide-brimmed hats, crisp linen suits, and bold summer hues that framed the Clubhouse like a scene from a modern-day fashion editorial.

The afternoon began in grand fashion with a breathtaking horse march-in alongside an orange Bentley, courtesy of Mr. Eng Fook Hoong. Players and ponies greeted guests with high-fives along the barricades, which was a first for many, and an unforgettable spectacle that set the tone for the day.

As the largest polo event of the year at the Club, the arena-style chukkas brought the audience thrillingly close to the action.

The rhythmic thunder of hooves, the clash of mallets, and the rush of adrenaline painted a vivid picture of the sport's power and grace. For many, it was their first taste of polo and it was love at first sight.

From the opening chukka, it was clear that this was an impressive debut. Each match showcased remarkable agility and precision, with riders and ponies moving in perfect harmony. The crowd responded with enthusiasm – gasps at daring plays, cheers for well-earned goals, and warm applause for moments of true horsemanship.

The day featured three thrilling matches:

- **ATOMS CHALLENGE CUP**

The Jade Jaguars and Golden Eagles fought fiercely for championship glory.

- **BATTLE OF THE SEXES**

A spirited showdown between the Haute Pink ladies and the Black Knights gents.

- **THE GRAND FINALE**

Team Singapore Selection versus The Rest of the World, each vying for ultimate victory.

Congratulations to all our winners and participants for bringing your A-game and passion to every match!



Between matches, the energy never waned. Guests mingled over chilled beverages, elegant canapés, and lively conversation. The Best Dressed Parade transformed the sidelines into a showcase of creativity and style, while a live DJ kept the momentum going as day turned to dusk. As evening fell, polo tradition met cosmopolitan flair in an unforgettable After-Party with guests lighting up the dance floor, light sticks in hand, and dancing under the stars.

A heartfelt thank you to our main sponsor, Royal Salute, and supporting partner, Maison Perrier.

To our ever-stylish members and fabulous guests, you brought the glam! And to everyone who captured the magic in photos and videos, this one's for the memory books.

With that, Cosmopolitan Polo has officially arrived — and it's here to stay. Stay tuned for the reveal of Cosmopolitan Polo 2026, set to be another sold-out sensation!

For enquiries or to join the waitlist,  
email [poloevents@singaporepoloclub.org](mailto:poloevents@singaporepoloclub.org)



Horse march-in with an orange Bentley, show stopper of the event



SPC President, Mr Lawrence Khong does a ball throw-in to mark the start of the final tournament featuring Team Singapore Selection vs The Rest of the World



Polo players giving hi-fives to guests



Atoms Challenge Cup – Jade Jaguars vs Golden Eagles



Team Singapore Selection vs The Rest of the World



Battle of the Sexes – Haute Pink vs Black Knights





Team Atoms and our Polo Professionals German Llorens and Colonel Ravi Rathore with Mr Sylvan Braberry and Mr Lawrence Khong



Black Knights, Champions of the Battle of the Sexes category  
On stage with them: Mr Sylvan Braberry and Ms Anna Mitchell, Private Client Experience Manager, Royal Salute



Crowd cheering the polo players on



The lawn was turned into a classy dining set-up



Indulging in divot stomping, a polo tradition



The lovely view from the verandah during divot stomping



Mr Tom Bonehill, winner of the Best Dressed (Male) competition for the evening



Mrs Sarimah Bonehill (centre with hat) was the winner of the Best Dressed (Female) competition for the evening



Fringe activity for the kids - pony feeding experience





Essence of cosmopolitan chic and guests dressed to the theme



The start of the After-Party





# Chaîne des Rôtisseurs Celebrates 50<sup>th</sup> Anniversary

On 25 September 2025, Chaîne des Rôtisseurs proudly celebrated a landmark occasion - its 50<sup>th</sup> Anniversary. To honour this golden jubilee, members and guests from around the world were invited to a grand celebration, held over four days in our city. This milestone was marked by a series of exceptional culinary events, culminating in a formal Induction Ceremony and Gala Dinner, where new members were welcomed and senior members honoured through promotions.

As a symbolic opening to the 50<sup>th</sup> Anniversary celebrations, an exhibition match between the Singapore Chaîne des Rôtisseurs Team and the Singapore Polo Club Team unfolded at the Club, followed by dinner.

Attended by VIPs and members of Chaîne des Rôtisseurs, the evening was both a tribute and prelude to decades of gastronomy excellence.



**From left to right:** Mr Sylvan Braberry, General Manager, Mr Eng Fook Hoong, Conseil Magistral, Bailli Délégué and Mr Yam Atallah, International President, Chaîne des Rôtisseurs



Players marching in along with a Bentley, proudly driven by Mr Eng Fook Hoong, Conseil Magistral, Bailli Délégué before the match



Members and VIPs from Chaîne des Rôtisseurs





Mr Yam Atallah does a throw-in to mark the start of the exhibition match between the Singapore Chaîne des Rôtisseurs team and the Singapore Polo Club team



Atoms Polo Academy's lead polo professional, Colonel Ravi Rathore takes a swing



Some polo action from the two-chukka match



**Congratulations to the Singapore Chaîne des Rôtisseurs team for emerging as Champions**

**From left:** Mr Sylvan Braberry, General Manager, Mr Eng Fook Hoong, Ms Sandy Deng, Ms Natasha Garcha, Mr Yam Atallah, Mr Iqbal Jumabhoy and Colonel Ravi Rathore, Lead Polo Professional of Atoms Polo Academy



# Learning can happen in the most unusual places.

**Especially when knee deep in a stream.**

Promoting curiosity is at the heart of the Highlands Programme – a transformative learning experience based at Tanglin's new Gippsland campus in the Victorian Alps. Unlike optional trips, this 5-week immersive educational programme is a core part of Tanglin's Year 9 curriculum, but taught experientially in Australia, rather than in a classroom in Singapore.

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# Ladies Polo Tournament

## Beaujolais Cup 2025

The annual Ladies Polo Tournament once again proved that women's polo continues to rise with unstoppable momentum at the Club.

Held over the weekend of 25 and 26 October, this 4-chukka tournament witnessed incredible teamwork and tenacity with players pushing each other to the limits.

Strategic play, lightning-fast gallops, and bold determination sealed the victory for Team Champagne.

Well done ladies!

### SCORES OF MATCHES:

**25 October:**

Team Rose ½ vs Team Champagne 3

**26 October:**

Team Rose 3 ½ vs Team Champagne 3

### Most Valuable Player:

Anna Dowling

### Best Playing Pony:

Kenya owned by SPC and played in the match by Billie Mascart

### Best Turned-Out Pony:

Valencia owned by Emma Gordon and looked after by Muthuya

### TEAM ROSE

Anna Dowling

Emma Gordon

Wu Jiat Hui

Doreen Pattijn

Scarlett Lowndes – Cox

### TEAM CHAMPAGNE

Billie Mascart

Jane Drummond

Ella Santosa

Sarah-Jane Clark

Anna Lowndes



Three cheers to girl power!





**Team Champagne – winners of the Beaujolais Cup**  
**From left:** Mrs Stephanie Masefield, Honorary Secretary of the Club, Anna Lowndes, Billie Mascart, Jane Drummond, Ella Santosa and Sarah-Jane Clark



Team Champagne and Team Rose with Mrs Stephanie Masefield, Honorary Secretary of the Club



Billie Mascart (in white) and Anna Dowling (in pink) vying for the ball



Scarlett Lowndes – Cox (in red) attempts to take the lead for a goal with Jane Drummond (in white) trailing her close



Snippets of action from the tournament





# ELEVATE YOUR BRAND WITH US

Discover the power of partnership and embark on a transformative sponsorship journey with the Singapore Polo Club. Amplify your brand's reach and impact by partnering with us. Let us craft a compelling narrative for your brand together – your success story starts here.

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- Ideal product launch platform
- Brand association with other high-profile companies

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POLO ACADEMY



# Atoms Ladies Tournament

## A showcase of precision amidst elegance

This year's annual Atoms Ladies Cup on 18 October 2025 delivered moments to remember. It was a celebration of not only exceptional horsemanship but also of the strength, confidence and camaraderie of women in the sport. The three-chukka match featuring our Atoms Senior Division was filled with breathtaking polo swings, goals and heartfelt celebrations.

Congratulations to Team Atoms Red for carrying the challenge trophy with such grace, and Team Atoms White for giving them a tough fight. To the winners in the Most Valuable Player, Most Promising Player and Best Playing Pony categories, well done!

### TEAM LIST:

#### ATOMS RED (CHAMPIONS)

Lucy Maskell-Pedersen

Laura Zhao

Maxine Barnett

Sharmini Winslow

PRO – Sani Kha

#### ATOMS WHITE

Kate Burke

Katharina Beckmann

Carolyn Sullivan

Amanda Williams

PRO – German Llorens



The 2025 Atoms Ladies Cup wrapped up in style



Some action from the match





The camaraderie between our Atoms players, a handshake amongst them upon the final whistle



Smiling faces watching the match intently from the verandah



Champions Atoms Red (left) and champagne spraying to celebrate (right)



Runners Up Atoms White seen with our General Manager and Head of Atoms Polo Academy and SPC Riding Academy, Mr Sylvan Braberry (in black) and Mr Joseph Cina, General Manager of JW Marriott Quito.



Lucy Maskell-Pedersen receives the Most Valuable Player Award from Mr Sylvan Braberry and Mr Joseph Cina



Maxine Barnett (Atoms White) and Kate Burke (Atoms Red) were awarded the Most Promising Player Award



Best playing pony was awarded to Moraleja ridden by Katharina Beckmann



# The Grooms Cup

## Where tradition meets tenacity on the polo field



The Grooms Cup 2025 which was a beautiful closure to this year's polo season

The rhythmic thunder of hooves and the sharp crack of mallets signalled the return of one of the most anticipated matches in this year's polo calendar - The Grooms Cup! Held on 14 November 2025, the tournament featured unsung heroes who make polo possible: the grooms along with our rider boys and SPC polo players.

This year's tournament was dedicated to our beloved colleague and friend, the late Dao Madukar Reddy (Madu), in recognition of his unwavering passion, dedication, and contributions to the Singapore Polo Club.

Unlike many tournaments defined by high goal players, the Grooms Cup brings together our grooms and rider boys from all backgrounds, united by a shared love for the sport and a deep respect for the horses. The energy was palpable with a blend of camaraderie, competition, and celebration of polo's heritage.

On a Friday evening, spectators were treated to a showcase of raw talent and horsemanship. Teams battled fiercely in a series of matches that demonstrated the sport's unique blend of speed, strategy, and grace. Between chukkas, the sidelines buzzed with laughter, cheering and admiration for the grooms, many of whom spend countless hours conditioning, feeding, and caring for the ponies that power the game.

The final match delivered all the action the crowd could have hoped for. Team SPC Red edged out Team SPC White with a score of 6 vs 4 in a nail-biting finish. Beaming with pride, the winning team stood shoulder to shoulder as the Grooms Cup trophy was lifted high.

The Grooms Cup continues to grow in prestige each year, but its spirit remains unchanged: it's a tournament that honours those who give their all behind the scenes. In every polished bridle and every thundering gallop, their dedication shines.

### SPC RED

Rayman Moses  
Nelson Thomas  
Vengates Rao  
Sandy Deng  
Jed Gabler

### SPC WHITE

Syakirin Mohd Johari (Kirin)  
Esvaran (Esa)  
Rickard Hogberg  
Tim Zee  
Corey Koh

**Most Valuable Player: Nelson Thomas**

**Best Playing Pony: Brahma owned by SPC and played in the match by Kirin**





**Champions** – Team SPC Red with Mr Sylvan Braberry and SPC Honorary Secretary, Mrs Stephanie Masfield



**Team SPC White** – runners-up for this year's Grooms Cup



Best Playing Pony award went to Brahma owned by SPC and played in the match by Kirin



Mr Sylvan Braberry awarding the Most Valuable Player award to Nelson Thomas



Mr Sylvan Braberry, SPC's General Manager does a ball throw-in to start the first chukka of the Grooms Cup



Some intense polo action



# Saddle Up for SPOOKS

This year's Halloween Pony Camp was all about heading outdoors for thrilling jungle trail rides and bonding with our lovely horses with playful activities such as painting them with dyes, grooming and braiding their manes. Our pony campers also arrived in their Halloween costumes transforming the stables into a spooky arena.



SPC Riding Academy's Lead Instructor, Daniel Sitranen presented the Best Dressed Rider award to Aya Van Der Wyck



Happy campers with the riding academy team



Our pony campers all ready for Trick-Or-Treat



CJ, our riding horse looking very colourful



Campers going on a jungle trail ride around our vicinity





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## SPC Young Rider, Gia Piparaiya

At just 15, Gia Piparaiya is seen actively participating in dressage and showjumping competitive riding tournaments, friendly club and inter-club shows, earning respect for a calm seat, fearless ambition, and a bond with horses that seems almost telepathic.

Off the horse, Gia is just like any other teen juggling school, family, and friends. But the discipline of the sport has helped in shaping up her riding journey.

Gia and SPC Riding Academy horse, Tyrion



### When did you start riding, and how old were you?

I started riding in February 2023 when I was 13 years old. My first lesson was at Gallop Stable, and I continued my riding journey at SPC Riding Academy.

### When did you join SPC and what do you like about the club?

I started riding at SPC in June 2023. It has been a memorable 2.5 years and I love every part of this exciting journey. My favourite thing about the club is the community. Everyone here is very encouraging and friendly, and I've made so many great friends since I've been here.

Not long ago, I had a bad fall and wasn't able to ride for 2 months. Once I had healed, I was hesitant to get back in the saddle, but the support shown to me by all the riders and instructors helped me through it.

### How long and how many days do you train in a week?

I currently train thrice a week with two flat lessons and one jump lesson.

### How do you find time to juggle between school and riding?

It's a bit hard trying to find a balance between school and riding, but I always make sure I have time for both. I try to get all my schoolwork done before my riding lessons, or sometimes I leave SPC early so I can finish my schoolwork at home.

### Any interesting experience?

One interesting experience I had was back in December 2023. I was having my first self-ride with a horse I used to lease, Tyrion. I was riding in the covered arena, surrounded by many jumps. Everything was going well, Tyrion and I spent our ride trotting around and avoiding all the obstacles. Then, all of a sudden, Tyrion started charging towards one of the jumps, I tried to pull him away but it was too late - and we went over!

That ended up being the first jump I had ever done, and although it was unintentional, it made me realise how much fun jumping was. Because of that moment, I went on to start jumping lessons the very next year and have been loving it ever since.



Gia at a jump lesson

### Do you ride on your own horse, or is there a favourite horse you're comfortable riding?

I currently ride the school horses at SPC. My favourite horse is Tyrion and I leased him for 10 months last year. He taught me almost everything I needed to know, he gave me confidence, and was patient when I had just started jumping. He truly helped me become the rider I am today. Ending my lease on him was difficult, as we had built a bond over the months. Though, it gave me the opportunity to try new horses and progress as a rider. Through that, I was able to find some of my other favourite horses, like Shadow, McKenny, Tiptoe and Dimples.



Gia during her lesson at the covered arena

### Who is your idol in terms of riding?

I don't really have a horse-riding idol, but I really liked watching Lottie Fry win first place at the British FEI dressage World Cup in 2024. I was really impressed with the partnership between her and her horse, and how seamless their test was.

### Have you participated in any training shows, interclub shows, nationals or world championships?

I've participated in many training shows and a few interclubs. Even though I don't always place, the whole experience is a lot of fun. I always enjoy the warm up with my friends and coming to the stables early to get the horses ready.

### Have you visited any riding clubs overseas or engaged in any riding activities?

Since the start of my riding journey, I've ridden in both Dubai and Australia. In Dubai I was lucky enough to ride on the beach, which was an amazing experience. In Australia, we went on a trail ride on the mountains to which I had a lot of fun cantering along the paths surrounded by nature.

### What's your advice for someone intending to take up riding?

There will be times where you will have a bad ride and feel like you're not progressing as a rider - especially as you become more experienced. The important thing to remember is that you shouldn't be hard on yourself, because all horses and riders have bad days. This sport is full of ups and downs, and you should be prepared for both. Another thing I would say is not to compare yourself to other riders, because everyone learns at their own pace.

### What are your future plans and ambitions, where do you see yourself?

When I move out of Singapore in the future, I would really like to buy my own horse, and pursue activities like trail riding and eventing. I hope to carry on everything I've learned from SPC and take my riding to the next level.



# Get to Know Our New Liveries and Owners

**Camaro Xtreme  
and Sophie Grotowski**



Camaro Xtreme, also known as “Enzo,” is an 8-year-old Warmblood gelding from New Zealand. Enzo is super cuddly and affectionate, and he loves making new friends around the yard. Having jumped up to 1.30 m in competitions, Enzo is a seasoned show jumper with plenty of experience in the ring. Sophie looks forward to training and competing with him, and learning more in the near future.

**Mary Chong and Sharpy**

Sharpy is truly one of a kind. With his calm nature, gentle heart, and quiet confidence, he has brought so much peace and happiness into Mary's life. Mary has always been a little nervous around spooky horses — but with Sharpy, she feels safe, supported, and completely at ease.

“In the dressage arena, he's patient, willing, and always tries his best. Competing with him is such a joy — not because of the results, but because of the trust we've built together”, says Mary.

What makes Sharpy even more special is his versatility. As a former jumper, he's now guiding her into that world too, opening up new challenges and experiences for the both of them to share.

Sharpy isn't just a horse — he's Mary's partner, teacher, and the soul that's made this journey so meaningful.





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\* Fees includes a SPC T-Shirt and course materials.

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# ACADEMY



# Our Herd Just Got Happier

## Say Hello to the Newcomer

This quarter, we're thrilled to introduce some wonderful new horses to our stables. Each bringing their own unique personality, talent, and charm to our growing herd at SPC Riding Academy.

We're sure these equine additions will become familiar favourites in no time.

RGM My Superhero "Marvel"



Colour: **Pinto**  
Sex: **Gelding**

Breed: **Gypsy Cob**  
D.O.B: **14 November 2013**

Lorelle RF



Colour: **Bay**  
Sex: **Mare**

Breed: **New Zealand Warmblood**  
D.O.B: **18 December 2016**

Wata Blue Moon "Swag"



Colour: **Paint**  
Sex: **Gelding**

Breed: **Thoroughbred X**  
D.O.B: **1 August 2014**

Bubble



Colour: **Chestnut**  
Sex: **Mare**

Breed: **Warmblood**  
D.O.B: **1 August 2014**





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# A Weekend of Showjumping & Dressage Excellence

Summer is over. The SPC Riding Academy's May training show proved a valuable stepping stone. Riders left with stronger partnerships, clearer goals, and renewed motivation. Congratulations to all participants!



## SATURDAY, 24 MAY 2025

### EA MEDIUM 4.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Lise-Anne Dunn and Let's Be Special M 64.028%

#### 2<sup>nd</sup> place:

Raine Tay and Don Remiro 63.889%

### EA ELEMENTARY 3.2 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Ay Wen Lie and Gaudi 66.026%

#### 2<sup>nd</sup> place:

Averell Zee and Duende 61.795%

### EA ELEMENTARY 3.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Lilly De Geytere and Rambo 66.429%

#### 2<sup>nd</sup> place:

Julian Clark and Venice 65.286%

### EA NOVICE 2.2 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Aiga Berlim Atmaja and Equator 61.406%

### FEI GRAND PRIX FREESTYLE (UPDATED 2022)

#### 1<sup>st</sup> place:

Katherine Desbaillets and Heathrow-W 69.500%

### EA NOVICE 2.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Maira Dahiya and Lady Wanda Sollenburg 68.846%

### EA PRELIMINARY 1.2 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Tara Jaidka and Kaluna 67.500%

#### 2<sup>nd</sup> place:

Lisa Harris and Rambo 64.286%

### EA PRELIMINARY 1.1 20 X 60 ARENA (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Sofie Pei Wen van Osch and General Lee 67.800%

#### 2<sup>nd</sup> place:

Macie Douglas and McKenny 63.000%

### EA PRELIMINARY 1.1 (SENIOR) 20X40 ARENA (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Darshini Ramiah and Kane 64.600%

#### 2<sup>nd</sup> place:

Celyne Beverly Khiezt and Venice 64.000%

#### 3<sup>rd</sup> place:

Junia Djojonegoro and General Lee 63.400%

#### 4<sup>th</sup> place:

Tessa Hogan and Mr Percy 62.800%

#### 5<sup>th</sup> place:

Ashleigh Johnson and Amazing Chacco 61.400%

### EA PRELIMINARY 1.1 (JUNIOR) 20X40 ARENA (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Kiran Joni Prasad and Sir James 59.600%

Saturday, 24 May 2025 continue.....

### EA PREP 1 (SENIOR) 20 X 40 ARENA (VERSION 2023)

#### 1<sup>st</sup> place:

Cheng Ngee Hui and Mo 67.000%

#### 2<sup>nd</sup> place:

Myra Jha and Sir James 66.667%

#### 3<sup>rd</sup> place:

Michaela Harris and Venice 65.667%

#### 4<sup>th</sup> place:

Elisabetta Schmidt and Rambo 65.333%

#### 5<sup>th</sup> place:

Melody Wong and Mr Percy 64.667%

### EA PREP 1 (JUNIOR) 20 X 40 ARENA (VERSION 2023)

#### 1<sup>st</sup> place:

Aria Guha and Sir James 65.000%

#### 2<sup>nd</sup> place:

Abigail Hsu and Shadow 62.667%

#### 3<sup>rd</sup> place:

Sophie Tiong Jia Xin and Rascal 62.333%

#### 4<sup>th</sup> place:

Isabella Giotta and Sonny 61.000%

#### 5<sup>th</sup> place:

Adoria Zhou and Keepsake 59.333%

## SUNDAY, 25 MAY 2025

The following riders obtained a clear round during the competition.

### CLASS 15: 40 - 50CM CLEAR ROUND ART.238 #2.1

Sienna Renard and Catharina  
Zeynep Diler and Maverick  
Julian Clark and Norton  
Anna Srom and Keepsake  
Lexi Phillips and Tiptoe  
Chloe Borri and Lily

### CLASS 17: 80CM CLEAR ROUND ART.238 #2.1

Zoe De Geytere and McKenny

### CLASS 18: 90CM 1 ROUND WITH JUMP OFF ART.238 #2.1

#### 1<sup>st</sup> place:

Sarah Ingham and Ivy Coast Uptons Cosby

#### 2<sup>nd</sup> place:

Lucy Bennett-Baggs and Destiny

### CLASS 19: 100CM 1 ROUND WITH JUMP OFF ART.238 #2.1

#### 2<sup>nd</sup> place:

Nicola Hammond and Khaleesi

### CLASS 20: 110CM 1 ROUND WITH JUMP OFF ART.238 #2.1

#### 1<sup>st</sup> place:

Lynly Fong and Akita 104



# Showjumping Training Show

Our training show on 15 June was a fantastic day of learning, confidence-building, and fun on the saddle! Congratulations to all participants for a spectacular performance and on clinching the top spots in the competition.

## SUNDAY, 25 MAY 2025

The following riders obtained a clear round during the competition.

### CLASS 1: 45 – 55CM CLEAR ROUND ART.238 #1.1

Lexi Philips and Tip Toe  
Victoria Shaw and Keepsake

### CLASS 2: 65-75CM CLEAR ROUND ART.238 #1.1

Seraphina Chin and Venice  
Zeynep Diler and McKenny  
Lilly De Geytere and Rambo  
Indi Sicrea and Tiptoe

### CLASS 3: 85CM CLEAR ROUND ART.238 #1.1

Mark Shaw and Ferro  
Zoe De Geytere and McKenny

### CLASS 5: 105CM 1 ROUND WITH JUMP OFF ART.238 #2.1

#### 1<sup>st</sup> place:

Lynly Fong and Akita 104

#### 2<sup>nd</sup> place:

Laure Lampre and Halifax





## Back In the Saddle Jump Show

Yasmine Bonehill and SPC Riding Academy instructor, Nicola Hammond clinched first placings at Bukit Timah Saddle Club's jump show held over the weekend of 16 and 17 August in the Class 15: 130cm and Class 13: 110cm categories respectively.

Congratulations ladies!

## NEC Dressage Classic 2025

Here are the results of National Equestrian Centre's dressage show on 6 September.

Congratulations to all winners!

### CLASS 3: EA MEDIUM 4.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Lise-Anne Dunn and Let's Be Special M  
with a score of 67.222%

### CLASS 4: EA ELEMENTARY 3.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Katherine Desbaillets and San Salvador  
with a score of 67.857%

#### 3<sup>rd</sup> place:

Alita Li and Lizar M with a score of 66.285%

### CLASS 5: EA NOVICE 2.1 (EFFECTIVE 2023)

#### 1<sup>st</sup> place:

Elly Poh and Raspoetin T with a score of 68.076%

#### 2<sup>nd</sup> place:

Sophie Grotowski and Camaro Xtreme  
with a score of 65.000%

## On the Centreline Dressage Show

Our riders clinched the top placings at Bukit Timah Saddle Club's (BTSC) dressage show held over 2 days, 30 and 31 August 2025.

### RESULTS

#### CLASS 3: EA MEDIUM 4.1

#### 1<sup>st</sup> place:

Lise-Anne Dunn and Let's Be Special M  
with a score of 64.306%

#### CLASS 4: EA ELEMENTARY 3.1

#### 2<sup>nd</sup> place:

Maira Dahiya and Lady Wanda Sollenburg  
with a score of 60.714%

#### CLASS 5: EA NOVICE 2.1

#### 2<sup>nd</sup> place:

Katherine Desbaillet and Ivy Coast Uptons Cosby  
with a score of 64.808%

## Trick or Trot Dressage Show

Our riders participated in BTSC's dressage show held on 5 October.

Here are the results:

#### CLASS 9: FEI SENIOR II

Raine Tay and Don Remiro with a score of 63.333%

#### CLASS 11: FEI YOUTH TEST

Alita Li and Lizar M with a score of 65.600%





# PONY CAMP

**Keep a look out for more  
details coming your way**



Get up close and personal with our horses and enjoy fun-filled activities guided by our dedicated professionals at SPC Riding Academy.  
Great for kids 6 years old & above.



# AEF Cup CSIJ-B Malaysia 2025

Our rider, Yasmine Bonehill flew the nation's and SPC's flag high on the international stage with excellent results at the AEF Cup CSIJ-B Malaysia held at the Denai Alam Recreational Centre, Shah Alam from 22 to 24 August 2025.

Competing against 13 athletes from 10 nations, Yasmine showed outstanding skill, determination, and consistency, securing a strong result for Singapore and the SPC Riding Academy in a

highly competitive field. She came in third and fourth place in the 100cm categories.

Kudos also to another of our Academy rider, Elly Poh who represented her country, Malaysia. She secured the second place in the same category.

Well done, Yasmine and Elly for an achievement worth celebrating!



Yasmine Bonehill (left, back) and Elly Poh (right, back) with competition officials



Participants and their coaches at the event





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Train rides will be cancelled in case of bad weather





## Autumn Equinox Show 2025

Bukit Timah Saddle Club hosted their two-day jumping show on 20 and 21 September and our SPC Riding Academy riders aced through some of the categories with top spots.

Congratulations ladies!

### Saturday, 20 September

#### CLASS 1: 90CM AGAINST THE CLOCK ART #238.2.1

##### 1<sup>st</sup> place:

Sophie Grotowski and Camaro Xtreme

##### 2<sup>nd</sup> place:

Lucy Bennett-Baggs and Destiny

#### CLASS 3: 110CM AGAINST THE CLOCK ART #238.2.1

##### 2<sup>nd</sup> place:

Lynly Fong and Akita 104

#### CLASS 4: 120CM AGAINST THE CLOCK ART #238.2.1

##### 2<sup>nd</sup> place:

Yasmine Bonehill and Fontrice

### Sunday, 21 September

#### CLASS 17: 90CM AGAINST THE CLOCK ART #238.2.1

##### 1<sup>st</sup> place:

Sophie Grotowski and Camaro Xtreme

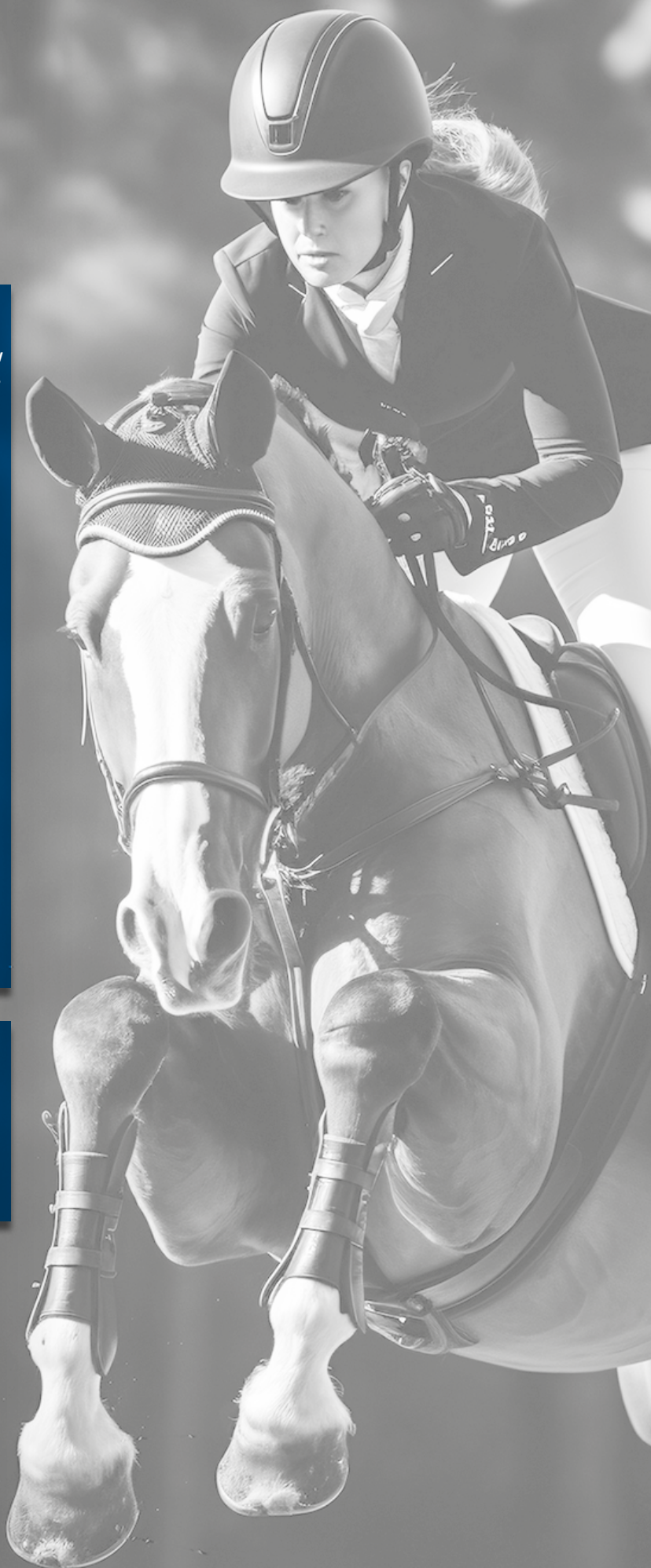
##### 2<sup>nd</sup> place:

Lucy Bennett-Baggs and Destiny

## Septemvrios Jumping Show

Our rider, Lucy Bennett-Baggs along with her horse, Destiny clinched the first place at Singapore Turf Club Riding Centre's Jumping Show held on 27 September under the Class 4: 90cm Category Against the Clock.

Well done to both of them!









# FEI Jumping World Challenge 2025

Beyond the ribbons and results, this year's FEI Jumping World Challenge brought together a vibrant community of riders, coaches, grooms and families. Between rounds, laughter filled the stables, friendships were formed, and riders found inspiration in one another as they competed in the various categories.

Congratulations to our riders who secured top positions in some of the categories.

Here are the results:

## Sunday, 21 September

### Round 1

**CLASS 16: FEI JWC 2025 CATEGORY A  
(120 - 130CM) ART # 273.3.3.2**

#### 1<sup>st</sup> place:

Yasmine Bonehill and Fontrice

### Round 2

**CLASS 16: FEI JWC 2025 CATEGORY A  
(120 - 130CM) ART # 273.3.3.2 – TIME ALLOWED 62 SEC**

#### 1<sup>st</sup> place:

Yasmine Bonehill and Fontrice

## Sunday, 28 September

### Round 1

**CLASS 14B: NON-CHALLENGE CATEGORY C  
(100 – 110CM) ART. 273.3.3.2**

#### 1<sup>st</sup> place:

Lynly Fong and Akita 104





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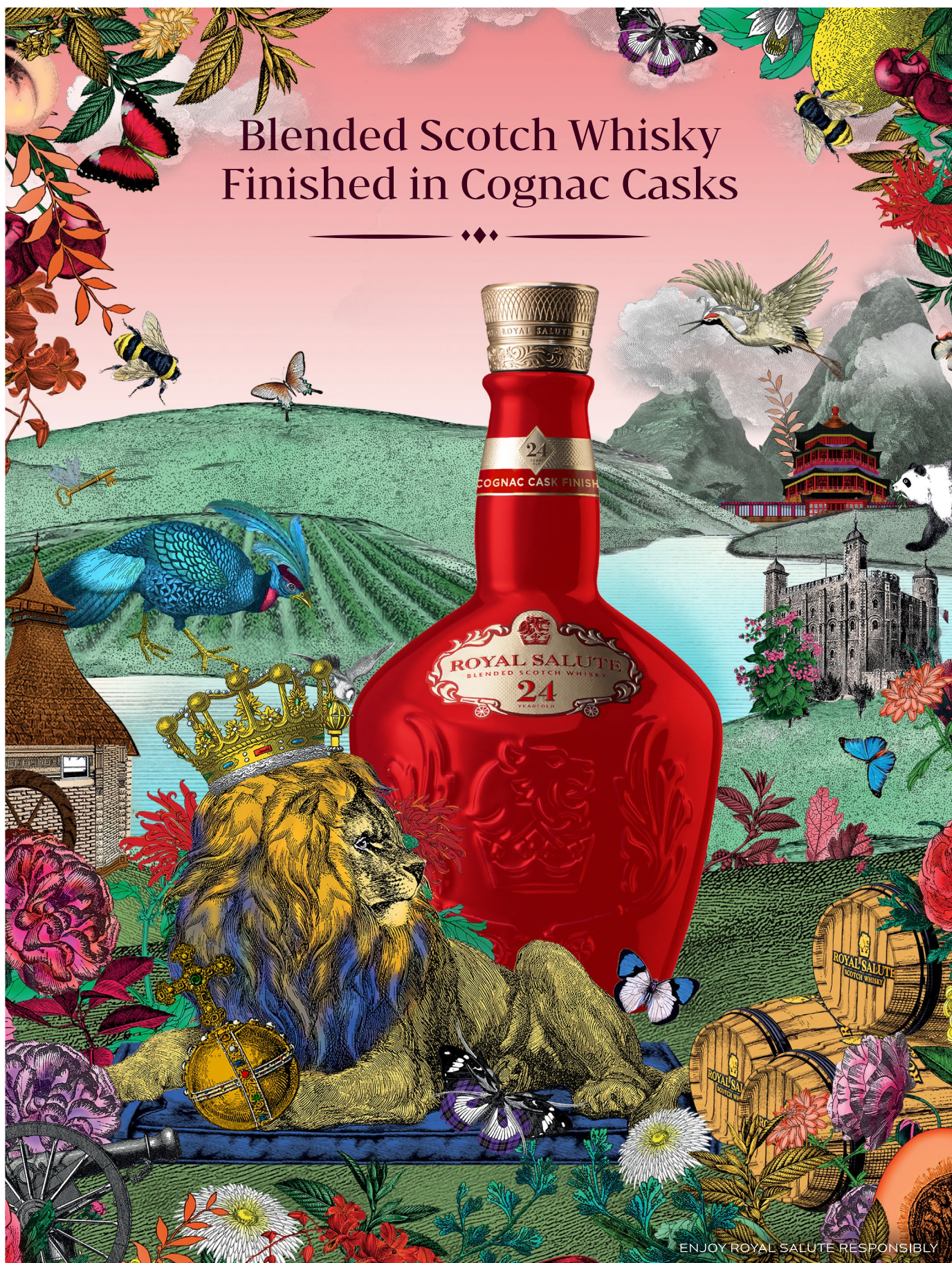


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# Palate and Palette

**Palate & Palette — An immersive tasting experience on 19 July with fine wine meeting fine art, and senses crossing over in unexpected harmony at the newly renovated Mount Pleasant Room.**

The latest instalment to the Club's Music & Arts segment, the afternoon was specially curated for wine and art enthusiasts as they sat down for an experiential experience.

Held in collaboration and led by Blumine Gallery and Vinea Singapore, the session started with Wine Sommelier, David Marques Ferreira and renowned world-class cellist & composer and owner of Blumine Gallery, Khachatur Khachatryan working hand in hand, crafting an emotional and sensory journey for guests.

Bottles of fine Portuguese wines were paired alongside beautiful canvas paintings, each with a story to tell. Participants learned the proper technique for swirling wine, identifying aromas, and recognising tasting notes like "stone fruit," "earthy undertones," and "oaky finish." For many, it was the first time they truly considered the texture of a wine—its body, mouthfeel, and balance.

As the class progressed, David unveiled a map of the different vineries in Portugal and explained how the same type of grape could produce dramatically different results in various vineyards with different climate and soil condition.

A unique highlight at the workshop for wine enthusiasts was of a moment where guests sipped some wine while keeping their eyes closed. They pictured the type of visual that the wine would bring about and thereafter the painting was unveiled. As claps echoed across the room, many could connect and bring about similar visualisations. The informative evening ended with a networking session which saw attendees exchanging quick notes on the knowledge gathered and feedback about the wines that they had tasted.

Interested in becoming a partner for our Music & Arts segment? Email us at [marketing@singaporepoloclub.org](mailto:marketing@singaporepoloclub.org).







Mr Khachatur Khachatryan, renowned world-class cellist & composer and owner of Blumine Gallery introduces one of the paintings from his gallery and the symbolism of it



Mr David Marques Ferreira, Founder and CEO of Vinea Sg (left) shares with Mr Shahsadi Angullia, Head of On Trade, Singapore Straits Wine Company (right) about wines from Portugal



Wine tasting which went hand-in-hand with the art works



David introduces guests to the top vineyards of Portugal



Hearty chat amongst wine enthusiasts



Wines from Portugal by Vinea





## VITAMINS AND SUPPLEMENTS

Vitamins and supplements are substances that can be taken to provide nutrients that the body may not get enough of through diet alone. Vitamins are organic compounds that are essential for various bodily functions, while supplements are broader, encompassing vitamins, minerals, and other substances like herbs or amino acids. While supplements can be beneficial for some, they should not replace a balanced diet and it's crucial to be aware of potential risks associated with excessive intake.

### Vitamins:

- Vitamins are organic compounds that the body needs in small amounts for various metabolic processes.
- There are 13 essential vitamins, including A, C, D, E, K, and the B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, B6, B12, and folate).
- Vitamins play crucial roles in growth, development, and overall bodily functions.

### Supplements:

- Supplements are products taken to supplement the diet and potentially enhance health.
- They come in various forms, such as pills, capsules, powders, and liquids.
- Supplements can include vitamins, minerals, amino acids, fatty acids, enzymes, probiotics, and herbs.
- Examples include vitamin D, fish oil, calcium, probiotics, and multivitamins.
- Dietary supplements do not require approval from the Health Sciences Authority (HSA) in Singapore before they can be sold, but dealers are responsible for the safety and quality of their products.

### Important Considerations:

- Not a replacement for a healthy diet: Supplements should not be used as a substitute for a balanced diet rich in fruits, vegetables, and other nutrient-dense foods.
- Potential risks of excessive intake: Taking too much of certain vitamins or supplements, especially fat-soluble vitamins like A and D, can be harmful and lead to toxicity.
- Interactions with medications: Some supplements can interact with medications, so it's important to consult with a healthcare professional before starting any new supplement regimen, especially if you have existing health conditions or are taking medications.
- Individual needs vary: The need for supplementation varies depending on individual factors like age, health status, and dietary intake.

### Consult with a healthcare professional:

It's always a good idea to talk to a doctor or registered dietitian before taking any new vitamins or supplements to determine if they are appropriate and safe for you.



## COMMON WORKOUT INJURIES

- Muscle pulls and strain.
- Sprained ankle.
- Shoulder injury.
- Knee injuries.
- Shin splint.
- Tendinitis.
- Wrist sprain or dislocation.



### What are the most common exercise injuries?

Shoulder, lower back, and knee injuries are the most common exercise-induced ailments that land people in the doctor office.

### What are the common causes of exercise injury?

Not having proper form for your exercise. Not resting in between workouts. Pushing your body too hard or too quickly. Doing an exercise that is too strenuous for your level of fitness.

### Which part of the body do people injure most when exercising?

While everyone's specific injuries are individual, in general, there are a few places that people injure most often when working out. "Lower Back, knees and shoulders injuries are the most common to deal with in the fitness population."

### Everything You Need to Know About Sports Injuries and Rehab

Sports injuries occur during exercise or while participating in a sport. Children are particularly at risk for these types of injuries, but adults can get them too.

### You're at risk for sports injuries if you:

- haven't been regularly active
- don't warm up properly before exercise
- play contact sports

### Sports Injuries Treatment

The RICE method is a common treatment regimen for sports injuries. It stands for:

- Rest
- Ice
- Compression
- Elevation

This treatment method is helpful for mild sports injuries. For best results, follow the RICE method within the first 24 to 36 hours after the injury. It can help reduce swelling and prevent additional pain and bruising in the early days after a sports injury.



Consult with our certified trainer and sports rehab if you require more information on Injuries prevention

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# RESET YOUR RHYTHM

— The science of —

# REST & TOUCH

## Why We Can't Afford to Skip Sleep

In our fast-paced lives, sleep often gets pushed aside. But quality rest fuels everything from memory to emotional stability. Without it, our energy dips, focus fades, and we simply don't feel like ourselves.

## The Magic of the Midday Reset

A short nap — just 10 to 30 minutes — can refresh the mind and recharge the body. It's a simple, science-backed way to boost clarity, creativity, and emotional resilience without need-

ing to "catch up" on hours of sleep. Power naps are especially helpful during busy days when a full rest isn't possible, offering a mental refresh that's both efficient and restorative.

A massage can help bring lasting energy and calm.

## Massage: When You Need to Rest Without Sleeping

Simple habits like warm soaks or oil massages can go a long way, but nothing beats a professional touch. Our Happy Feet massage is designed to soothe tired soles and revive your whole being

— because true wellness starts from the ground up.

## Tiny Pauses, Big Difference

Whether it's sleep, a nap, or massage, small moments of rest go a long way. In a world that glorifies being busy, learning to rest is a powerful act of self-care — and the key to lasting energy and calm.

### Opening hours

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*For Mum's  
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**Ginger:**  
*For the  
active Dad*

**Lemongrass:**  
*To refresh the kids*





# How to Avoid Overeating During Holidays

Festive year-end and new year are a great time for catching up with loved ones. However, you can have an enjoyable time without sacrificing too much of your waistline.



Everyone loves end of the year and new year time. It's the time for vacations and for catching up with family and friends over festive food and drinks.

But if you're not careful, it won't be long before you'll realise that you're carrying extra weight into the new year.

Here are easy tips on how you can enjoy the festive season without going overboard on the eating.

## 10 Tips to avoid holiday overeating

### 1 Make healthier food choices

Having to festive eat doesn't mean that the food choices you make need to be unhealthy ones.

Eat cleaner by limiting or avoiding highly processed foods like ham, bacon, sausages, cakes and desserts. Processed foods carry too much sodium and saturated fats, so stick to good old-fashioned, nutritious carbohydrate foods such as brown rice, noodles in soup, plain baked potatoes and pasta in tomato-based sauces.

Also, opt for lean protein foods such as chicken, beef, pork, prawns, tofu, beans and lentils that are cooked in small amounts of oil and sauces.

### 2 Load up on fibre

Along the lines of making healthier eating choices, it's important to continue eating 2 servings of fruit and 2 servings of vegetables daily.



Breaking it down per meal, The HPB 'My Healthy Plate' recommends filling your plate with:

- ½ plate of vegetables and fruit.
- ¼ plate of carbs - make them whole grains
- ¼ plate of proteins - try to choose plant proteins (like legumes, tofu, tempeh, nuts, seeds) if possible, or else take low fat meats, eggs, low-fat dairy products

Consuming more fibre has been proven to be beneficial for your gut and overall health, and keeps you feeling full longer to curb snack attacks.



### 3 Lighten up on the fat consumption

Cakes, cookies, pastries, sweets, desserts, fatty meats, cream-based foods etc. The list just goes on and on when it comes to festive foods and their sins.

Total avoidance of such foods during festive gatherings may be impossible but the key is moderation. Pick what you can lighten up on - for example, ditch the creamy dressing for your salad, remove the visible fat on meats, and pass on the sweet drinks and desserts.



### 4 Drinking water is best

Just like fat, go easy on the sugared drinks and alcohol. It's best to have water, unsweetened iced tea or green tea with your meal.

If you must have a sweet beverage, choose low-calorie drinks. You can easily identify such drinks with the Healthier Choice Symbol (HCS) on them. Such drinks are lower in sugar compared to regular sugar drinks.

Don't forget, alcohol contains calories too so if you must drink, drink responsibly. Never drink and drive! If as a driver, you are afraid that you may be pressured into drinking, mention that you are the designated driver and that the safety of others are in your hands.

### 5 Eat slower

**Fact:** It takes about 20 minutes for your brain to send out signals that you are full before you realise it.



So eat slowly, and take the extra time to pay attention to what we are eating and how much you have eaten. A simple trick is to chew every mouthful of food between 15 to 30 times. This will give your body time to tell the brain that you have eaten enough.

If you gobble down your food quickly, you are more likely to overeat. By the time you realise that you're full, you would have already overeaten.

### 6 Practice portion control

Not paying attention (or being distracted) while you eat is one of the common reasons for overeating. During a dinner gathering with conversations flowing freely, paying attention to your eating can be hard to do.

A simple tip is to request for a smaller plate or bowl before the start of the meal. This will make it easier to keep track of the amount you eat. Also, in the festive spirit of giving, offer to share your favourite foods with someone instead of having an entire portion to yourself!

### 7 Don't skip meals (before or after a festive meal)

Before or after a festive meal, you may think it is a good idea to avoid meals for that day.

However, what usually happens is this will end up making you feel hungrier, causing you to overeat during your next meal.

Furthermore, for some when they feel hungry, they are more likely to consume calorie-dense unhealthy foods than healthier ones.

### 8 Move more (than usual)

Apart from being mindful about what you eat and how much, ensuring that you're able to burn what you consume will help you to keep your weight in check this festive season.



If you're eating more than the usual, aim to exceed the basic 150 to 300 minutes of moderate aerobic physical activity that is recommended per week.

Moderate aerobic physical activities elevate your heart rate and makes you breathe slightly harder than normal. Example of such activities include brisk walking or light jogging. To know if an activity is moderate, you should have enough breath to talk but not sing while performing the activity.

If you hardly or never exercise, start with a simple 10-minute brisk walk around your estate every evening, or choose the stairs over the escalator when outside.

### 9 Keep your home temptation-free

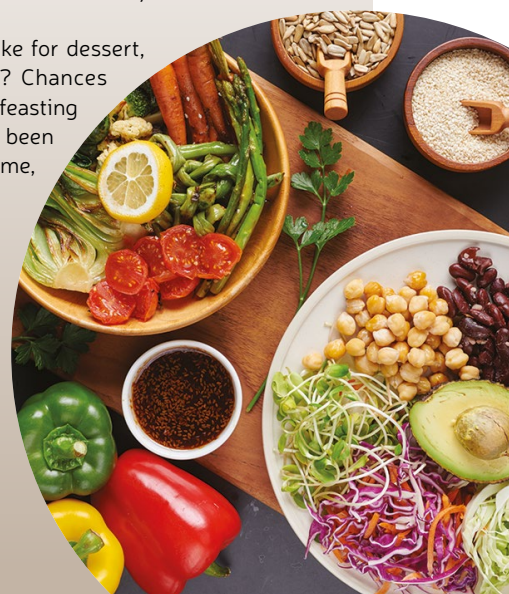
You are already going to have festive foods when out celebrating with friends and family, don't make it even harder for yourself to resist such tempting foods by keeping them in your home.

Resist the urge to stock up on festive "goodies" like chocolates, chips, ice cream, sugary drinks or "exclusive Christmas specials/flavours". Stay clear of the supermarket aisles containing such items!

### 10 If you're hosting, choose a healthier menu

As the host, you get to decide what to put out for your guests. Do your family and friends a favour by opting for healthier foods, ingredients and cooking methods such as boiling, steaming, baking, roasting or grilling as these methods reduce the amount of fat in your dishes.

Also, instead of serving cake for dessert, why not serve fresh fruit? Chances are after all the unhealthy feasting that your loved ones have been having over this period of time, it may be a welcome sight!





# JUNIOR ACADEMY

PROGRAMME

**LESSONS ON MONDAYS & FRIDAYS**

5 TO 14 YEARS OLD

4PM – 6PM

**LESSONS ON SATURDAYS**

5 TO 14 YEARS OLD

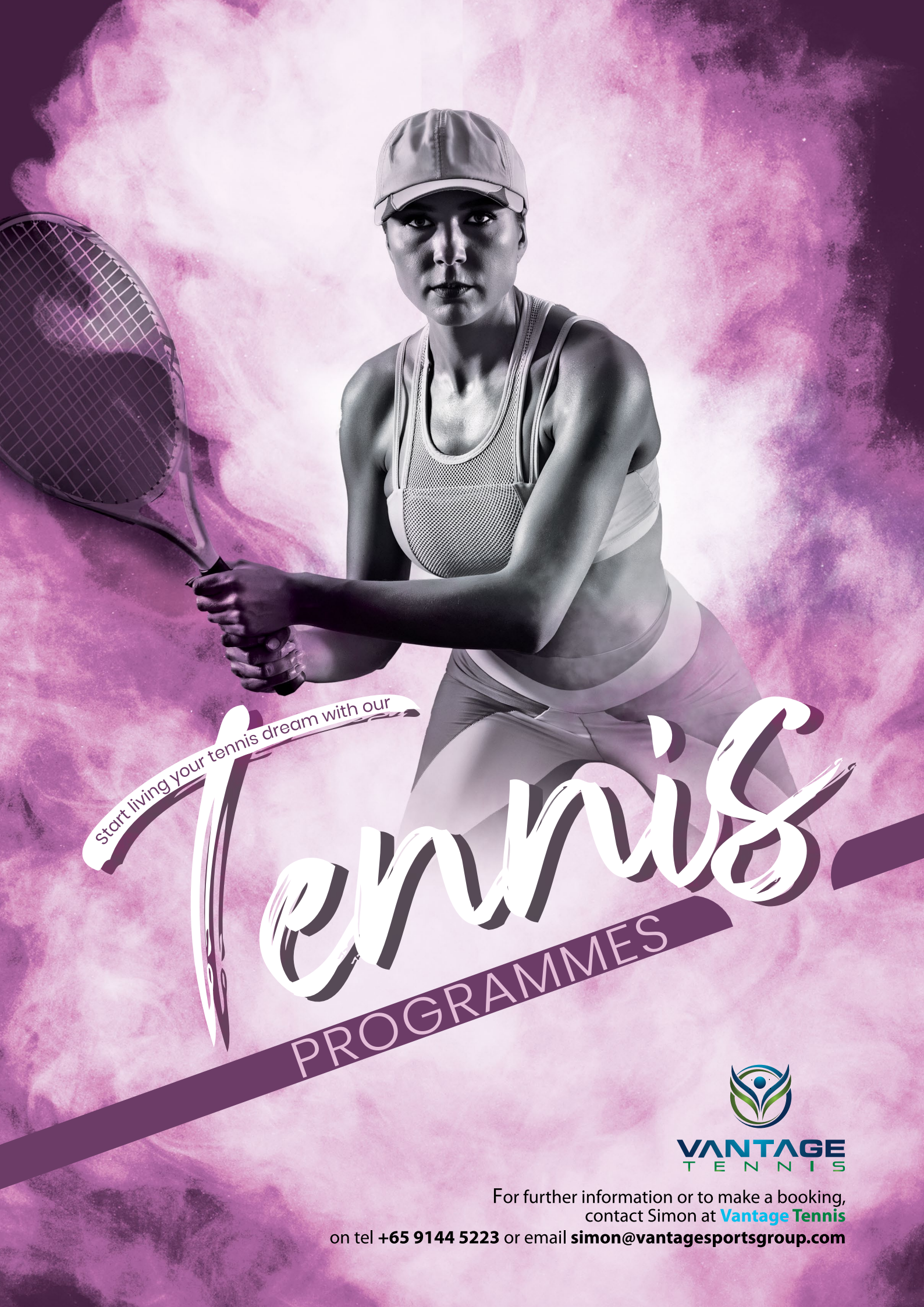
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PROGRAMMES



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Can you spot the odd bauble out? Stretch your mind in the most fun way possible.



Submit your completed entries to [marketing@singaporepoloclub.org](mailto:marketing@singaporepoloclub.org) or drop them off at our Reception before **19 December 2025**. Remember to include your name, membership number, email and telephone number.



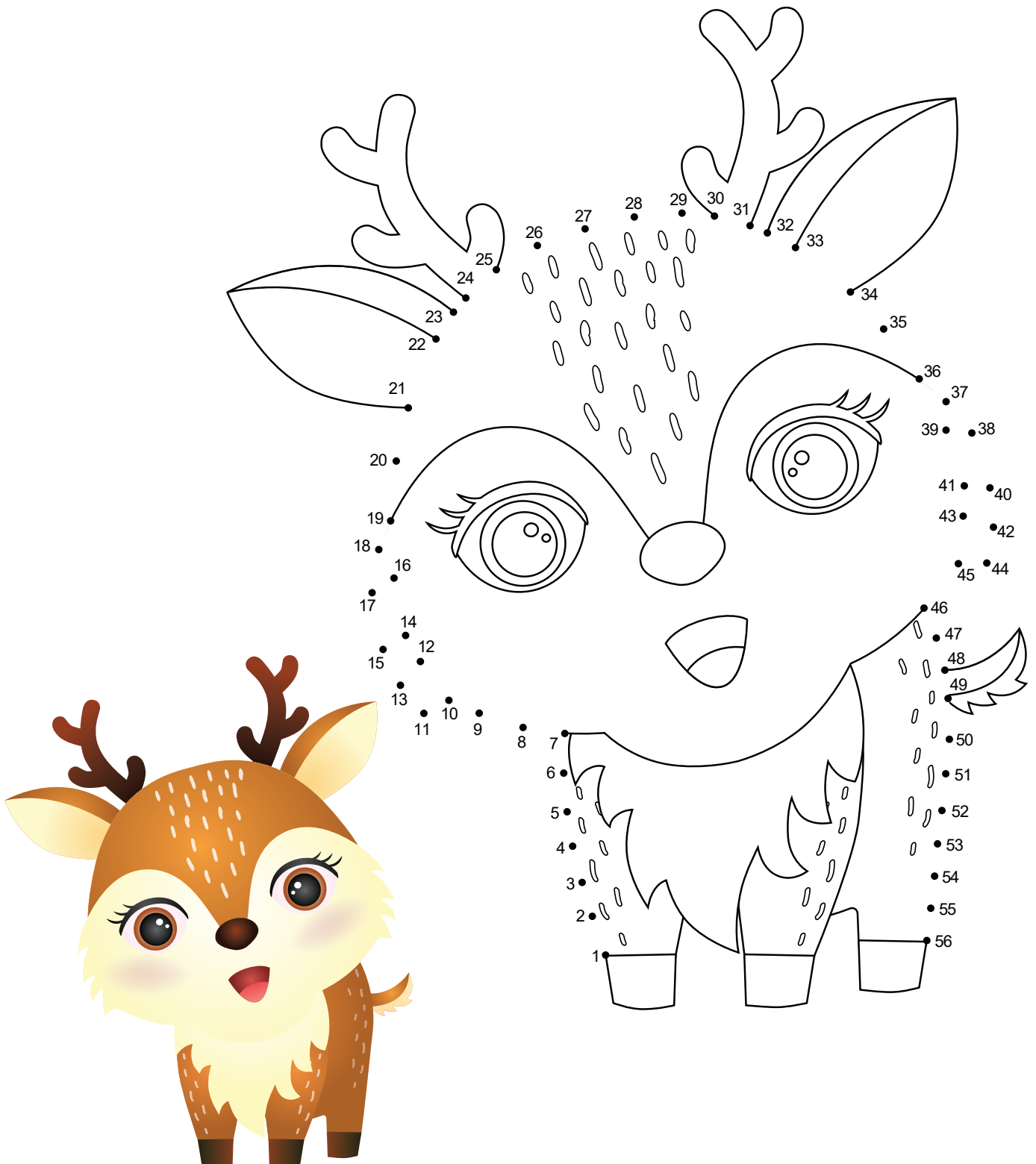
3 lucky winners stand to win a notebook featuring popular hawker delicacies.





# DOT TO DOT

Imagination meets learning in this creative join-the-dot activity.  
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- Bookings for pony feeding are to be made at the Reception or call 6854 3999
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