# BODD CLUB

### **Atoms Novice Cup 2024**

Atoms White emerged as winners in this inaugural tournament

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RIDING SPC Young Rider, Grace Toal P52 LIFESTYLE Christmas Light-up 2024

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**Leon Chu** Committee Member

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Head, SPC Riding Academy

Wendy Tham Secretary

**Johnny Wong** F&B & Events Manager

**Irene Seah** Events Manager

> MPS Rajan Front Office & Club Rooms Manager

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Marlene Teo Marketing Communications and Lifestyle Manager

Sunny Oh Polo Administration Manager

**Colonel Ravi Rathore** Atoms Lead Polo Professional

Daniel Sitranen Riding Academy Lead Instructor

#### **OPERATING HOURS**

#### FRONT DESK

7.30am – 9.30pm (Sunday to Thursday) 7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS The Paddock 8.00am – 10.30pm (daily) (Last order at 9.30pm)

**The Polo Bar** 6.00pm – 10.30pm (daily) Closed on Mondays (Last order at 9.45pm)

Coriander Leaf @ The Mountbatten Room 6.00pm – 10.30pm (weekdays) 12.00pm – 3.00pm & 6.00pm – 10.30pm (weekends) Closed on Mondays (Last order at 2.45pm & 9.45pm)

The Verandah 8.00am – 11.00pm (daily) (Last order at 9.30pm)

#### FACILITIES

**Gym** 7.00am – 9.00pm (weekdays) 8.00am – 8.00pm (weekends)

Swimming Pool 7.00am – 9.00pm (daily)

**Tennis Courts** 7.00am – 11.00pm (daily)

Atoms Polo Loft 10.00am – 6.00pm (weekdays) 9.00am – 6.00pm (weekends) Closed on Mondays and Public Holidays

**The Wellness Studio** By appointment

CONTACTS

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### POLO CLUB



#### COVER IMAGE

Atoms Lead Polo Professional, Colonel Ravi Rathore and Polo Professional, Cody Williamson at the 2024 Fall International tournament.

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Dear Members,

s we step into a new year, I take this opportunity to reflect on the remarkable journey we've had together. The past year has been filled with accomplishments, growth, and memorable moments that have strengthened our Club and its spirit. I am very proud of what we've achieved and excited for the opportunities ahead.

A standout event last year was the second SPC Outreach Polo Tournament & Carnival, held on 15 September. With over 3,000 attendees, the event was a resounding success, bringing together the community for a day of fun-filled carnival games and thrilling equestrian activities. The polo matches, featuring the talented players from Atoms Polo Academy and our seasoned polo veterans, were a true spectacle, showcasing the excitement and skill of the sport. We were honoured to have Mr. Desmond Lee, Minister for National Development & Minister-in-charge of Social Services Integration as our Guest-of-Honour. His compliments for the event further emphasised the dedication and excellence of everyone involved.

Thanks to the collective efforts of our members and supporters, we raised substantial funds for the Club's Outreach Fund, enabling us to present cheques of \$8,888 each to four worthy beneficiaries: Children's Aid Society, Gateway Arts, Muscular Dystrophy Association (Singapore), and SWAMI Home. This success reinforces our commitment to giving back to and making a positive engagement impact with the community.

Another memorable event was the recent annual Christmas Light-up, filled with festive joy and laughter. The inaugural SPC's Got Talent showcased the extraordinary talents of our younger members. The Christmas carols, Christmas Bazaar, and the ceremonial cutting of the massive festive log cake added to the festive cheer. The appearance of Santa Claus and Santarina, delighting the children with candies which made the event truly magical for one and all.

I am particularly excited with the phenomenal growth of Atoms Polo Academy and SPC Riding Academy which together has a rider/player base of almost 1,500. With its innovative programmes, Atoms is well on track as one of the largest polo academies in the world if not the largest. I would like to credit the tremendous success of both our academies to our General Manager, Mr Sylvan Braberry. Without his bold vision and exceptional leadership, the Club would not have achieved the remarkable success and positive outcomes we have today.

Additionally, we are eagerly preparing for the launch of our inaugural City Polo Tournament sometime in August 2025, as well as the third edition of the SPC Outreach Polo Tournament & Carnival in October 2025. We are committed to making this event even bigger and better!

Looking ahead, our mission remains clear: "To create a caring equestrian community in the heart of Singapore." With this guiding vision, we continue to work towards fostering a welcoming and inclusive environment that encourages growth and participation in a wide range of equestrian activities. We are dedicated to expanding our community outreach efforts, supporting those who are less privileged and those with special needs.

As I conclude my second term as President, I would like to extend my deepest gratitude to my Committee, Subcommittees, the management team, and all our dedicated staff. Above all, I am truly thankful for the unwavering support of our members. Your participation and enthusiasm in our events, activities and competitions are what truly make this Club so special, and it is because of you that we continue to thrive as a vibrant community.

Thank you once again for your support, and I look forward to seeing all of you at the Club. Wishing you and your loved ones a very Happy New Year! ■

Warm Regards,

#### Lawrence Khong

President

# RECIPROCAL LISTING

COUNTRY	CITY	CLUB	CONTACT (WEBSITE)
AFRICA	South Africa	Inanda Polo Club	www.inandaclub.co.za
ARGENTINA	Pilar	Pilara	www.pilara.com.ar
AUSTRALIA	Canberra New South Wales Perth	Canberra Club Sydney Polo Club The Western Australian Club	www.canberraclub.com.au www.sydneypolo.com www.waclub.com.au
CANADA	Calgary Vancouver Toronto	The Ranchmen's Club Terminal City Club The Boulevard Club	www.ranchmensclub.com www.tcclub.com www.boulevardclub.com
CHINA	Beijing Beijing Shanghai Tianjin	Beijing Riviera Country Club The Tang Polo Club Nine Dragons Hill Polo Club Tianjin Goldin Metropolitan Polo Club	www.bjriviera.com www.tangpolo.com www.ndhpolo.com www.goldinmetropolitanhotel.com
FRANCE	France	Polo Club du Domaine de Chantilly	www.poloclubchantilly.com
HONG KONG	Kowloon Lung Ha Wan Road	Kowloon Cricket Club Clearwater Bay Equestrian & Education Centre	www.kcc.org.hk www.ceec.hk
INDIA	Jaipur Kolkata Mumbai Mumbai	Jaipur Riding & Polo Club Calcutta Polo Club Golden Swan Country Club Mumbai Cricket Association Recreation Centre	www.jaipurpolo.com www.calcuttapolo.com www.goldenswan.com/countryclub www.mcarecreationcentre.com
INDONESIA	Jakarta	Mercantile Athletic Club	www.macjakarta.com
ITALY	Rome	Roma Polo Club	www.romapoloclub.it
JAPAN	Yokohama	Yokohama Country & Athletic Club	ycac.or.jp/wp
KOREA	Seoul	Seoul Club	www.seoulclub.org
LUXEMBOURG	Luxembourg	Cercle Munster	www.munster.lu
MALAYSIA	lpoh Kuala Lumpur Kuala Lumpur Kuala Lumpur	Iskandar Polo Club Sunway Lagoon Club Royal Lake Club Bukit Kiara Equestrian & Country Resort	Nil www.sunway.com.my/club www.royallakeclub.org.my www.berjayaclubs.com
PHILIPPINES	Cebu Makati	Cebu Polo Club Manila Polo Club	www.cebupoloclub.com www.manilapolo.com.ph
SRILANKA	Colombo	Colombo Swimming Club	www.colomboswimmingclub.org
THAILAND	Pattaya	Thai Polo Equestrian Club	www.thai-polo-club.com
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#### Dear Members,

Itrust you had a joyful Christmas, enjoying the company of family and friends. As we close the chapter on 2024, I'm thrilled to look back on another outstanding year for the Club, marked by numerous milestones and achievements.

Both the SPC Riding Academy and Atoms Polo Academy have continued to thrive, with steady growth in our player and rider base. The Riding Academy now proudly has around 900 riders, and we are excited to see further expansion as we extend our reach locally and regionally. Since its inception in October 2020, the Atoms Polo Academy has flourished, now welcoming over 500 nonhandicapped polo players into the Academy.

2024 was also marked by outstanding individual accomplishments. Our rider Yasmine Bonehill represented Singapore in February at the CSIJ-B competition in Pattaya, Thailand, where she secured third place in the individual 95cm to 100cm class Yasmine's success continued in May, when she earned third place in the 110cm class at the KRA Cup CSJI-B in Seoul, Korea, competing against 21 talented riders.

At the National Dressage Championship in April, Megan Ding, Caedan Paul, and Lilly De Geytere emerged as overall champions. In May, Yasmine Bonehill, Nikki Poh, Elly Poh, and Lynly Fong claimed the overall championship title at the National Jumping Championship. We are happy to announce that Ms. Nicola Hammond has been appointed Riding Instructor (Competitions) and her wealth of experience in competing regionally and also coaching in New Zealand will fit in with the new direction for the Riding Academy. This will include hosting key competitions and raising the standard of our competitive riders.

The inaugural SPC Polo League Championship in May was a standout event, earning praise from players and spectators alike for its adrenaline-charged matches in closer proximity. The Atoms Polo Academy also ran two successful seasons of the Atoms Polo League, garnering positive feedback. Players shared how much they learned from both competing and observing, and they are already eagerly anticipating this year's league. These events have been invaluable to our junior players, offering inspiration and real-world experience on the field.

In addition, our polo players had the special opportunity to engage in a friendly match with the Roma Polo Club, and we were honoured to host His Excellency Ambassador Dante Brandi from the Italian Embassy in Singapore during this event.

The second edition of the SPC Outreach Polo Tournament & Carnival also received high praise, offering the public a unique opportunity to explore the diverse equestrian activities available at the Club. A record three thousand attended this meaningful event as the Club expands its outreach to the community and making a difference to the lives of many through equine assisted therapy, fund raising, community support events, school programs and more.

Our Christmas Light-up event was a blast with carnival-like atmosphere and an SPC's Got Talent contest, which showcased many of our Club's talented children with Lana Samson winning first prize. A huge Christmas log cake and children having a go at the piñata rounded up the evening.

Looking ahead, 2025 promises to be another exciting year. We are thrilled to announce the highly anticipated City Polo Tournament in August, which will be hosted at our Club for the first time. Don't miss our Chinese New Year Lo-Hei celebration in February – remember to register early! We are also planning an even bigger and better third edition of the SPC Outreach Polo Tournament & Carnival later this year. With so many exciting events on the horizon, we look forward to your continued support and participation throughout the year.

I would like to take this opportunity to express my sincere gratitude to our President, Mr. Lawrence Khong, as well as the Committee and Sub-committees, for their invaluable guidance and steadfast support. Together, their contributions have been instrumental in enabling the management and team to continually improve the Club and enhance the overall experience for all. A heartfelt thank you to all our members for your continued support over the years.

Wishing you a prosperous and joyful New Year. We look forward to seeing you soon!■

Warm Regards,

**Sylvan Braberry** General Manager

### New Members october to december 2024

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the Club!

#### CHARTER

Hui Pui Yi Aiga Berlim Atmaja

#### HONORARY

Tange Jakob Brix Ahmad A N A Alshuraim

#### REGULAR

Lim Seng Hoo Kevin Pethe Anthony David Carlos Townsend Jung Hyun Ju Li Yue Gan Boon Teng Mary Phillips Richard Louis Monique Goh Holland Michelle Clarissa Gernez Philippe

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# **Calendar of Events**

### Polo

**From 7 January** Field Open for Stick & Ball

> From 21 January Chukkas

15 & 16 March Club Cup

12 & 13 April Patron's Cup 1

**10 to 25 May** SPC Polo League

14 & 15 June Club Cup

**14 July to 4 August** Field Closure

> **30 August** City Polo

**9 to 14 September** Fall Tournament: Silver Cup 4 Goals

**16 to 21 September** Fall Tournament: Gold Cup 6 Goals

**11 October** SPC Outreach Polo Tournament & Carnival

25 to 26 October Patron's Cup 2

> **7 November** Groom's Cup

17 November to 1 January 2026 Field Closure

### **Atoms & Riding**

**8 February to 2 March** Atoms Polo League Season 5

> **1 to 3 April** Easter Pony Camp

26 & 27 April Atoms Spring Cup

> **5 April** Polo Test

21 & 22 June Atoms Summer Cup

24 to 26 June Summer Pony Camp

28 to 29 June Summer Overnight Camp

14 July to 4 August Field Closure

> **15 to 17 July** Pony Camp

**16 to 24 August** Atoms Polo League Season 6

**13 to 14 September** Autumn Overnight Camp

> **11 October** Atoms Outreach Tournament

10 | Singapore Polo Club

**18 & 19 October** Atoms Ladies Cup

21 to 23 October Halloween Pony Camp

> **26 October** Polo Test

**1 November** • Atoms Exhibition Match • Atoms 5<sup>th</sup> Year Anniversary

**17 November to 1 January 2026** Field Closure

> **6 to 7 December** Christmas Overnight Camp

16 to 18 December Christmas Pony Camp

### Social

#### January

Prosperity Golden Garlic DIY Workshop for Adults

#### February

 Annual Lunar New Year Lo-Hei Celebration
 Rolling Good Time Karaoke Session with Buffet Lunch

#### March

Soap Making Workshop for Kids
Essential Oil Health Talk & Workshop for Adults
DIY Leather Pouch Workshop for Adults
Live Music at Polo Bar

#### April

Easter Party for Kids
 Moving Sand Art Workshop with Lighted Base
 for Adults
 Songkran By The Pool for Kids
 Live Music at Polo Bar

#### May

 Desert Plant Potting (Succulent Terrarium Workshop) for Adults & Kids
 Totebag Painting & Silkscreen Printing Workshop for Adults & Kids
 Live Music at Polo Bar

#### June

3D Animal Fun for Kids
Flea Market
Manga Workshop for Kids
Live Music at Polo Bar

#### July

Musical Box Workshop for Kids

 Laser Tag for Kids

 DIY Snowskin Workshop for Kids

 Live Music at Polo Bar

#### August

DIY Lovely Globe (Kids & Adults)
DIY Mosiac Candle Holders
Musical Carousel Workshop for Adults & Kids
Live Music at Polo Bar

#### September

Mid-Autumn Party for Kids
Batik Printing Workshop for Adults
SPC Outreach Polo Tournament & Carnival
Live Music at Polo Bar

#### October

Halloween Party for Kids
Ikebana Flower Arrangement Class for Adults
Acrylic Pour Painting Workshop for Adults
Live Music at Polo Bar

#### November

SPC's Got Talent
Christmas Light-up

#### December

 Christmas Cookies Decoration Workshop
 Miniature Decoratives Christmas Tree & Ornament Workshop for Kids

# Aribute Co: Alston Beinhorn

by Jeffrey Hardee

wonderful aspect of the Singapore Polo Club is a mix of long-time members, generational members and expatriates who come and go. There are those who really make a mark on the organization and polo community at large. Alston Beinhorn was one such member. Sadly, Alston succumbed to cancer on December 7, 2024 at the age of 73, while residing in Texas and still involved with horses with a breeding operation for polo ponies.

Alston and family first moved to Singapore in 1987. Alston was already an avid polo player, with experience leading teams from Texas to play with royalty in Brunei and Malaysia. He played polo actively in Singapore before transfers to London and Toronto. The Beinhorns returned to Singapore in 2007 through 2013 and again made the Singapore Polo Club their home. Alston played regularly and held Committee positions of Treasurer, Secretary and Polo Captain.

Alston's daughters, Summer and Camille, pursued polo in Singapore, becoming polo members of the club and developing their handicaps. Camille played in the early women's tournaments, and Alston played a key role in promoting women's polo in the region. He spearheaded the original women's polo events at the club and brought top players like Sunny Hale and Nina Vestey-Clarkin to Singapore to elevate the women's game.

Inspired by his daughters' passion for the sport, Alston also helped launch a youth polo program with focused training. Alongside Dr. Masood Faizullah, he envisioned and donated the Beinhorn-Faizullah Cup for a youth tournament, which became an annual event. His wife Holly Tupper started a line of decorative polo shirts while in Singapore, adding to the family's close connection to the sport.

Alston had a knack for making connections. A memorable example was the invitation he made to the Ghengis Khan Polo Club in Mongolia to bring a team to Singapore. Bring a team they did, along with a Mongolian yurt set up near the polo field to showcase the traditional dwelling of nomadic families. This was a catalyst for return interaction with the Mongolian club.

After polo, Alston would enjoy socializing with players at the Chukka Bar but a must wear before doing so was a signature bandana around his neck. His easy demeanor and sharp mind made for good conversation. The Singapore Polo Club salutes Alston Beinhorn's legacy and extends our condolences to Holly, Summer, Camille and families.



Alston Beinhorn



Alston Beinhorn and his wife, Holly Tupper



## SINGAPORE POLO CLUB COMMENCATIVE BOOK

Get your copy to read about the history and milestones of our Club



clubs in Singapore. Founded ng's Own Regiment, the 1st B guished heritage steeped in t

Singupor Four Club, A Remarkable Fision y Future traces the Club's journey over the sy efforts, the events and the people that hav and colourful history. What emerges is a fa of a Club that serves not only its members community, and is well-poised to ride into

POLO CLUB



REMARKABLE HISTORY

To purchase a copy, email retail@singaporepoloclub.org

## Singapore Polo Club Hosts ITE College East Students for an Educational Equestrian Visit

n 7 October, we had the pleasure of hosting 85 students from ITE College East for an engaging and educational visit. Led by Mr. Sylvan Braberry, our General Manager and Head of Atoms Polo Academy and SPC Riding Academy, the students were given a unique insight into the world of club management, equestrian sports, and the operations behind our club's academies.

The afternoon kicked off with an informative presentation by Mr. Braberry, who shared his expertise on various topics, including the intricacies of club management, the role of academies in promoting polo and equestrian sports, and what sets the equestrian industry apart in Singapore. His sharing also sparked a lively Q&A session, where students eagerly asked questions about customer service, dispute resolution, and other relevant industry topics.

Following the presentation, the students were taken to the covered arena where they had the chance to meet and

interact with our horses, CJ and Bandit. For many, this was their first time engaging with horses, and the excitement was palpable as students fed and interacted with them.

The students then enjoyed a thrilling polo demonstration by Colonel Ravi Rathore, the lead polo professional at Atoms Polo Academy. They were also given the opportunity to try their hand at polo by hitting a ball with a polo mallet, with some lucky participants winning prizes in a mini competition.

To conclude the visit, Mr. Braberry led the students on a tour of the stables, showcasing essential facilities such as the feed room, horse walker, and shower bay. This provided the students with a deeper appreciation for the hard work and dedication required to maintain the welfare of the horses.

It was an enriching afternoon, and we hope the students left with a greater understanding of the equestrian world and the operations that keep it running smoothly.



A photo moment with Mr Sylvan Braberry and ITE lecturers



Mr Sylvan Braberry happily interacting with students at the polo field



A student practising swinging with a polo mallet



Mr Braberry giving the students a tour at the stables



Mr Braberry addressing the students at the Mountbatten Room





Students having fun when interacting with our horses



Colonel Ravi Rathore (in white) teaching the students about various polo swings



A photo moment at the stable to complete the visit

## **Celebrating the Festival of Lights**

eepavali is a vibrant annual festival celebrated by Hindus around the world. Its name, meaning "a row of lights," represents the triumph of light over darkness and good over evil.

This year, Mr Sylvan Braberry, our General Manager, who is also the Head of Atoms and Riding academies marked the occasion by hosting a delightful lunch for the contract staff of the Housekeeping and Facilities department. The gathering was filled with excitement, warmth and camaraderie as Mr Braberry happily engaged the team, expressing his appreciation for all the hard work they had put in for the Club and distributing thoughtfully curated goodie bags. The afternoon was made even more special with a lucky draw, where team members won prizes personally selected and purchased by Mr Braberry. Lunch was cooked and prepared by none other than our Grounds Manager, Subramanyam with tantalizing desserts and Nasi Briyani that was out of this world.

We extend our heartfelt thanks to the "silent heroes" who work tirelessly behind the scene to ensure the pristine cleanliness of the clubhouse, grounds, clubrooms and the polo field. This celebration not only celebrated the essence of Deepavali but also strengthened the sense of unity within the Club's community.

Contract workers from Eng Leng, Premier Security and AYM beaming with smiles as they enjoy their lunch and lucky draw prizes and goodie bags. Thanks to the SPC team headed by Front Reception and Housekeeping Manager, MPS Rajan, Karen Ying and Wendy Lau who together with SPC staff; organised this meaningful event.





# EQUINE ASSISTED PSYCHOTHERAPY

### by Cathy Livingston

Cathy Livingston, a certified Mental Health Counsellor and Psychotherapist, offers a unique approach to therapy through Equine Assisted Psychotherapy at the Singapore Polo Club. As a certified Equine and Mental Health Professional in Trauma Informed Equine Assisted Psychotherapy, Cathy is involved in the Club's Outreach initiatives and works with clients aged 12 and above who are experiencing anxiety, depression, adjustment issues and the adverse effects of trauma.

To learn more about Cathy's expertise and services, please visit www.livingstoncounselling.com



CLUB NEWS

# Star Search 2024

Behind-the-scenes of Singapore's most influential talent show which made a comeback after a 5-year hiatus

singapore Polo Club is proud to be the venue partner for the official photoshoot and behind-the-scenes filming of Star Search 2024! It is a worthy mention that this primetime programme is one of Singapore's most influential shows which made a comeback after a 5-year hiatus.

During the one-day filming which comprised of photography and videography sessions, participants had to undergo various tasks involving our charming Riding Academy horses and they aced them all!

Here are some behind-the-scene sneaks.









The Star Search 2024 Finals was telecast live on 24 November, on Channel 8.



# Innovation

[noun] the introduction of something new, such as an idea, method, or device

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### Team SPC White clinched the Champions title at this all-ladies tournament

hat a day on the polo field! We celebrated teamwork, elegance, along with a little friendly competition at the Beaujolais Cup, an all-ladies tournament on 26 and 27 October.

Team SPC White clinched the Championship trophy after a fierce battle with Team SPC Purple. The teamwork and camaraderie that the ladies shared on the field is what makes this sport so special.

Congratulations to the winning team and all players for a remarkable play over the two days.

### Most Valuable Player (Amateur)

Ella Santosa

#### **Best Playing Pony**

Brahma owned by SPC and played in the match by Indiana Bennetto

#### Best Turned-Out Pony

Marina owned by Jane Drummond

SCORE OF MATCHES Saturday, 26 October SPC Purple 4 vs SPC White 5 ½			
Billie Mascart	3 goals	Indiana Bennetto	4 goals
Anna Lowndes	1 goal	Sandy Deng	1 goal
		Goal Advantage	¹∕₂ goal

#### Sunday, 27 October

SPC Purple 4 vs SPC White 4 1/2

Billie Mascart	3 goals	Indiana Bennetto	4 goals
Anna Lowndes	1 goal	Goal Advantage	¹∕₂ goal

SPC PURPLE		SPC WHITE (WINNERS)	
Billie Mascart (Capt.)	4	Indiana Bennetto (Capt.)	5
Anna Lowndes / Doreen Pattijin	2	Sandy Deng	1
Jane Drummond	1	Emma Gordon	1
Wu Jiat Hui	1	Ella Santosa / Sarah-Jane Clark	0



Celebrating skill, style, and sportsmanship



#### **Team SPC Purple**

From left to right: Wu Jiat Hui, Jane Drummond, Doreen Pattijn, Anna Lowndes, Billie Mascart



#### **Team SPC White**

From left to right: Indiana Bennetto, Sandy Deng, Emma Gordon, Sarah-Jane Clark and Ella Santosa



Mr Satinder Garcha, Polo Captain (left) awarded Ella Santosa the Most Valuable Player (Amateur) award



Best Turned-Out Pony - Marina owned by Jane Drummond



Best Playing Pony – Brahma owned by SPC and played in the match Nothing beats the thrill of teamwork on the polo field! by Indiana Bennetto





Snippets of the action from the two-day tournament



# **Atoms Novice Cup 2024**

e wrapped up the inaugural Atoms Novice Cup with a bang on 3 November. Played over 2 days, the intense yet friendly tournament featured our budding Atoms polo players.

The team was honoured to have the Club's Honorary Secretary, Mrs Stephanie Masefield, accompanied by General Manager and Head of Atoms Polo Academy and SPC Riding Academy, Mr Sylvan Braberry, kick off the match with a throw-in and award the players during the prize presentation. Congratulations to Atoms White comprising Ash Khan, Magali Sandstrom and Chris Tan on winning their debut tournament in the inaugural Atoms Novice Cup. Team Atoms White was relentless on the field, scoring a total of 7 goals over the weekend. Congratulations for the well-deserved triumph!

We would also like to give a shoutout to Atoms Red and Atoms Black players for being such outstanding contenders! The camaraderie fostered between fellow Atoms players throughout the tournament was a testimony to the true Atoms culture.

	<b>Most Valuable Players:</b> Ash Khan and Magali Sandstrom			
Best Playing Pony: Cumbia				
Atoms White (Champions)	Atoms Red	Atoms Black		
Ash Khan	Carolyn Sullivan	Katharina Beckmann		
Magali Sandstrom	Jackielyn Lao	Amanda Williams		
Chris Tan	Chui Wai Cheng	Sharlene Low-Jap		
Polo Professional Saturday and Sunday: Cody Williamson	Polo Professional Saturday: Colonel Ravi Rathore Sunday: Sani Khan	<b>Polo Professional</b> Saturday: <b>Sani Khan</b> Sunday: <b>Colonel Ravi Rathor</b> e		





Ash Khan and Magali Sandstrom were both presented with the Most Valuable Player award by the Club's Honorary Secretary, Mrs Stephanie Masefield and the Club's General Manager and Head of Atoms Polo Academy and SPC Riding Academy, Mr Sylvan Braberry



Ash Khan and Mrs Stephanie Masefield with Best Playing Pony, Cumbia





Atoms White, the Champion of the tournament

Atoms Red and Atoms Black, with our polo professionals, Cody Williamson, Sani Khan and Colonel Ravi Rathore, Mrs Stephanie Masefield and Mr Sylvan Braberry



Mrs Stephanie Masefield with a ball throwin to mark the start of the tournament





Light-hearted fun moments on field





Intense moment on the field between the teams



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# Grooms Cup 2024

eld on 29 November, the Annual Grooms Cup saw a mix of intensity, skill and camaraderie amongst our groomers and rider boys. The energy at the covered arena was electric and the competition fierce! After a tough battle with one another, the final chukka closed off with a score of six versus six which resulted in a penalty shoot-out.

Team SPC Red scored five goals against their opponents Team SPC White, who fell back by a goal resulting in them becoming

the runners-up of the tournament.

The night ended with a Kenduri, known as a celebratory meal for all players and stable staff at the thoroughfare. During the dinner, the players reminisced their playing moments with one another, upholding the camaraderie of the sport.

Congratulations to Team SPC Red, all players and their horses who were such awesome troopers throughout the chukkas.

#### Winners: SPC Red Most Valuable Player: Kirin of Team SPC White Best Playing Pony: Wanda ridden by Rayman of Team SPC Red Score of Match: SPC Red 6 vs SPC White 6 SPC Red 5 vs SPC White 4 (Penalty Shoot-out)

SPC Red (Winners)	SPC White
Mavin	Syed
Rao	Esa
Madu	Nelson
Rayman	Kirin





The 2024 Grooms Cup officially kicked off with the presence of our Honorary Secretary, Mrs Stephanie Masefield and General Manager and Head of Atoms Polo Academy & SPC Riding Academy, Mr Sylvan Braberry

3 cheers to the Grooms Cup!



Champions: Team SPC Red **From left to right:** Cody Williamson, Colonel Ravi Rathore, Mr Sylvan Braberry, Mrs Maureen Miller, Madu, Rayman, Rao and Mavin



Runner-up: Team SPC White **From left to right:** Cody Williamson, Colonel Ravi Rathore, Mr Sylvan Braberry, Mrs Maureen Miller, Kirin, Nelson, Esa and Syed



Kirin of Team SPC White receives the Most Valuable Player award from Mrs Maureen Miller and Mr Sylvan Braberry



Best Playing Pony, Wanda ridden by Rayman of Team SPC Red



Intense emotions as we cheer the players on



Players getting a quick briefing from Colonel Ravi Rathore, Lead Polo Professional of Atoms Polo Academy and umpire of the match



Team SPC White vying to take the lead



Tough battle ensued between both teams as they attempt to get the ball



Team SPC White takes a penalty



The final battle for victory





Moments from the "Kenduri" at the thoroughfare





Players autographing an Atoms jersey (left) and Mr Sylvan Braberry (right) proudly showcasing the autographed jersey

ho knew soccer could be this fun? A unique twist on the classic game had the children suited up in bubble encompassed floats. Packed with laughter, excitement and a little friendly competition, our young attendees had some epic moments on 29 November despite the muddy, wet field.

Bounces, hits and tumbles flew as the children boosted their scores with communication and teamwork.

Keen to be part of such thrilling activities this year? Reach out to our Academies for more details via riding@singaporepoloclub.org or atoms@singaporepoloclub.org.



Excitement grows with tumbles and rolls across the field

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### SOME THINGS ARE WORTH

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\* Fees includes a SPC T-Shirt and course materials.

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500

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## **Riding Academy's Dressage Interclub Show**

ur riders elevated their riding skills at our Dressage Interclub Show held on 12 and 13 October! This twoday event was more than just a competition; it was a celebration of dedication, teamwork, and the love for horses.

Congratulations to everyone who participated!

#### SATURDAY, 12 OCTOBER 2024

FEI PRIX ST. GEORGE EDITION 2009 - UPDATE 2022

1<sup>st</sup> place: Megan Ding & J'Adore 66.324% 2<sup>nd</sup> place: Gina Lim & Heathrow W 58.382%

#### EA ADVANCE 5.1 (EFFECTIVE 2023)

1<sup>st</sup> place: Kamila Wilson & Derrel 66.486%

#### **EA ELEMENTARY 3.1 (EFFECTIVE 2023)**

1<sup>st</sup> place: Ay Wen Lie & Gaudi 65.143% 2<sup>nd</sup> place:

Lilly De Geytere & Rambo 62.714%

#### EA NOVICE 2.1 (EFFECTIVE 2023)

1<sup>st</sup> place: Alessandro Caldana & A Touch of Sportsfield 64.231% 2<sup>nd</sup> place: Corinne Williams & Rambo 62.308%

#### **EA PRELIMINARY 1.2 (EFFECTIVE 2023)**

1<sup>st</sup> place: Aisha Eva Klomp & Golden Crown 68.393% 2<sup>nd</sup> place: Julian Clark & Venice 64.643%

#### **EA PRELIMINARY 1.1 (EFFECTIVE 2023)**

1<sup>st</sup> place: Sophie Grotowski & Magic Coco 68.000% 2<sup>nd</sup> place:

Julian Clark & Venice 63.400% Alannah King & Pio 63.400%


RIDING

#### SUNDAY, 13 OCTOBER 2024

#### FEI INTERMEDIATE I EDITION 2009 – UPDATE 2022

**1ª place:** Megan Ding & J'Adore 68.235%

#### FEI JUNIOR TEAM TEST (SENIOR II) EDITION 2012

**1<sup>st</sup> place:** Kamila Wilson & Derrel 66.212%

#### EA ADVANCED 5.3 (EFFECTIVE 2023)

**1<sup>st</sup> place:** Gina Lim & Heathrow W 62.432%

#### EA ELEMENTARY 3.3 (EFFECTIVE 2023)

**1⁵t place:** Ay Wen Lie & Gaudi 63.171%

#### EA NOVICE 2.3 (EFFECTIVE 2023)

**1st place:** Lilly De Geytere & Pio 65.429% **2nd place:** Belinda Chin & Halifax 61.143%

#### EA PRELIMINARY 1.3 (EFFECTIVE 2023)

**1⁵⁺ place:** Aisha Eva Klomp & Golden Crown 64.583% **2°ª place:** Zoe De Geytere & Mc Kenny 62.500%

#### EA PRELIMINARY 1.1 (20 X 40) ARENA (EFFECTIVE 2023)(JUNIOR)

**1st place:** Victoria Shaw & Mc. Kenny 63.200%



 Lubra Jiaw Place:

 Indi Sicrea & Tiptoe 61.600%

 Ana Stora & Keepsake 59.400%

 Ana Stora & Catharina 57.400%

 Briane:

 Ayaa Sophia Hakim & Rascal 41.600%

### NEC Season-End Dressage Show

hat an incredible closure to the season! Every ride, every moment, and every achievement has brought our riders closer to their goals and we couldn't be prouder of them for acing through it all.

Our Academy riders, Gina Lim and Alessandro Caldana clinched the top spots at National Equestrian Center's Season-End Dressage Show held over two days, 19 and 20 October.

Well done team!

#### SATURDAY, 19 OCTOBER 2024

CLASS 2: EA ADVANCED 5.1 (EFFECTIVE 2023)

**1<sup>st</sup> place:** Gina Lim and Heathrow-W

SUNDAY, 20 OCTOBER 2024

CLASS 13: EA ADVANCED 5.3 (EFFECTIVE 2023)

**1<sup>st</sup> place:** Gina Lim and Heathrow-W

CLASS 16: EA NOVICE 2.3 (EFFECTIVE 2023) 2<sup>nd</sup> place: Alessandro Caldana and A Touch of Sportsfield



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Contact Atoms Polo Loft at +65 6854 3955 or email retail@singaporepoloclub.org

### SPC Young Rider, **Grace Toal**

With passion and determination, our young rider, Grace Toal is ready to conquer the equestrian world one ride at a time. She shares with us about her riding journey and reveals her idol in the equestrian world. Keep shining, superstar!

When did you start riding, and how old were you? I started riding in 2021; the year I turned 8 years old.

When did you join SPC and what do you like about the club? I joined SPC in 2021 because it has a good Riding Academy with friendly coaches. I have made many friends throughout these few years who like me enjoy riding.

How long do you train / How many days do you train in a week? Last year, I trained twice a week. However, I would like to start training thrice a week starting from this year.

How do you find time to juggle between school and riding? Besides riding, I play football competitively. I complete all my homework before I attend my riding lessons or football training sessions. So far, I have not encountered any time management issues.







#### Any interesting experience?

Yes. I have fallen off the horse many times. It is a scary experience but quitting is not an option for me. I just pick myself up, dust it off and go again.

### Do you ride on your own horse, or is there a favourite horse you're comfortable riding?

I do not own a horse but my favourite horses at the Academy are Rascal and Sir James. Most of my lessons and competitions are with them. Over the years, I have learnt so much through them and I am thankful for that.

#### Who is your idol in terms of riding?

My riding idol is Harlow Luna White, an equestrian influencer based in The United Kingdom. She is an inspiring rider who taught me how to tack and untack my horse through her YouTube videos.

### Have you participated in any training shows, interclub shows, nationals or world championships?

I have participated in local inter club shows for the past two years. In the coming years, hopefully I would like to participate on a national level.

### Have you visited any riding clubs overseas or engaged in any riding activities?

I have not visited any riding club overseas but have engaged in riding activities in Ireland. I loved the experience very much and it's etched close to my heart. What's your advice for someone intending to take up riding? My advice to new riders would be to form a connection with your horse and you should not be afraid to fall off a horse.

### What are your future plans and ambitions, where do you see yourself?

I would like to jump 105cm by the end of 2025.



### FEI Dressage World Challenge & Season Finale at BTSC

ur talented riders, Megan Ding and Yasmine Bonehill clinched the top spots at Bukit Timah Saddle Club's Season Finale and FEI Dressage World Challenge 2024 on the weekend of 16 and 17 November.

#### **NOVEMBER 16 - SEASON FINALE**

FEI PRIX-ST-GEORGE 1\*\* place:

Megan Ding & J'Adore 63.1618%

EA NOVICE 2.2

**1<sup>st</sup> place:** Yasmine Bonehill & Fontrice 66.8740%

#### NOVEMBER 17 - FEI DRESSAGE WORLD CHALLENGE 2024

**FEI INTERMEDIATE 1** 

1<sup>st</sup> place:

Megan Ding & J'Adore 68.675%

FEI YOUTH/CHILDREN TEAM TEST

**3<sup>rd</sup> place:** Yasmine Bonehill & Fontrice 64.8500%



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### ONE STEP CLOSER TO PERFECTION



Keep a look out for more details coming your way

Get up close and personal with our horses and enjoy fun-filled activities guided by our dedicated professionals at SPC Riding Academy. Great for kids 6 years old & above.

> For inquiries, contact us at 6854 3980 or riding@singaporepoloclub.org

### **October Pony Camp**

S PC Riding Academy and Atoms Polo Academy hosted their October Pony Camp from 15 to 17 October. Kicking off during the school holidays, the camp saw a crossover of students from both the Academies which enabled the children to make new friends and find out more about each equestrian discipline.

Incorporating both riding and polo elements, the three-day outdoor

camp was an eye-opener for our happy campers. They enjoyed

joyful train rides, exciting jungle trail rides, thrilling treasure hunt and got to spend lots of quality time interacting with our horses and ponies.

Our pony camps offer the perfect opportunity for kids to discover the joy of riding and bonding with our four-legged majestic pals. Email<u>atoms@singaporepoloclub.org</u> or <u>riding@singapore poloclub.org</u> to be part of their upcoming camps and activities.



Atoms polo professional, Cody Williamson (in white) with our groomers and pony campers



Happy campers with their certificate of completion



Leading a pony



Atoms polo professional, Cody Williamson showing a saddle pad to the children



Experiencing a fun ride at the covered arena on our riding school horses



Incorporating some polo element to the camp – learning to use a polo wrap on a polo pony's legs



Pony campers enjoying a ride around the arena



Riding instructor, Danial guiding a rider to shower a horse using the right technique

### GO GREEN FOR THE

Stay updated with recent Club happenings by subscribing to our bi-weekly e-newsletter.

The Club is also advocating a greener environment and would like to encourage members to go paperless by opting out of receiving a hard copy of our Club's quarterly magazine. Contact the Marketing team at marketing@singaporepoloclub.org to indicate your interest.

Digital copies of our current and past magazines are available for your reading at **www.singaporepoloclub.org** 

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### SAVE THE DATE



### ANNUAL LUNAR NEWYEAR LO-HEI CELEBRATION

Join us for an evening of abundance and prosperity at our lively Lo-Hei gathering! Celebrate the arrival of the Year of the Snake as we toss the ingredients of the raw fish salad together, embracing the promise of a prosperous year ahead.

### FRIDAY, 7 FEBRUARY 2025 7PM, THE POLO BAR

### **Event Highlights:**

• Lo-Hei

picture is for illustration Purpos

- Lion Dance Performance
- Plucking the Greens Ceremony
- Phototaking with Fortune Mascot

This event is complimentary. Open to members and their guests only.

### **BEST CHEONGSAM CONTEST**

Ladies 18 years old and above are invited to showcase their elegance in our Best Cheongsam Contest!

To enter, simply submit a photo of yourself wearing your finest Cheongsam for selection.

Participation Fee: \$28 nett Eligibility: 18 years and above

Don't miss the chance to celebrate tradition and style -Submit your entry today!

Please register your attendance and submit your Cheongsam entry to events@singaporepoloclub.org by 1 February 2025



### LUNAR NEW YEAR STAYCATION

Ring in the Year of the Snake and elevate your experience by staying in our exquisite club rooms! Indulge in comfort and style while you celebrate the season with family and friends.

### From \$221<sup>+</sup> per night

Applicable on 28, 29 & 30 January 2025

Room stays are for members and their guests only

To book a stay, email reception@singaporepoloclub.org



### A Magical Christmas Light-up

winkling lights and festive vibes filled the air at our Annual Christmas Light-Up held at the Polo Bar & Verandah on 6 December! Attended by members and their families, the evening was a sight to behold with art and craft sessions for children, festive bazaar for parents to shop to their heart's content, lively music and games!

Our President Mr. Lawrence Khong, along with Honorary Secretary Mrs. Stephanie Masefield, and Committee Member Mr. Leon Chu kicked off the festivities by launching the Christmas Light-Up, filling the clubhouse with dazzling lights and holiday cheer. They also officiated the cutting of the giant log-cake, which was enjoyed by all!

A highlight of the evening was the inaugural SPC's Got Talent competition, where six of our young members amazed us with their incredible skills and creativity! From stand-up comedy to violin recitals, they charmed everyone with their confidence. Congratulations to 8-year-old Lana Samson who walked away as Champion after performing a comedy skit featuring her horse, Mimo.

The festive atmosphere continued at the Polo Bar, where our SPC Team filled the air with Christmas carols, accompanied by General Manager and Head of the SPC Riding Academy & Atoms Polo Academy, Mr. Sylvan Braberry, on guitar and SPC Riding Academy's Lead Instructor, Daniel Sitranen on the Cajón.

Members had a blast shopping at the festive bazaar, creating holiday crafts, snapping photos with Santa & Santarina, and swinging at the piñatas filled with treats! We wrapped up the evening with hearts full of warmth and gratitude for all the wonderful guests who made our Christmas celebration so special.

Some of our happy guests for the evening







Getting arty crafty by creating some Christmas themed handicrafts





Children actively participated in party games







Balloon Sculpting

From left to right: Committee Member, Mr Leon Chu, President, Mr Lawrence Khong, Honorary Secretary, Mrs Stephanie Masefield cut the giant log-cake and officiated the light-up

gave a welcome speech



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# Eggs-travaganza Eggs-travaganza

### Hopping in April 2025

For enquiries, email events@singaporepoloclub.org



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For further information or to make a booking, contact Simon at Vantage Tennis on tel +65 9144 5223 or email simon@vantagesportsgroup.com

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Reflexology helps detoxify the body... and improve sleep patterns.

### <u>The Benefits of</u> Foot Reflexology

Beyond relaxation, "Happy Feet" foot massages are packed with health benefits. Reflexology helps detoxify the body, boost your immune system, and improve sleep patterns. By stimulating key reflex points, this therapy promotes better energy flow, eases tension, and supports your body's natural healing processes. Whether you're looking for stress relief or a wellness boost, Happy Feet is your go-to for all-around health.

### <u>Your Well-Being, One</u> Footstep at a Time

Let us guide you through the world of reflexology, promoting balance and rejuvenation from the ground up. It will leave you feeling light, refreshed, and ready to walk into 2025 with vitality and strength! Free Your Stresses, Soothe Your Soul



### **Happy Feet**

Our Happy Feet treatment stimulates reflex points in the feet and calves, invigorating your entire body and boosting energy levels. It also helps you to relax after a long day of walking.

### **Benefits:**

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### 8 Auspicious Food to Ring in Lunar New Year

Feast your way into the Year of the Snake with these 8 auspicious and delectable foods that bring in good luck, fortune and joy! From dumplings to noodles, each dish is a symbol of prosperity. What's on your festive table this year?



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LIFESTYLE



#### Fish

In Chinese, "fish" (Yú/yoo/) sounds like 'surplus'. Indulging in a sumptuous steamed fish signifies progress, abundance and luck. It is also customary to leave some fish uneaten after the meal as a symbol of hope for a prosperous year ahead.



#### Yu Sheng

Yusheng meaning "raw fish" in Chinese, is a salad dish comprising thin slices of raw fish, an array of vegetables and seasonings that are mixed together as diners toss the ingredients. The tossing of yusheng signifies prosperity, opportunities, good luck and health.



#### Mandarin Oranges

Signifying prosperity, good fortune and abundance, mandarin oranges are a staple during Lunar New Year. They are exchanged in pairs as a way to wish your loved ones with happiness and prosperity. In the Chinese culture, even numbers are considered auspicious. Mandarin oranges with stems and leaves still attached are known to symbolise longevity and fertility.



### Spring Rolls

Spring rolls signify wealth during the Lunar New Year season. These are usually filled with vegetables, meat or sweet ingredients, wrapped with a thin paper dough and deep-fried till golden brown. Resembling "gold bar" blocks, they are termed as a wish for prosperity.















### Nian Gao

Known as 'year cake', these are the perfect blend of tradition and taste. This chewy rice cake is eaten every Lunar New Year to symbolise a more prosperous year. They are sticky, sweet snacks made from glutinous rice flour, water, sugar and is eaten hot.

### **Roast Chicken**

During the new year, chicken is usually served whole to symbolize 'unity' and 'wholeness', while also signifying 'a good beginning and end' to the year. They can be served braised or roasted for a reunion meal.

### Dumplings

These thinly rolled pieces of dough are filled with ground meat and vegetables which are sealed by pressing the edges together. They are best eaten boiled, steamed or pan-fried with an accompaniment of sauces. A belief has it that the more dumplings you eat during the New Year celebrations, the more money you can make in the New Year.

#### Longevity Noodles

Longevity noodles represent happiness and longevity. It's length and unsevered preparation are also symbolic of the eater's life. The noodles are usually served uncut, stir fried or boiled and served in a broth.



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\*For more information, please Contact Scott @9185 0900 or Louis @9010 6631

### **Eating A Healthy Breakfast**

Breakfast is often called the most important meal of the day, and for good reason. Eating breakfast every day is a key component of maintaining a healthy diet as it helps regulate your metabolism and provides your body with the necessary energy and nutrients to start the day. It also helps control your hunger, reducing the likelihood of overeating later on.

### Why Breakfast Matters:

Metabolic Boost: Breakfast jump-starts your metabolism, helping your body burn calories more efficiently throughout the day. Nutrient Intake: A balanced breakfast provides essential vitamins and minerals that support overall health, including brain function and energy levels.

**Appetite Control:** Eating a nutritious breakfast helps prevent midmorning hunger pangs and reduces the temptation to snack on unhealthy foods.

### Healthy Breakfast Ideas:

Oatmeal with Fruit: Rich in fiber and antioxidants, oatmeal paired with fresh fruit is a nutritious way to start your day. Whole-Grain Toast with Nut Butter: This combination provides a good balance of protein, healthy fats, and complex carbohydrates. Eggs with Vegetables: Eggs are a great source of protein, and adding vegetables boosts your intake of vitamins and minerals.

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LESSONS ON MONDAYS & FRIDAYS 5 TO 14 YEARS 4.00PM – 6.00PM

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