

SINGAPORE

POLO

CLUB

ISSUE 04



Fall International Tournament 2022

Thrilling highlights of the season

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135th Anniversary
Gala Dinner

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RIDING
SPC Young Rider –
Ciara Zhang

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LIFESTYLE
10 Healthy Ways to
welcome the New Year




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TRIBUTE**

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& Lifestyle Manager

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Riding School Manager

OPERATING HOURS

FRONT DESK

7.30am – 9.30pm (Sunday to Thursday)
7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS

The Paddock
8.00am – 10.30pm (daily)
(Last order at 9.30pm)

The Polo Bar
6.00pm – 10.30pm (daily)
(Last order at 9.45pm)

Coriander Leaf
@ The Mountbatten Room
6.00pm – 10.30pm (daily)
(Last order at 9.45pm)

The Verandah
8.00am – 11.00pm (daily)
(Last order at 9.30pm)

FACILITIES

Gym
7.00am – 9.00pm (weekdays)
8.00am – 8.00pm (weekends)

Swimming Pool
7.00am – 9.00pm (daily)

Tennis Courts
7.00am – 10.00pm (daily)

Gaming
12.00pm – 10.30pm (daily)

Atoms Polo Loft
10.00am - 6.00pm (Tuesday to Friday)
9.00am - 6.00pm (Saturday and Sunday)
(Closed on Mondays and Public Holidays)

The Wellness Studio
10.00am – 9.00pm
(Tuesday to Sunday)
Closed on Mondays

CONTACTS

Committee	secretary@singaporepoloclub.org
Events & Banquet	events@singaporepoloclub.org
Facilities & Grounds	facilities@singaporepoloclub.org
Finance	accounts@singaporepoloclub.org
Food & Beverage	info@corianderleaf.com
Gaming	gaming@singaporepoloclub.org
General Enquiries	enquiry@singaporepoloclub.org

HR & Admin	hradmin@singaporepoloclub.org
Marketing, Advertising & Sponsorship	marketing@singaporepoloclub.org
Membership	membership@singaporepoloclub.org
Polo	polo@singaporepoloclub.org
Riding	riding@singaporepoloclub.org
Sports & Recreation	snr@singaporepoloclub.org
Atoms Polo Loft	atoms@singaporepoloclub.org



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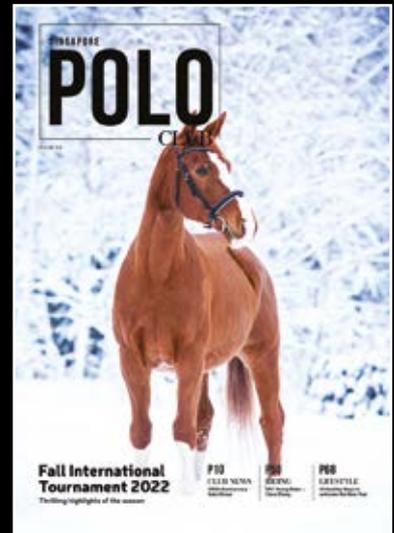
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CONTRIBUTORS

- Angeline Chauhan
- Corey Koh
- Dominic Han
- Elly Poh
- Hissam Ali Hyder
- James & Noriko Clark
- Jarod Zhang
- Leonie Elfversson
- Megan Ding
- Soh Wei Qi

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80 Mount Pleasant Road, Singapore 298334
 Tel: +65 6854 3999 | Fax: +65 6256 6715
 Email: enquiry@singaporepoloclub.org
 www.singaporepoloclub.org
 Permit No: MCI (P) 063/11/2022

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New Members

JULY TO SEPTEMBER 2022

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the club!

CHARTER

Mukumbi Litana
Poh So Jin
Low Carmen (Liu Jiawen)
Elina Avdieieva
Ong Jia Yi
Heng Siew Mei
Cai Yun
Zhu Liang Hui Hui
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Tan Zhen Yang
Ayush Manya Sharma

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Zhu Hongyan
Chen Wenhui
Tay Bee Eng Angelyna
Swan Erika Ann (Mrs Erika Sampoerna)
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Li Bing
Zhu Wei
Fiona Louise Gray
Agraj Sharma
Kwan Ken Wee
Yue Zhang
Beatty Daniel Curtis
Wang Le
Qin Youzhen
Lee Siew Ling Jessica
Stephanie Jane Keen



The Club's 135th Anniversary Gala was held on 7th October 2022 at the Carlton Hotel amidst much pomp and glory, befitting the theme "Sport of Kings and Queens." The theme epitomised the famous verse inscribed on a stone tablet next to a polo ground in Gilgit, Pakistan: "Let other people play at other things. The King of games is still the game of Kings." These days however, it is not just men, but ladies who also play this thrilling sport, and many members and their guests were dressed to impress. "Band on the Run" gave a wonderful performance and entertained members with their excellent mix of music that kept them dancing the night away.

The highlight of the evening was the live auction of ten oil paintings created by the elderly from TOUCH and special needs clients from JOURNEY, an arm of TOUCH Community Services, with members making generous bids. With a starting bid of \$300 each, most of the paintings went for much higher, with one hitting the thousand-dollar mark. There was also a silent auction for two watches, kindly donated by Jaeger-LeCoultre, in support of the Club's Outreach initiatives.

Outreach convenor and Vice President, Lawrence Khong, presented a video on the Club's Outreach initiatives which signify a new milestone as the Club continues to expand its engagement with the community through its Outreach arm. To add to the night's entertainment, Lawrence who is Asia's top illusionist, also captivated the audience with his magic skills.

Members were treated to a wonderful feast along with a pairing of Royal Salute with sponsors Pernod Ricard presenting their 30-year-old single malt during the cocktail reception. They also had the opportunity to observe a watchmaker from Jaeger-LeCoultre showcasing the various intricate pieces and movement that makes up one of the world's finest watches.

A big thank you to our sponsors, Jaeger-LeCoultre and Pernod Ricard. Special thanks to Mr Kenny Li from Carlton Collection, who very generously sponsored the Carlton Hotel venue, along with the entire food and beverage for the night. The Club is indeed blessed to have such wonderful sponsors who really made our Gala a night to remember. Last but not least, a big thank you to the Management team and Lifestyle Sub-committee who made sure that every detail was looked into in order to ensure a great party.

The Fall Polo Tournament Season was a success with our talented Club players and as many as seven polo professionals which included Hissam Hyder (5-goal), Carlos Pando (4-goal), and Colonel Ravi Rathore (3-goal) playing many adrenalin pumping matches.

The last quarter of the year saw even more excitement with the Atoms Cup featuring junior and senior players from our Atoms Polo Academy pitting their skills in this inaugural tournament. The Atoms Family Cup, which took place at the beginning of October, featured parents and their children playing against other families in a day of fun and family togetherness. The Family Cup will be held annually and will see even greater participation next year as we gear towards an even more thrilling and exciting polo season.

As we approach the last quarter of the year, I would like to thank all members for their support and understanding during the prolonged Covid-19 restrictions, my fellow Committee members, the management and staff for helping to navigate the Club through these difficult times to ensure that your every visit to the Club is a pleasant experience.

I wish you and your families all the best as we approach the year-end festive season.

See you at the Club. ■

Warm Regards,

Stephanie Masefield
President



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Dear Members,

Time flies and we are once again at the last lap of the year. After a two-year hiatus, festive celebrations with our loved ones will finally be taking place without restrictions. If you're looking for venues to have your Christmas dinner with the family, Coriander Leaf @ The Mountbatten Room would be an ideal choice. A mini Christmas light-up to bring in festive cheer will be organised with fun and games for members, their families and friends. Our lifestyle team is already working out the details for this event and will work with our F&B operator to make it an evening to remember.

Our 15 elegantly-appointed club rooms have been well-received by members and they are a great way to spend time at the Club during the upcoming festive season and school holidays. If you have yet to experience a stay here, contact our friendly reception team for bookings.

SPC Riding Academy welcomed three new club horses from the United Kingdom to our current string of horses and they will soon be available for lessons. Kudos to our disciplined and hardworking riding professionals, Daniel Sitranen, Edric Lee, Ruelle Laurent and Pua Yien Yien and the administrative team as the department continues to be one of the best-run sections in the Club.

The Atoms Polo Academy is proud to be acknowledged by well-known polo personalities as one of, if not the largest polo academies in the world. Atoms players can look forward to the launch of the Atoms Arena Polo League Championships which had been shelved since Covid-19 and recently revived to add new excitement with friendly competitions. The Atoms League will have a League Cup Final as a curtain closure for the league season with honour boards recognising team/players' achievements.

I take great pleasure in announcing the appointment of Colonel Ravi Rathore as Atoms Lead Polo Professional/Coach. The "Colonel" as he is fondly known, joined us full-time in August 2022. While I continue to guide and helm the academy, Colonel Ravi will bring much needed leadership amongst the Club's Atoms Polo Professionals as we steer Atoms towards being the best academy in the region. We also welcome Atom's new addition Polo Professional Visvaraj Singh (Vishu) (1-goal) who is well versed in the management of horses and has played in Argentina and the United Kingdom. As Atoms goes through a recalibration, every Atom can expect an exciting year ahead filled with great polo, fun activities and great competition as we up the ante to raise their adrenalin levels and competitive spirit.

End November will see our Rider Boys complete their 8-week training programme under the Colonel on a higher level for horse management. They will provide a better back up for members whose horses are managed by Polo Pros in the event they have to go away on short notice.

To create an exciting and friendly environment, combined events for riding and polo academies like Laser Tag, Camps and the recent Halloween night were organised. A record participation of 160 members for the Riding/Atoms Halloween Night event exemplifies the spirit of camaraderie and positivity that such events can create. A big thank you to both Riding and Atoms team for their support and hard work in making these events such a great success!

We would like to thank our President, Mrs Stephanie Masfield, the Committee for their guidance and all members for your support and understanding as the Club moves towards positively improving your overall club experience.

Here's wishing everyone a happy and wonderful festive season. ■

Warmest Regards,

Sylvan Braberry
General Manager



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SPC Celebrates 135th Anniversary

The much-awaited SPC Gala Dinner was held at Carlton Hotel Singapore on 7 October 2022. Having postponed from last year due to the Covid-19 restrictions, all 160 seats were sold out within a few weeks and a few members had to be on the waitlist.

Members were encouraged to dress to the theme of “Sport of Kings and Queens” and many showed up in royalty attire and fancy costumes which added much fun and glitz to the evening.

Cocktail reception was met with a Jaeger-LeCoultre watch-maker with intricate pieces of a watch and putting them together. Royal Salute had a tasting booth of their 30-Year-Old Key to the Kingdom Royal Scotch Whisky. Art Works Advisory displayed three stunning original art pieces of horses from Chinese contemporary artist, Ma Dongmin. Re.juve offered a selection of their healthy cold pressed juices, much to the delight of the health conscious and those who prefer non-alcoholic drinks.

Members found out more about the history of the Club with the SPC heritage panels depicting how the Club was established, her struggles over the years, some facts on Polo and Riding as well as the various initiatives the Club has organised for Outreach.

The evening began with a welcome speech by the Club's President, Mrs. Stephanie Masfield who spoke about the achievements of the Club and thanked our generous sponsors for making this Gala Dinner possible – Mr. Kenneth Li of Carlton Collection, Jaeger-LeCoultre, Royal Salute, Art Works Advisory, Re.juve, Far East Flora, The Wellness Studio and Coriander Leaf.

The Club's Vice-President and Lifestyle Convenor, Mr. Lawrence Khong shared what SPC Outreach team does and the various initiatives it has launched over the years.

An Outreach video was also shown to members and guests on the Outreach events that were held to bring joy to our beneficiaries.

10 beautiful art works painted by the elderly from TOUCH Community Services and intellectually challenged artists from JOURNEY were auctioned that evening. The highest amount raised for one painting was at \$1,000 and it went to Melissa Tan. Other generous bidders include Koh Pei Bei, Wu Jiat Hui, Doreen Koe Pattijn, Rajan Menon, Jane Drummond and her husband, Ivan Chua and Sylvan Braberry. All proceeds from the auction goes towards TOUCH Community Services.

Two bids were received by the end of the evening for one of the Jaeger-LeCoultre Reverso watches and the higher bid goes to Mr. Thorsten Neumann with a bid price of \$10,888.50. The other was bid for by an anonymous bidder at \$10,000. The proceeds from the auctioned watches go towards the Club's Outreach funds to enable the Club to organise more meaningful initiatives to touch lives.

As the evening move towards a more light-hearted note, nominees for the Best Dressed King and Queen were invited up to the front of the ballroom for a Q&A session and a catwalk.

Mr & Mrs Christian Schmollinger were crowned the 'Best Dressed King & Queen in their Egyptian costumes. In 2nd place, we have Mrs Doreen Koe Pattijn and Mr. Thomas Bonehill. In 3rd place, Ms. Melissa Tan and The Queen Trio (Ms Victoria Great, Mr Fernando De Matos as Freddie Mercury from Queen and the late Queen Elizabeth) and in 4th place, Mr & Mrs Tiago Alves.

The revelry continued on the dance floor with many having a wonderful time dancing to the great tunes performed by Band on the Run. We thank all members for their support in making our 135th Gala Dinner a successful and fun one! We hope you have many fond memories from the celebration and made some new friends from the Club!

Who Wore What





Live auction of 10 art pieces from TOUCH Community Services and JOURNEY



Invited beneficiaries



Guests from TOUCH Community Services and JOURNEY



Members at our live auction



Our generous sponsors



Art Works Advisory



Re.Juve



Royal Salute



Our General Manager, Mr Sylvan Braberry with the organising team



Mr Lawrence Khong performs a little magic to warm up the crowd



Our General Manager, Mr Sylvan Braberry with a song rendition



Band on the run



Watch maker by Jaeger-LeCoultre



An exclusive 135th Anniversary watch on display



SPC's Vice President, Mr Lawrence Khong (left) presents Mr Thorsten Neumann with the 135th Anniversary Jaeger-LeCoultre watch which he bid for at \$10,888.50



Congratulations to the winners and participants of the Best Dressed Competition



Best Dressed Competition



Cake cutting and champagne toasting



Happy guests at the dinner



Truly was a night to remember

In-house Certification Programme for Polo Grooms



Colonel Ravi Rathore, polo professional (in grey) and the polo grooms



Mr Sylvan Braberry, General Manager of SPC guiding Madu, Assistant Stable Manager on excel sheet computing

Management has introduced an in-house certification programme to raise the quality of horse management services. The certification programme would allow grooms to be certified Rider Boys once they have achieved a certain level for seat and balance, horse fitness/stamina and horse command.

The next level will see them being taught the finer skills of polo riding, horse fitness, command and stick work to achieve Polo Rider Level 1 certification. Finally to attain Polo Rider Level 2, they will be taught a higher level of stick & ball, horsemanship, polo riding and from time to time; instructional chukkas.

This initiative is to widen our support in times when Polo Pros are away and as an alternative ad-hoc service to horse owners.

In addition, management has recently introduced a Workload Chart for Club Polo Horse Utilisation which systematically assesses the extent of workload each horse is subjected to. This will be monitored on a daily basis by the Polo Office and updated by Mr. Kumar - Mt Pleasant Stable Supervisor, who will work with the relevant Polo Pros accordingly. The Workload Chart is colour-coded for ease of use by the staff and recorded as Light, Moderate or Heavy to monitor the time gap between such activities and whether a horse has sufficient rest/exercise.

Selected Stable Managers and Supervisors underwent computer training to better their skills so that they are able to record, monitor such activities and to send their reports to the Management.

Well done everyone!



The polo grooms at our outdoor arena

Participants of the Programme:

Colonel Ravi Rathore
Polo Professional

Dao Madukar Reddy
Assistant Stable Manager

Mavin Vinnarasan A/L S Ansilvam
Groom

Syakirin Mohd Johari
Rider Boy

Rayman Moses
Rider Boy

Vengates Rao A/L Chandra Sekara
Assistant Supervisor

Nelson Thomas
Senior Supervisor

Goguri Srinivasreddy
Assistant Supervisor

Esvaran A/L Sundhararaj
Groom



The team at a training session led by Mr Sylvan Braberry, General Manager of SPC



Getting to Know Nelson Thomas, Senior Stable Supervisor

In this second SPC staff profile series, we had a hearty chat with Nelson, our Senior Stable Supervisor. He shared with us the nature of his job, his passion for horses and his aspirations for the future.

Tell us about what you do in your job.

I manage 30 horses at the stable and my daily tasks include feeding and grooming them. My job also requires me to ensure that the horses are clean by brushing their coats and oiling their hooves. In the mornings, I exercise the horses around the sand tracks and that really makes my day. I continue the day by cleaning their gears such as saddles, bridles and other riding equipments before preparing them for riders. While interacting with them, I try to look out for any illnesses or injuries.

How long have you worked at SPC? How old were you when you joined the Club?

I joined SPC 11 years ago at the age of 22 and started out as a groomer/ rider boy.

What do you enjoy most in your job? What makes you happy?

The joy of interacting with and being around horses is the most enjoyable part of my job.

What do you like about working at SPC?

Our General Manager, Mr Sylvan Braberry. He has been very supportive, not only towards me but to all stable staff and colleagues at SPC. I love the positive working environment at the Club and the bond that I share with my colleagues.



Nelson (second from left) after the Grooms Cup in 2018

What are some of the challenges you face in your role?

Horses have a temperament and you need to know how to observe and work around them. Failing to see the trigger signs can result in serious injuries. My job requires me to be well rested, observant and alert as I sometimes work with frightened or aggressive horses and they may spook or kick you to show their unhappiness.

How can we make your day at the Club?

I would like to undergo some courses to learn new skills to value-add and perform better at work. Some IT related workshops would be great.

Do you have a favourite horse at the Club?

All of them are my favourites. I can't zero in on any of the horses.

Share with us one of the most memorable encounters with a horse at the Club.

I still get the chills when I think about this particular incident as it's an unforgettable one. Last year, I was kicked by a horse on the head while I was grooming it and I was bleeding from the cut. That was my very first horse-related accident at work.

What is your advice for those who are considering to work at the stable in SPC?

Stable job is a unique profession and you must have the passion for horses and animals to excel. Be prepared to sweat a lot outdoors, rain or shine. My personal advice would be to go for it! You will realise that your time and effort are put to good use when you see these magnificent animals at polo chukkas or riding lessons. They are simply amazing.

What do you enjoy doing when you are not working?

I spend my off days with my wife and children. Our current favourite activity is to head out to various eateries to try different cuisines.



Grooming a polo pony before lessons

Picking the hoof

Tacking up a horse



Receiving his 10-year Long Service Award from SPC's President, Mrs Stephanie Masefield last year

Connecting with Red Cross Home for the Disabled



A resident interacting with Esperanza during the visit



Viewing the polo field



Touching the pellet at the feed room



Residents from the Red Cross Home for the Disabled visited our Club and main stables on 22 and 29 August 2022 in a special outing aimed at enhancing their holistic learning experience out of their home.

At this 2-hour session, the residents viewed our stables and the various facilities such as the automated walker, shower bay, arenas, paddocks and feed room. They observed the various

feeds available and interacted with Esperanza by giving her gentle pats.

It was a meaningful and fulfilling afternoon and we look forward to more visits in the future.

Come join us as an outreach volunteer and make a difference in someone's life. Contact us at outreach@singaporepoloclub.org

Equine Assisted Therapy Programme



The Club's Outreach team welcomed special needs clients from TOUCH Community Services once again in August 2022. Given a long hiatus due to the Covid 19 pandemic, the attendees and volunteers alike were eager to commence the four-week programme with us.

Over the weeks, the clients attempted various equestrian activities such as learning to groom, feed and tack a horse. They viewed our stables, feed room and farrier shed where they touched a used horse shoe for the very first time. This time round, polo elements were also introduced to the programme, which evoked a sense of responsibility and interest in them. The first session commenced with a polo demonstration by Polo Professional, Waqas Khan. Clients were shown various polo strokes and the different gaits of a horse. Thereafter they held a foot mallet and practised some stick and ball on our wooden horses at the covered arena and slowly attempted polo sessions at our cage in the next session.

The final session was summed up with a mounted ride on a horse led by volunteers. This was a much-anticipated activity by everyone and the guests enjoyed this part of the programme the most. Horse riding was a new, first-time activity to all of them and they aced it!

Keen to make a difference in someone's life? Come join us as an outreach volunteer!

Contact us at outreach@singaporepoloclub.org



TOUCH clients with our volunteers



Interacting with a polo pony



Stick and ball session while mounted on our wooden horse



Photo moment with a polo pony



Warm-ups before riding session



Feeding Mimo, our riding academy horse



Grooming



Stick and ball session at our cage



Balancing on a wooden horse



Favourite activity of everyone



Viewing horseshoes at the farrier shed



Leading a horse



Learning to lead Bandit, our riding school pony



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Singapore 2022 Fall International Bronze Cup Final



Congratulations everyone!

The International Fall Tournament commenced with the Bronze Cup Final on 11 September 2022.

Spectators were excited to watch 5-goal player from Pakistan, Hissam Hyder (more affectionately known as Namu) in action.

The Tigers (Red) were captained by Namu with 3-goal player Argentinian Polo Professional, Humbert Jacques (JJ), Ivan Chua / Emma Gordon and Corey Koh / William Peacock.

The Lions (White) were headed by Captain Waqas Khan with team players, Col. Ravi Rathore, Lawrence Khong and Tim Zee.

Throw-in was done by the Club's General Manager, Sylvan Braberry with Polo Captain, Satinder Garcha beside him. After a very close fight over four chukkas, both teams came to a tie at 5 goals each. Most Valuable Player was awarded to Col. Ravi Rathore.

Polo Captain, Satinder Garcha and presented the prizes to the team players. There was even a champagne spraying by Tim Zee from the winning team which added much buzz to the award ceremony. Thereafter, the happy crowd moved to the Chukka Bar for the much-awaited Beer & Pizza Party. It was an eventful day especially for all participants involved!

Score: Tigers 5 vs Lions 5			
Most Valuable Player Col Ravi Rathore			
TIGERS (Red)		LIONS (White) - WINNERS	
Hissam Hyder (Capt.)	5	Waqas Khan (Capt.)	3
Humbert Jacques	3	Col Ravi Rathore	3
Ivan Chua / Emma Gordon	-1	Lawrence Khong	0
Corey Koh / William Peacock	-2	Tim Zee	-1
	<u>5</u>		<u>5</u>



The proud champions

From left to right: Waqas Khan, Tim Zee, Lawrence Khong, Satinder Garcha and Colonel Ravi Rathore



The tradition of champagne spraying



From left to right: Honorary Secretary, Rickard Hogberg, Polo Captain, Satinder Garcha, SPC General Manager, Sylvan Braberry and International Polo Professional, Hissam Ali Hyder



The runners-up

From left to right: Hissam Hyder, Emma Gordon, Humbert Jacques, Rickard Hogberg, Ivan Chua, William Peacock and Corey Koh



GM, Sylvan Braberry with a throw-in to commence the first chukka



Polo Professionals Waqas Khan (left) and Humbert Jacques (JJ) (right)



International polo professional Hissam Hyder and SPC's polo professional Colonel Ravi Rathore



Victory Parade by the players



Happy spectators at the tournament

Singapore 2022 Fall International Silver Cup Final



The skies were dark and cloudy and the morning was met with a heavy downpour causing a very wet polo field. As a result, the Silver Cup Final tournament had to be cancelled and replaced with a penalty shoot-out.

Members of the White Establishment include Argentinian Polo Professional, Humbert Jacques (JJ), Koh Pei Bei, Jane Drummond, Corey Koh, Sandy Deng and Lee Joo Bae. Red Rebels team players include 5-goal Pakistan Polo Professional, Hissam Ali Hyder, Wu Jiat Hui, Fahad Yaser Ali, Andy Clark, Tim Zee and Emma Gordon.

With a slight drizzle at the start of the penalty shoot-out, both teams started at 60 yards from the goal post. Namu from the Red Rebels scored the first two goals easily. As they progressed and shortened the distance to 40 yards, JJ scored the first goal for the White Establishment while Jane Drummond scored the second goal. Over at the Red Rebels, Namu scored two more goals and Tim Zee scored another one that led to a final score of 5 vs 2 that defeated the White Establishment.

Honorary Secretary, Rickard Hogberg presented the winners with their prizes followed by a Pizza and Beer Party at the Chukka Bar for a well-deserved break for all participants.

Rebels 5 vs. Establishments 2 (18 SEP) - Penalty Shootout

Most Valuable Player (Pro)
Hissam Hyder

Most Valuable Player
Lee Joo Bae

REBELS (Red) - WINNERS

Hissam Hyder (Capt.)	5
Tim Zee	-1
Fahad Yaser Ali / Federico Vescovi (Thu)	-2
Emma Gordon (Sat/Sun)	
Wu Jiat Hui / Andy Clark	-2
	<u>0</u>

ESTABLISHMENT (White)

Humbert Jacques (Capt.)	3
Marie Godenir / Koh Pei Bei	0
Lee Joo Bae / Jane Drummond	0
Corey Koh / Sandy Deng	-2
	<u>1</u>



Champagne spraying



Champions of the Silver Cup



Lee Joo Bae was awarded Most Valuable Player (Amateur)



Hissam Hyder was awarded Most Valuable Player (Pro)



Guests at the after-party



Penalty shots

Singapore 2022 Fall International Gold Cup Final



The Champions

From left to right: Clarinda Tjia Dharmadi, Federico Vescovi, Lawrence Khong, Waqas Khan, Hissam Hyder

The weather was not on our side yet again and the Gold Cup Final had to be cancelled due to the wet field from the rain.

Singapore (Red team) emerged as the winner of the Gold Cup Tournament where they defeated Argentina (White team) with a score of 7 vs 4 on 24 September 2022. The team was led by Captain Hissam Hyder (Namu) and players include SPC Polo Professional, Waqas Khan, Lawrence Khong and Federico Vescovi / Clarinda Tjia-Dharmadi.

Argentina was captained by Argentinian Polo Professional, Carlos Pando, Humbert Jacques, Ang Ban Tong / Lee Joo Bae and Karan Naurla / Emma Gordon.

SPC Honorary Secretary, Mr. Rickard Hogberg presented prizes to the team members from Argentina team while Committee Member, Mr. Wee Tiong Han presented the prizes to the winning Singapore team.

As with our usual practice, the evening ended in revelry with members and players hanging out over beers and pizzas. It's the perfect way to end the weekend and to welcome a new week ahead!



Champagne spraying by the winning team

SCORE OF MATCHES
Singapore 7 vs. Argentina 6 (24 SEP)
Tournament match cancelled due to wet field (25 SEP)

Most Valuable Player (Pro)

Waqas Khan

Most Valuable Player

Lawrence Khong

SINGAPORE (Red) - Winners

Hissam Hyder (Capt.)	5
Waqas Khan	3
Lawrence Khong	0
Federico Vescovi / Clarinda Tjia-Dharmadi	-2
	<hr/>
	6

ARGENTINA (White)

Carlos Pando (Capt.)	4
Humbert Jacques	3
Ang Ban Tong / Lee Joo Bae	0
Karan Narula / Emma Gordon	-1
	<hr/>
	6



Champagne toasting by everyone



Team Argentina (White)



SPC's Vice-President Mr Lawrence Khong was awarded Most Valuable Player by Mr Rickard Hogberg



Polo Professional Waqas Khan was awarded Most Valuable Player (Pro) by Mr Rickard Hogberg

From left to right: Carlos Pando, Humbert Jacques (JJ), Ang Ban Tong, Karan Narula, Emma Gordon, Lee Joo Bae with Honorary Secretary, Rickard Hogberg, Committee Member, Mr Wee Tiong Han and SPC General Manager, Mr Sylvan Braberry

Singapore 2022 Fall International Open



3 cheers!

Open Cup Tournament saw Team Singapore Red battling against Singapore White on 29 September and 1 October.

Playing in the Red team, we have Captain Hissam Hyder (Namu), Ang Roon Kai, Karan Narula / Kunal Narula and Clarinda Tjia-Dharmadi / Sandy Deng.

In the White team, we have Captain Waqas Khan, Humbert Jacques (JJ), Jane Drummond and Tim Zee / Larry Lim.

It was unfortunate that the skies did not hold up again on the day of the Final and started to rain in the afternoon. Although the match was cancelled due to bad weather, the Reds defeated the Whites at Thursday's preliminary round with a score of 5 (Red) vs 4 (White).

We were honoured to have His Excellency, Jun Yamazaki, Ambassador of Japan to grace the prize presentation ceremony. We congratulate Humbert Jacques for being awarded the Most Valuable Player (Professional) by Mr. K.C. Loh, Club Patron.

(4 chukka match each day)

SCORE OF MATCHES

Singapore Red 5 vs. Singapore White 4 (29 SEP)
Tournament match cancelled due to wet field (1 OCT)

Most Valuable Player (Pro)

Humbert Jacques

SINGAPORE RED (WINNER)

Hissam Hyder (Capt.)	5
Ang Roon Kai	2
Karan Narula / Kunal Narula	-1
Clarinda Tjia-Dharmadi / Sandy Deng	-2
	<hr/>
	4

SINGAPORE WHITE

Waqas Khan (Capt.)	3
Humbert Jacques	3
Jane Drummond	-1
Tim Zee / Larry Lim	-1
	<hr/>
	4



Club Patron, Mr. K.C. Loh presented Humbert Jacques (JJ) with the Most Valuable Player (Pro) award



We have the champions of the Fall International Open!

From left: Hissam Hyder, Ang Roon Kai, Clarinda Tjia Dharmadi, Sandy Deng and Karan Narula



His Excellency, Jun Yamazaki, Ambassador of Japan presents the challenge trophy to Hissam Hyder, Captain of the Red team



The Runners-up, Team White with Club Patron Mr KC Loh

From left to right: Larry Lim, Jane Drummond, Waqas Khan, Tim Zee and Humbert Jacques



Memorable moments from the afternoon

Runme Shaw Cup



Meet the Champions

From left to right: Jalal Gilani, Wee Tiong Han, Lee Joo Bae, Bruno Mascart, Waqas Khan, Satinder Garcha, Ang Ban Tong and Tim Zee with his daughter.

Runme Shaw Cup was held on 4 September 2022.

Singapore (Red) team was captained by Waqas Khan with team players Bruno Mascart, Lee Joo Bae/ Ang Bang Tong and Tim Zee.

Argentina (White) team was captained by Humbert Jacques with team players Lawrence Khong, Jane Drummond/ Elbert Pattijn and Chua Boon Lai/ Federico Vescovi.

Team SPC Red won the game and took home the trophy by defeating Argentina (White) with a score of 9 vs 6 ½.



Runners-up

From left to right: Wee Tiong Han, Elbert Pattijn, Chua Boon Lai, Federico Vescovi, Jane Drummond and her daughter, Humbert Jacques and his daughter, Satinder Garcha and Lawrence Khong

Match highlights



Lee Joo Bae (left) was awarded Most Valuable Player of the evening

Singapore Urban Polo 2022

After its successful debut in the Lion City in February 2019, the much anticipated second run of the Singapore Urban Polo took place at Singapore Polo Club on 15 October 2022, a change from the original venue at Marina Bay.

Many were seen dressed from bold patterns to pretty dresses with hats for the occasion. The contemporary spin on the game involves players (three per team) competing in an area smaller than that of a traditional polo pitch, resulting in a fast-paced game. The game is also held on a smaller field for better spectator viewability. The rules are simplified with shorter chukkas (period of play).

In the Space-Executive (Blue) team, we have Daniel Chua, Humbert Jacques (JJ) and Roon Kai. From the General Assembly (Black) team, we have Tim Zee, Imran & Iqbal Jumabhoy and Ross Ainsley. From the Hotel Telegraph (Grey) team, we have Jane Drummond, Koh Pei Bei and Sam Hopkinson. From FWD (Pink) team, we have Lawrence Khong, Ali Reda and Col. Ravi Rathore.

In the first chukka, FWD (Pink) team played against General Assembly (Black) team. By the end of the second chukka, Col. Ravi

Rathore defeated his opponent scoring all 3 goals at 3:0. Next to play was the Space-Executive (Blue) team against Hotel Telegraph (Grey) team. Hotel Telegraph team outshot their opponents with a close score at 4:3.

During half-time, guests were invited in a fun polo tradition by stomping on the divots, an age-old custom meant to help smooth out chunks of turf upended by the horses. Some also tried polo for themselves at the side-line hitting game.

There were two chukkas for the losing teams and the last two chukkas were for the winning teams to battle it out. After a close fight, the Space-Executive (Blue) team emerged as the Champions scoring 3: 2 against the FWD (Pink) team.

Guests got onto the field for the prize giving ceremony and enjoyed themselves for the rest of the evening with music and a delicious array of food and beverage. Some adjourned to the after-party at CÉ LA VI. It was an exhilarating afternoon of action-packed polo and certainly a relaxing way to spend a Saturday evening!





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The Inaugural Atoms Cup 2022

Ending the last quarter of the year with a bang for Polo was the Atoms Exhibition Match and the inaugural Atoms Cup 2022. This event saw junior and senior Atoms players pitting their skills against one another in exhilarating and thrilling matches that got the crowd rallying behind their favourites. It was a moment where every participant was proud to be an Atom and the Red Empire and White Triton teams went head-to-head the moment SPC's General Manager and Head of Atoms Polo Academy, Mr Sylvan Braberry did the throw-in to kick off this memorable exhibition match



RED EMPIRE	WHITE TRITONS
Ingrid Elfversson	Leonie Elfversson
Ollie Clark	Vittoria Vescovi
Scarlett Lowndes-Cox	Tess Sandstroem
Finn Martin	Cory Martin

The first chukka ended with a hard-fought draw while in the final chukka and despite Ollie Clark scoring a goal in the final chukka, it was not enough to bring the final match to a draw as the White Tritons won the match with a 3-2 victory. What stood out was the high level of play from the Atoms players who have yet to take their polo test but already showing great talent! One could easily see parents and families of players beaming with pride as both teams played a really hard-fought match.

The much-awaited inaugural Atoms Cup was played from 27 September to 2 October 2022, much to the delight of the spectators and players. Senior and junior Atoms players were pitted against their peers of the same category and there was no holding back as they gave their best to provide spectators with a really thrilling match.



Senior Atoms	
RED HAWKS	WHITE FALCONS
Dominique Jooris	Tisha Boatman
Yee Kai Pin	Paul Boatman
Miguel Palanca	Laura Zhao
Geoffrey Alcock	Jerome Guiral

Junior Atoms	
RED HURRICANES	WHITE THUNDERS
Scarlett Lowndes-Cox	Tess Sandstroem
Finn Martin	Ollie Clark
Cory Martin	Vittoria Vescovi
Ingrid Elfversson	Leonie Elfversson
Aditya Sharma	

Fuelled with determination to score for his team, Jerome Guiral landed the first goal for the White Falcons in the first chukka. The competition has only just begun! There was no way of anticipating the next goal as the teams put up a strong defence.

With every pass and attempt at a goal, Miguel Palanca and Paul Boatman were ever-ready to guard their team's goal post. Every senior Atom put their back into the game, clashing into one another as they vie for the ball. Eagerly charging through the week, the senior and junior Atoms were ready to go all out for the final match as they await the next opportunity to outdo themselves.

The first throw-in by SPC's Committee President, Mrs Stephanie Masfield ignited the fire to the final match of the Atoms Cup. The junior Atoms completely immersed themselves in the first

two chukkas. Every player stood their ground, getting a grasp of their roles in the team, intercepting any opportunity for their opponents to score a goal.

Riding on their unmatched alliance, the Red Hurricanes scored the first and final goal of the chukka against their exceptional contender. An unexpected turn for the Red Hurricanes as Corey Martin steered the game from a draw at the very last minute, bringing the score in their favour of 1-0. Wrapping up the scores, White Falcons of the senior Atoms flew high with a triumph of 2-1.

Victory was presented to the White Falcons and the Red Hurricanes with true polo celebration style! The winning teams relished in the moment of conquering the Atoms Cup with a pop of champagne for the senior and a shower of sparkling grape juice for the junior Atoms.



**Score Summary
Atoms Exhibition Cup
13 September 2022**

RED EMPIRE	WHITE TRITONS
2	3

**Atoms Cup
27 September 2022
Senior Atoms**

RED HAWKS	WHITE FALCONS
1	2

Junior Atoms

RED HURRICANES	WHITE THUNDERS
2	0

**Atoms Cup
2 October 2022
Senior Atoms**

RED HAWKS	WHITE FALCONS
1	2

Junior Atoms

RED HURRICANES	WHITE THUNDERS
1	0



Renowned Chinese contemporary artist, Ma Dongmin, shares his love for horses through his artwork



Chinese contemporary artist Ma Dongmin has become a highly sought-after artist from collectors and investors across the world with his fans including individuals such as esteemed philanthropist, Steven Rockefeller and brands such as German car manufacturer Audi. Audi said the artist's "Blue Horse" series evoked a "'Fast and Furious' feel". He was invited by the brand to create an artwork for the launch of the new A7 and after that Ma was chosen to be Audi's spokesperson in China.

And the horse is a recurring motif in many of Ma's artworks. The artist explains that the "horse has always been a friend to us since ancient times. The animal's loyalty and gentle kindness awes me." Animal symbolism in Chinese culture is not uncommon and the horse is often regarded as swift, courageous, diligent and faithful. He further shares that "Through the painting of horses as my main subject matter, I am able to express my feelings towards the social and human nature."

“ I hope that my portrayal of horses conveys a type of freedom and longing in humanity ”



Ma’s artwork “Blue Horse”, even won the Gold award during the 2019 Venice Biennale. The artist’s three most recent auction sales commanded spectacular results, where all have been over S\$500K and one lot was sold for more than S\$700K. Ma’s artworks have definitely appreciated over the years as people got to know him and his body of works through the various exhibitions.

works for the first time in the country. The colour blue was dominant throughout the show and has since become one of his signature elements.

His last solo exhibition in Singapore was titled “Philosophy of Blue” and it featured Ma’s

Sharing more about this choice of colour, Ma says that “Blue evokes a dreamy-like and melancholy emotion. Blue is also contemporary and timeless — very fitting for the concept of blue smoky cloud series I have created.”

More Investors are Investing in Art in 2022 Than Ever Before



Featured by



Since 2011, Art Works have helped investors in Singapore diversify their portfolio by investing in artworks from some of the world’s most renowned mid-career artists, achieving outstanding returns on their investment. Art has quickly become one of the most stable and profitable asset classes, that sits outside the volatility of financial markets.



Colour Series - Horse

by Ma Dongmin

		
Acquisition Price	Sales Price	Rental Income
\$48,500	\$100,000	\$11,600
		
Capital Appreciation	Total Return	ROI
106%	\$63,140	130%

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A Chat with International Polo Star, Hissam Ali Hyder

SPC welcomed 5-goal international polo professional Hissam, fondly known as “Namu” to kick start our 2022 Fall International Tournament. Check out the exclusive interview with our editorial team.

Tell us about yourself.

I'm just your regular working guy trying to make a living but with the great fortune of doing what I love.

When did you start playing polo?

My father and grandfather both played polo and my siblings and I all learned how to ride when we were 7 or 8 years old. I started stick and ball and played low goal tournaments when i was about 11 and my first major high goal at 16.

How supportive is your family in your career?

Very! They love following my polo travels and try and come to my games whenever possible.

What's one thing you can't live without?

My mismatched socks!

What is your favourite destination to play polo?

No one place – I have a super network of great friends in the Polo community who make me feel at home no matter where I may be.

If you were not a polo professional, what would you have been?

A professional golfer or a Tennis pro. I am a sports person at heart.

What are your future goals?

Continue to play polo as that is my passion but I am also an entrepreneur at heart. I like working on different new projects. It keeps things interesting.



Hissam (extreme right) at the St. Moritz Polo World Cup on Snow 2014
Image credit: Images of Polo



Hissam in action at our Fall International tournament

About Singapore Polo Club (SPC)

You've visited the Club back in 2018, how much has the Club changed since then?

The Club has always been great but has become even more amazing. The refurbishment of the Club house and guest rooms have made it even better. It is not just a place people come to play Polo, it is an entire polo community/ family.

What's your first impression upon reaching the Club?

Stunning green field, beautiful horses and very well-organised.

Describe SPC in 2 words.

Next level.

About the Sport

How do you prepare for a major tournament and destress after it's over?

In the lead up to the games, we have team meetings and strategize about the positions we will play at, the plays we will make and horse utilisation. It's always good to destress with some laughs over a few drinks. You win some and you lose some, it's the nature of the game.

How different is this sport played in Singapore versus your hometown?

The facilities in Singapore are amazing and the grounds are beautiful. I would say the main difference would be that we tend to play more high goal polo in Lahore as sponsors have become more competitive and are investing in better horses and bringing in more professionals to raise the level of the game.

What's your favourite part of this sport and the least liked side about it.

I love the speed and the thrill of having to make decisions on strategy within seconds which keeps you on your toes. While I love traveling, sometimes adjusting to new playing conditions can be rough

Tell us more about your polo ponies back home.

Selecting good horses is essential as horses are 70% of the game. Over the years, I have gained more experience in selecting the right horses. My polo ponies are not just my horses but like members of my family. I spend a lot of time talking to them and trying to understand their temperaments so I can use them optimally when I play.



At an international tournament

How does it feel playing in a mixed team match with the ladies?

Great. I think it's important to have diversity in teams. It makes them stronger.

Are there any female polo players that have inspired you?

Nina Clarkin – to achieve what she has in a male dominated sport is incredible.

How has the world of polo evolved in welcoming female polo players?

Globally, there has been a huge movement towards gender diversity in all professions and polo is no exception. There were several social taboos for women who wanted to play. The overall mindset in the polo community has become more inclusive and credit goes to the earlier women players who paved the way for the current generation.

Have you met or played a match with celebrities? Tell us about the experience.

I have had the honour and privilege to play with Prince William, Prince Harry and the Prince of Jordan.

Polo and Fitness

What's a typical day like for you before and after a polo match?

Stretching is essential both before and after to prevent muscle fatigue, ensure good hydration and indulge in energising but healthy food.

Share with us your exercise regime. How many times do you train or exercise in a week?

3-4 times. When I'm playing or doing practice chukkas then that becomes my exercise for the day.

Are you on any special "polo" specific diet?

I only consume healthy meals which comprise of lean meats, fruits and vegetables.

Is there a polo tip to share with people intending to take up the sport?

It takes a lot of focus and commitment. It's not like other sports as it is time consuming, expensive and requires a longer-term commitment. So be sure it's what you want to do before diving in.

How have you grown mentally and physically from playing polo?

It's hard to put into a few words. The places I have travelled to the people I have met, the incredibly talented players that I have played with and learnt from. It has been a life changing experience.

Have you ever taken a break intentionally from polo?

No, but I do take time out to spend with my family especially my five-year-old daughter Inara, who is the light of our lives.



Coronation Cup 2014
Photo credit: Images of Polo



Sharing a polo moment with Prince William



With his wife and daughter, Inara

From Riding to Achieving a Polo Handicap

Corey Koh is the newest addition to the list of registered polo players at the Club. He commenced lessons at Atoms Polo Academy in November 2020 and obtained a polo handicap in less than 2 years. Read about his polo adventures with the Club and Academy below.

About SPC and Atoms Polo Academy

When did you join Atoms Polo Academy?

In November 2020, right after I finished my A-levels.

How did you get to know about SPC and Atoms Polo Academy?

I have been a member since I was very young and I started riding at the riding section when I was 10 but I stopped when I was 12 due to an injury.

What do you like about Atoms Polo Academy?

It's very structured with a clear developmental pathway from the start towards achieving a handicap. Lessons with the pros are great too and the close-knit nature and smaller size of the academy allows us to develop friendships with coaches and fellow players alike.

Have you visited the Atoms Club Room? Share with us your favourite pastime there.

I started polo lessons during the pandemic and with the various safe management measures, I unfortunately have not had the chance to visit that room but I look forward to in the near future.

Other than polo lessons, what do you enjoy most at the Club?

The people are great! It's a very sociable club and I've gotten to know a lot more people since I started playing. It's nice to see people hang out at the chukka bar after chukkas for some post-match catch-up and drinks. Other than that, I use the club's gym regularly too and I've made some friends there as well.

About the Sport

Do you own a polo pony? If you do, tell us more about your relationship with it. If not, let us know the name of your favourite pony at the Academy.

I don't. Not yet, at least. My favourite pony has to be Moraleja. I've been leasing her for more than a year now and she's been fantastic. She started off really skittish. I remember once she spooked during stick and ball on the field because a tiny toad hopped up in front of her. But now, she's very calm, always collected and very easy to control.

Who are you taking lessons with and what's your favourite lesson?

I take lessons with all the pros. You learn different things from different people. I've probably taken most lessons with Waqas since I started. He's really helped me develop a passion for the game and become better at it.

Do your parents or siblings play polo? How did you get interested in polo? Was it an instant love for the game?

No one in my family rides except my mom but she picked it up because of me. From a young age, I'd always wanted to try polo but I never got the chance to because I injured myself while riding



Interacting with his favourite polo pony, Moraleja at the Club



and my parents didn't want me to do anything dangerous until at least after I graduated from Junior College. So, two weeks after my last A-level paper, I got back on a horse. As many senior players have warned me before, it gets addictive really easily.

What's your present handicap?

-2

When did you pass your polo test and how long was the journey for this?

It took me around 1 year and 9 months, give or take.

What was the first tournament that you played for after you achieved your handicap?

I played a few Atoms tournaments earlier this year when I was at Level 4 and Elite. After I got my handicap in August, I played two club chukkas before the season started. I decided to sign up for a low goal tournament in the first week (0 to 2 goal, if I recall correctly) but the lack of sign-ups meant that I was thrust into a 5-goal tournament along with Will Peacock who'd just passed the test with me two weeks earlier. It was a learning experience to say the least. With 2 pros on either side, the speed was really tough to get used to especially in the first few chukkas. Over time, though, I got used to the speed and was able to at least know what was going on and try to do something. Maybe throwing myself into the deep end wasn't the worst idea as I think I learnt a lot and I was able to handle the speed of subsequent tournaments and club chukkas.

Polo & Fitness

How many days a week do you train?

I'm still serving National Service so I can't play regularly during the week. On days that I am able to, I will stick and ball or play chukkas in the afternoon. If not, I take one lesson each on Saturday and Sunday mornings and play weekend chukkas.

Have you been on any Polo Holidays?

Due to COVID and the fact that I'm still in NS, unfortunately not. But I certainly will when I'm done next year!

Have you played polo overseas? Tell us where.

No, I have not. I just got my handicap a couple of months ago and I look forward to visit some of the polo destinations.

Chukkas take place regularly at the Club. Have you watched one?

Yes. I try to catch most of the tournament games and when I'm not playing, I will watch the chukkas. It's a great way to spend a weekend afternoon, watching some good polo and observing some of the senior players teaches you a lot as well.

Sparkling her Polo Journey with Atoms Polo Academy

Read all about our young Atoms polo player, Leonie Elfversson as she shares her interesting learning curve at our Academy. Coming from a polo playing family, Leonie developed an interest in the sport, thanks to her parents who are also polo players.



After my first chukka, on Marmolad at Stockholm Polo Club, Sweden



Leonie before a chukka at the Club

About SPC and Atoms Polo Academy

What do you like about Atoms Polo Academy?

I get to learn and play in chukkas with multiple teachers and players, and I've learnt a lot about polo through this.

Have you visited the Atoms Club Room? Share with us your favourite pastime there.

No, I didn't know it existed! Now I have to check it out.

Other than polo lessons, what do you enjoy most at the Club?

Tennis! I'm being coached by Darya. It's really fun and I get to hang out with other polo players outside the field.

About the Sport

Do you own a polo pony? If you do, tell us more about your relationship with it. If not, let us know the name of your favourite pony at the Academy.

Yes, my family has horses in Singapore, Sweden and Spain. I love Zlatan, Petuna and Marmolad the most. My dad thinks that Zlatan is his horse but I'm not sure about that. I ride on her all the time and she is super-fast!

Who are you taking lessons with and what's your favourite lesson?

I currently have lessons on the field with Humbert Jacques (JJ) on weekend mornings. I also have lessons with Sani in the arena. We really enjoy these super fun sessions as we get to play and score a lot.

Do your parents or siblings play polo? How did you get interested in polo? Was it an instant love for the game?

Yes, my whole family plays polo. Mum, dad, my sister and my brother. I guess I play polo because I did not have much of a choice – my parents put me on a horse when I was two years old and it all kind of evolved from there. I really love it especially now that I get to play on the field.

Polo & Fitness

How many days a week do you train?

I train more or less every day, probably 7-10 sessions a week. Apart from polo and tennis, I also dance, visit the gym and go on runs with my mum.



With Magic the pony, my brother, Charles and sister, Ingrid in the bluebell forest at Carlito's White Waltham, UK

Photo Credits: Kim Sherman



Doing cross-country with my sister, Ingrid at Flowerhill, Ireland (hiding a cast and broken arm under that fleece jacket...)



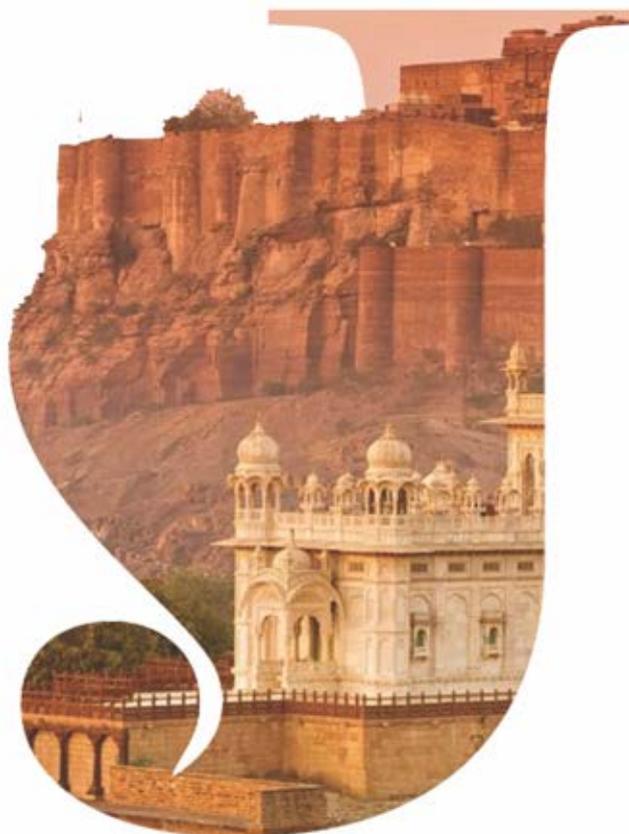
At dad's office with my sister, Ingrid

Have you been on any Polo Holidays?

The first time ever we played polo was on a polo holiday in Argentina. We have been back to Argentina again and we have been to New Zealand for polo. We also play in Sweden when we are there for summer holidays. I also love riding in Ireland, although that's not polo but cross-country.

Chukkas take place regularly at the Club. Have you watched one?

I have watched so many chukkas and coached my parents on their game and now, I get to play chukkas too!



Jodhpur

The home of Polo Heritage

Photos & Article by Angeline Chauhan

The city of fables, forts and the Sport of Kings, Jodhpur is hailed as Polo's Alma Mater. With an illustrious history dating over five centuries, the Blue City, famed for its azure, lime washed houses thunders with the sound of horses' hooves every winter. Geographically placed at the Gateway of the Thar, India's harsh yet beautiful desert, it hosts the Jodhpur Polo Season annually in November-December.

But how did Polo make its ways from India's Northeast where it was played as early 3100 BC in Manipur & 1876 in Assam's Jorhat Gymkhana-to the golden sands of Rajasthan? Thereby hangs a tale!



Sir Pratap Singh of Idar, Regent of Jodhpur, in Regimental regalia of the Lancers. (October 1845 – 1922)

Rajputana or the Land of Kings is famed till date for its warrior clans of Rajputs, Sons of the Brave. Most marauding conquerors used this route to enter India from the west. In the desert city of Jaisalmer one can still see the remains of outposts and forts that served as toll barriers for traders of the Silk Route.

The only creatures hardy enough to survive the vagaries of the climate and warfare- were camels, horses, and elephants. The two former were especially preferred both for battle and as beasts of burden.

It was in the last decade of the 19th Century that Jodhpur's tryst with polo began in earnest, as horses were now used beyond cavalry. Lieutenant General Sir Pratap Singh, the then Prime Minister of Marwar played an active role in it becoming the centre for polo in modern India.

After he returned from his battle-hardened years in Kabul, Sir Pratap received the Maharaja's sanction and formed a body of cavalry with about 50-60 sowars or riders. As the demand for Imperial cavalry and infantry service troops grew, this band of riders became the first soldiers of the Sardar Risala or Jodhpur Lancers in 1892. Subsequently, their numbers increased to the tune of almost seven hundred! The Jodhpur Lancers are remembered worldwide for the only famous cavalry charge in 1918 in the Battle of Haifa.



Reminiscent of a grand past, the Lancers of the 61st Cavalry Regiment are led by Col. Ravi Rathore at the 2018 Haifa Day celebrations at Jaipur.



England in 1962 (From left) Douglas Riley-Smith holds the Cup with team mates Maharaja Prem Singh, Fred Withers, and HH Maharaja of Cooch Behar.

It was in 1897 at Queen Victoria's Diamond Jubilee celebrations that Sir Pratap's boys played on foreign shores, grabbing news headlines across Britain, and making quite an impact. Sir Pratap would recall, "A week before the celebration...I took part in a game of polo, in which my right ankle-joint received a severe wound..." Thanks to the wound, he was offered a chair in the presence of "the Emperor of Hindustan, when even the big men were not allowed a seat." Polo does get you a seat at the table, after all!

Sir P's polo legacy would live on as his grand nephew Col. Maharaj Prem Singh Ji took to the sport like a fish to water. He was the first Indian to be a part of the winning World Cup Polo Team! This Jodhpur Lancers Officer was the first polo player to receive India's highest sporting honour, the Arjuna Award in 1962 and is credited with reviving polo in India, post-Independence. The latter probably in as good measure as the Indian Armed Forces. Maharaj Kishen Singh Ji, Prem's father was also a great polo player who played with Sir Pratap, Rao Raja Hanut Singh and even Sir Henry de Beauvoir De Lisle, the British Cavalry General who trained polo teams in India.

Jodhpur, at the beginning of the twentieth century was described as the 'most sporting nation this side of the Suez' because 'when you raised your eyes...the whole country was a whirl of horses!'

The present Patriarch of the House of Rathore, Maharaja Gaj Singh II is himself keenly vested in encouraging the Sport. His grandfather Maharaja Umaid Singh Ji popularized the Jodhpurs or riding breeches, just so you know. The polo swag was invented by the Maharaja and his Team from Jodhpur in 1925, when their performance at Hurlingham won them the epithet 'hot as mustard'!

Even though folklore and history mingle freely in a civilization as old as India's - Rajputana's tales of Chetak, the war horse ridden by Maharana Pratap captivate popular imagination till date - but the Women, unbeknownst to many, have also, always been a part of this narrative.



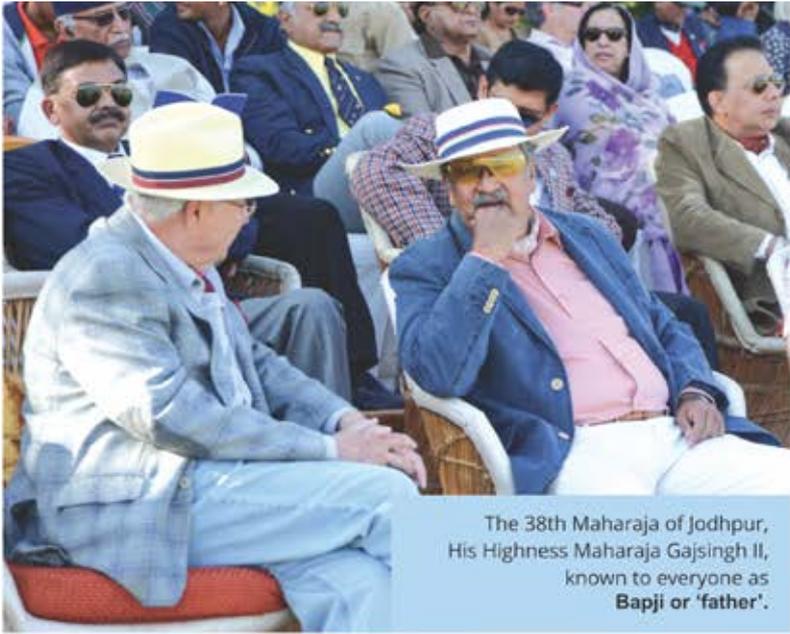
Maharaja Takhat Singh and the zenana play polo By Shivdas (Jodhpur, 1827)
Picture credit: Mehrangarh Museum Trust, Jodhpur

Proof of this is found in a painting at the majestic Mehrangarh Fort where an 1827 painting shows the zenana playing with Maharaja Takht Singh Ji. The Princess, Baijilal Shivrani has promoted women's polo in Jodhpur, fielding her own team of ladies! In fact, the painting inspired the Maharani Cup played as a mixed tournament in Argentina!

I have had the most memorable time exploring and researching myriad "polo tales" over the years and it gives me great pleasure to bring these out for the World to hear! From the hardy men and women who grew up around these stories to the champagne sipping, swathed-in-delicate-chiffon beauties from Jodhpur's grand and elegant polo grounds- cheers, Jodhpur, to your quiet, yet thundersome polo legacy!

(The Writer lives in the Blue City, Jodhpur, where she works as the Associate Editor for twin polo magazines Jodhpur Polo | Jaipur Polo.)



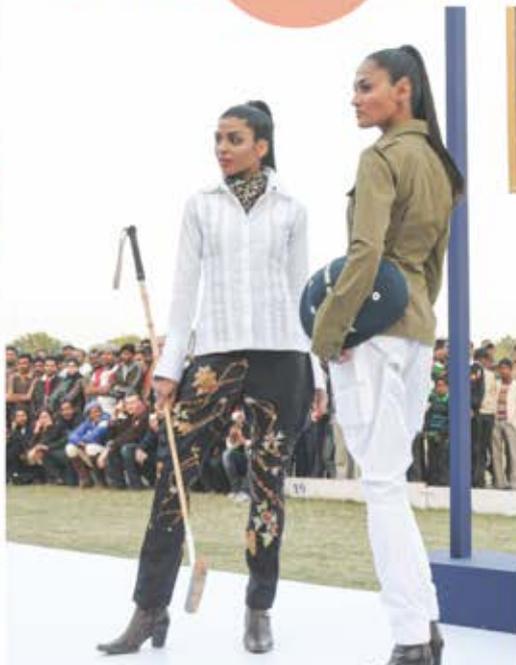


The 38th Maharaja of Jodhpur, His Highness Maharaja Gaj Singh II, known to everyone as Bapji or 'father'.



The Writer at the 2021 Jodhpur Polo Season.

Guests dot the divot at Jodhpur's winter extravaganza- the Polo Season.



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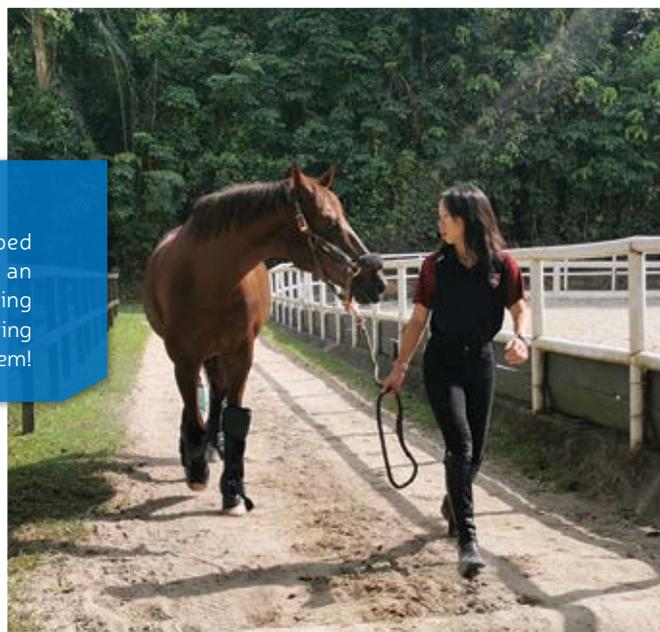
Casa Zappala e Hijos
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ATOMS
POLO ACADEMY

New Liveries

J'adore with Megan Ding

Named after her distinctive heart-shaped birthmark on her right hind, J'Adore is an 8-year-old KWPN mare. When not in training for the next dressage show, Megan likes to bring "JJ" out for walks. Do say Hi when you see them!



Faylista (Faye) with Elly Poh

Faylista (Faye) is a 12 year old Dutch Warmblood (KWPN). She is a lovely sweet mare who loves trying new things and going on hacks. She has competed up to 1.40 back in Holland and is starting some dressage as well.



Luke belonging to Soh Wei Chi

7-year-old Luke has a flair for dressage. He is sensitive and clever and loves carrots, apples and bananas - will tap dance for food!

SPC Young Rider, Ciara Zhang

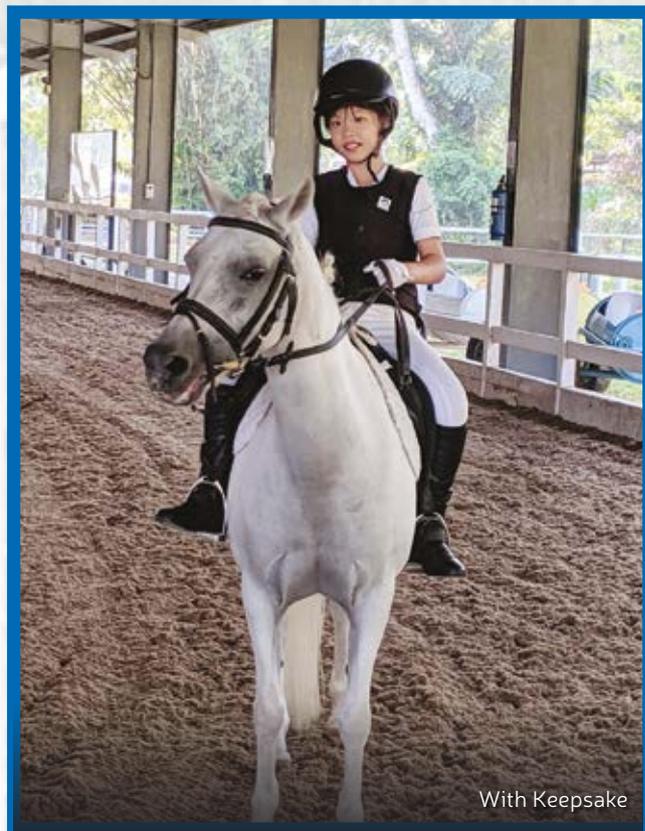
12-year-old Ciara Zhang currently jumps 70 to 80cm in the Preliminary category. Read on to find out her achievements to date, favourite riding school horses and future riding goals.

Ciara commenced riding lessons at SPC Riding Academy back in 2018 at the age of 8. She presently trains for 45 minutes per session twice a week and enjoys walking and grooming the horses with her friends after lessons. Her busy schedule includes school, gifted education, piano, street jazz and hip hop classes. Despite the many activities that she juggles, a tightly monitored schedule with time management ensures she stays on top of everything. To stay motivated, she links school and horse riding by writing essays about horse riding benefits in school.

She recalls that when she initially started riding, she was a little scared of the horses but the encouragement and guidance from the amazing coaches and peer riders from the SPC community guided and encouraged her in the sport. She slowly grew to enjoy her weekly lessons.



Ciara and a Finnish horse



With Keepsake

"I would say that my favourite part of SPC is the closely webbed community and how we support one another in riding. The coaches and classmates treat each other like close friends and do activities together inside and outside of class. That really makes this place a special community."

She shares that one can have lots of different experiences at the polo club. From sitting with friends watching a polo match, to having a BBQ in the stables with the riding community. You are always assured of an awesome time.

Ciara recounts a painful experience she had some time back during lesson which resulted in a broken collar bone. "I had lost my balance during a jump and fell at an unfortunate angle that had me land on my shoulder and thus fracturing my collar bone. After I recovered and started jumping lessons, I realised that I had lost all my confidence. I couldn't complete the jumps and felt really scared at certain periods and wondered if I could ever be the same again. However, after consistent encouragement and guidance from my coach, parents and classmates, I realised that it was all in my mind. I worked hard at pushing the fear out of my head and persistently told myself that I could do this and there is nothing to be afraid of. Before long, I was back to my bubbly self, doing jump lessons once again."

Elizabeth (Beezie) Madden, 58-year-old American Olympic champion equestrian competing in show jumping is her idol and Ciara hopes to be able to jump as effortlessly as her one day. She has participated in various local training and interclub shows and her first was on Keepsake where she had come in fourth (more about Keepsake in the coming paragraph).



During SPC's interclub show

Even though she wasn't first, she still enjoyed the experience thoroughly. The most memorable one was probably when she achieved a clear round with the fastest time while jumping with Keepsake. She remembers having so much fun with all her friends encouraging each other, chatting freely while plaiting the horse's mane. It really felt like such an exciting event and not a super stressful competition.

Ciara plans to get her own horse once she is a bit older and can be fully responsible for it. Right now, she has a few horses that she just can't get enough of. One of them is Keepsake, a grey mare and an Australian sport pony. Keepsake was the horse she rode at her first competition in SPC and they share lots of fond memories.

"She was the horse that I used when I placed first in my first show jumping competition. I remember this one time, when it was just a year after I started riding, I hadn't ridden Keepsake in a while. So, I went up to her stall, hugged her, sang to her, massaged her face and gave her a mint. When it was time for me to leave, I whispered goodbye in her ear and walked off to join my dad. Just at that moment, Keepsake whinnied at me, in that split of a second, I felt like she and I had a connection. She is a little pony that I will never forget."

Sidan is another wonderful horse that Ciara has ridden on and has improved her riding skills with. She initially used to get so frustrated as she just couldn't get him to move, even cuddles do not work on him. Along the way, they both slowly paired up and are now best riding buddies. Who would have thought that the horse that she once couldn't click with is now the best companion for her lessons!

Ciara who enjoys interacting with horses shares that the most unforgettable experience that she has had with horses overseas is definitely when she took a trail ride across the mountains in Finland, in the snow. The view was breath-taking, and riding up the mountain on a horse really felt like it was straight out of a movie. With the wind in her hair, the serenity of the quiet wilderness, it really felt so magical. Not to mention the Finnish horses were just so cute. They were so fluffy! She really hopes to be back there once again!

Her advice to someone who wants to take up riding is: it's okay if you fall. Falling off the horse is part of the process and all the world-renowned equestrians have all fallen off their horse many times and probably still do. After you fall, just pick yourself up, be strong and know that you have learnt a valuable lesson because mistakes are how you learn. As her teacher says, "Mistakes are expected, respected, inspected and corrected. Remember, in order to learn to succeed, you must first learn to fail."

In the future, she hopes to broaden her knowledge with dressage and be able to do higher jumps. She would like to be able to ride horses that are harder to control with better skills. There was one lesson where she witnessed riding instructor, Laurent riding Dimples, well-known for her sassy attitude and non-stop bucking. She was trotting and cantering beautifully with Laurent and her neck was beautifully bent! She was amazed and her year-end goal is to ensure she gets Dimples on that bit!



With her family



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3. Flap Size

Choose your flap size

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FLAP-STANDARD



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4. Front Block

Choose the front block size you need

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STANDARD FRONT BLOCK



LARGE FRONT BLOCK

5. Hind Block

Choose the hind block size that you need



WITHOUT HIND BLOCK



STANDARD HIND BLOCK



LARGE HIND BLOCK

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Riding as a Family – Say Hello to The Clarks

In this last issue of the year, our editorial team spoke to riders, James and Noriko Clark. The couple who has been with SPC Riding Academy since the pandemic shares more about their much-loved hobby which they indulge in with their two children.

About themselves, family and SPC

How did you and your family get involved with SPC and the Riding Academy?

Originally, the family joined the polo club for use of the swimming pool as we could not go anywhere during the COVID lockdown. However, each member of the family slowly began to take riding lessons one after the other. Initially, riding lessons commenced once a week for Noriko but as time went by, the riding addiction kicked in. The entire family is now taking riding lessons over 10 times a week.

Was it a challenge to fit riding with you and your family's schedule for work, school etc?

Fitting in the riding lessons have been no issue at all. Like all things in life, if you really enjoy doing something, then you make time for it.

Tell us about yourself and your family.

As a family, we have always lived in Tokyo or Singapore. James is from Sydney, Australia and Noriko is from Tokyo, Japan. Julian was born in Singapore in 2010 and Tara was born in Tokyo in 2015. In total, we have spent almost 10 years in Singapore. We truly appreciate how Singapore we can live in a city and be only 20 or so minutes away from horse riding at the same time.

About their Equestrian journey

How did you start with riding and when did it become a family affair?

Noriko was the first to start riding in June 2021 and then quickly thereafter, the kids followed suit, then James joined in. Currently, Noriko takes 5 lessons, Julian does 3 lessons and 1 self-ride, and James takes 2 lessons per week. Tara joins the Pony Club every week as well. We feel like we need to live closer to the club!



The Paddock Bistro is their regular hangout at the Club



The family before their riding lesson

Did you have any riding experience overseas? What's the difference in riding here compared to overseas?

Prior to joining the polo club, the only riding the family had done was the odd casual rides when on holiday.

Tell us about your favourite horse at the Academy.

Everyone with the family has their favourite horses as we have been spending time building, understanding and having better relationships with the horses we ride. Noriko loves Maverick as he makes riding challenging in a positive way and most importantly rewarding as she gradually improves riding Maverick. He is very sweet around the stable as he is very patient being showered and loves getting carrots and apples after lessons.

James' favourite is CJ, a gentle giant with placid personality. He is always welcoming of stable guests with his head out of the stable ready for anyone to pat him and give some carrots. Julian's favourite horse is Brownie. She has a very sweet temperament and that helps Julian push himself out of his comfort zone especially when he does self-rides. Finally, although Tara currently does not ride, she loves Bandit and finds him very cute and funny!

Do you have any equestrian goals for yourself and your family?

For Noriko and James, equestrian goals are somewhat secondary to the enjoyment of just riding and being around the stables.



Julian and Brownie

The club is located in such a tranquil environment that its hard not to feel relaxed and at peace when we are at the club. That said, we have all started entering competitions where we can check which areas to develop and hope to slowly move to higher levels. Julian is also interested in show jumping and hopes to start lessons once his skill levels are appropriate.

Their thoughts on the redevelopments

Having been a member here, what's your thoughts or impression about the soon-to-be-opened Club Rooms, newly renovated gym and premises such as our pool bistro?

From what we can see the Club Rooms look quite nice from the outside. It would be a good place to stay for those who are out of town and want a relaxing environment.

Is there a favourite dish or drink you would recommend readers to try at the pool bistro, The Paddock?

We enjoy the Paddock often for an afternoon drink by the pool. It's quite relaxing when Tara can have a swim and we can relax with a cool drink in a nice environment. All the mocktails like Gunners are very refreshing. With a few plant-based eaters in the family, the hummus and pita are always a popular choice.

About ATOMS Polo Academy

We launched our ATOMS Polo Academy on 17 October 2020. What are your thoughts about the Academy?

We have no real thoughts on the ATOMS Polo Academy as I think we have been too concentrated on learning to ride. At our level it still seems a big stretch when you see the speed and agility of the polo horses/riders in the covered arena at times.

Have you watched or played polo?

We have not watched or played polo so far.

How supportive are you with enrolling your child/ children for polo lessons?

So far, the kids have been concentrated on learning to ride, so the thought of learning to play polo has not even hit the radar. That said, if they got to the point that they were keen to learn polo, then we would certainly be supportive.

About the Riding Academy

What is the main difference riding indoors and outdoors?

Riding at the Covered Arena provides some relief on a hot sunny day. Outdoor Top School lessons are also great being surrounded by the jungle. Occasional monkey and junglefowl visits are good opportunities to get accustomed to riding in a

natural environment. We have also enjoyed the trail rides. It is completely different from riding lessons with some challenging parts like muddy paths but it is great to go out and enjoy beautiful nature with the horses.

Your child/children have joined the Riding Academy, how are they enjoying it so far?

Both Julian and Tara thoroughly enjoy being around the stables, visiting each horse. Julian has slowly increased the number of times he rides from once to four times a week. He enjoys participating in competitions as they provide good opportunities for detailed feedback. Tara does not ride but joins Pony Club every Saturday at 10am. She has gained very good knowledge on stable management and often teaches us on how to take care of horses.

Who are they being trained under and what's the riding instructor's coaching style like?

Laurent currently does most of the lessons for the family. As beginners, Laurent has really gone to great efforts to teach us all the basics that has enabled the family to enter our first competition. Laurent teaches us all the necessary shapes in great details to improve our riding technique and prepare us well for competition. We really appreciate Laurent for his patience and ability to adjust his style to our skill level.

Noriko and James also have lessons with Edric every Saturday. Edric is great with making us feel like we can achieve the impossible. His feedbacks are very clear to the point and encouraging.

Noriko has lessons with Daniel every Tuesday as well. Daniel always pushes her out of her comfort zone so she can be braver and a better rider. Daniel also encourages developing strong fundamentals like basic physical posture when riding, helping to remind the rider the importance of keeping good posture.

Any words to members or the public who wish to take on riding?

We would highly recommend taking up riding to anyone who has not tried. It is one of the few sports which go by the saying "age does not matter". The instructors at the riding academy also do a great job in adjusting the lessons to your riding level and are always encouraging. Horses are amazing animals, and it is really fun and interesting to find out the characteristics of each horse through lessons and stable visits.



Tara grooming Bandit during a Pony Club lesson



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TAG

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New Additions to our Happy Family!

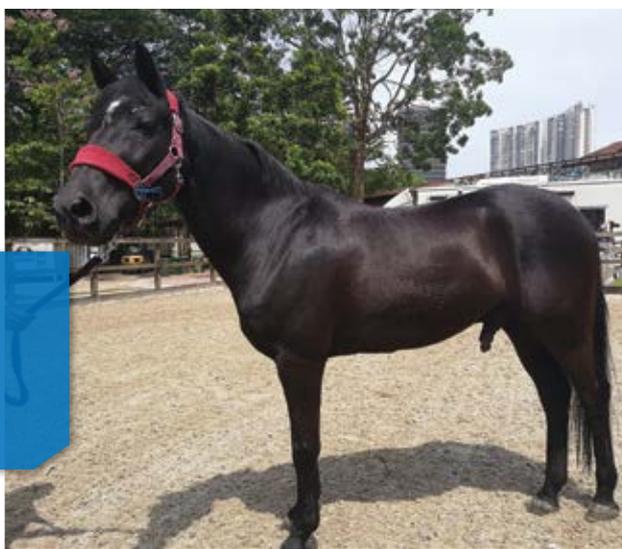
We welcome new riding ponies to our Riding Academy on 27 September. Hailing from United Kingdom, the ponies will soon be available for lessons once they have settled down and receive the necessary schooling.

Name: Sinay (Pio)
Age: 6
Sex: Male
Identification: Markings: Piebald colour with star and snip. Full stocking on all four legs.



Name: Kiltiernan Eamons Luck (Lucky)
Age: 5
Sex: Female
Identification: Markings: Bay colour with small star and stripe ending as flesh mark on upper lip. No markings on legs.

Name: Orchid's Hero
Age: 14
Sex: Male
Identification: Markings: Dark bay body colour with small star. No markings on legs.



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Atoms Polo Academy and SPC Riding Academy's Overnight Camp



Atoms Polo Academy and SPC Riding Academy proudly hosted a two-day Overnight Camp on 24 and 25 September where riders and polo players from both the academies had the opportunity to get to know one another. The camp was designed to be exciting while encouraging camaraderie and teamwork amongst participants.

Everyone had a go at the riding jumping course, polo stick & ball and even stickwork and walked away having experienced both polo and equestrian activities. Those with exceptional skills were awarded "riding ribbons" as prizes.

Polo and riding professionals Daniel Sitranen, Edric, Yien Yien and Colonel Ravi Rathore facilitated the entire event to ensure the safety and welfare of all participants and horses.

Having done their fair share to ensure the event was a success, the horses were then brought to the shower bay and were pampered by many hands that showered and groomed them. Not wanting to miss out on the fun, participants and the professionals had a whale of a time splashing water at one another to the delight of even the horses.

Having drenched themselves, the participants took to the train ride that went around the Club and the sand track while conveniently soaking up the sun and drying themselves after the water battle.

To wind down the exciting and adrenalin pumping day, a BBQ was held in the evening with much to talk and share with one another. This experience was followed by a movie night at the Polo Gallery which saw participants cosy up to one another in the cool night covered with blankets and pillows before retiring in the Club Rooms for the night.

The gentle patter of raindrops woke most of the participants who were ready for another day of fun starting off with a hearty breakfast and even more activities at the covered arena where most reminisce about the past when playing the bullrush game.

The event ended with many participants looking forward to the next camp.

Look out for more information and book early as slots are limited. See you at the next camp!



Riding Academy

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Atoms Polo Academy

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10 Healthy Ways to Welcome the New Year

Contributed by Joyce Teo

Instead of turning to quick-fix diets, people should exercise and eat healthily to reduce holiday weight gain, say health experts.

When the new year comes around, many people will inevitably turn to various quick-fix diets such as juice cleanses or fasting to reduce their holiday weight gain.

Indeed, dieting strategies purported to promote weight loss and elimination of toxins from the body are growing in popularity, say two dietitians at SingHealth Polyclinics (SHP), Ms Alyssa Chan Hwee Yeng and Ms Tay Su Mei.

However, a recent review has found that the evidence behind these diets is weak and inconclusive, they add.

Health experts say the body is designed to effectively remove unwanted waste products round the clock.

While so-called detox diets may lead to rapid short-term weight loss, it is unclear whether these are sustainable in maintaining a healthy weight in the long term.

Many detox diets are restricted in the types of food one can consume and run the risk of nutrient inadequacy.

Some may also lead to harmful consequences, especially if the person has underlying medical conditions, such as diabetes, kidney disease or heart disease.

Dr Lim Su Lin, chief dietitian at National University Hospital, says: "There is really no way to be able to confirm that (detox works) or to find evidence to support such benefits.

"It is a sexy word to make people feel that they can undo their bingeing during the festivities."

Instead, what people can do is to eat healthily as well as exercise.

EAT RIGHT AND EXERCISE

With many preparing to binge drink and eat their way into the new year, tomorrow will be the time to practise self-restraint to get back to a normal eating routine.

HERE ARE 10 TIPS FROM DIETITIANS TO HELP YOU RECOVER

1. DRINK JUICE

You can do this after a big feast. Freshly squeezed vegetable or fruit juices (especially those high in antioxidants) are much lower in calories than a full meal, according to Dr Lim Su Lin, chief dietitian at National University Hospital.

You can blend this concoction yourself or order it from a fruit-juice stall. It need not necessarily be an expensive bottle of juice labelled with the word "detox" as this may just be a gimmick, she says. However, it is not wise to replace meals with drinking juice for too long as juice lacks other essential nutrients such as protein, essential fat and the B vitamins, adds Dr Lim.

Returning to regular healthy balanced meals is still better than going through cycles of bingeing and fasting, she says.

2. GO LIGHT

To compensate for your festive bingeing, go for lower-calorie and healthy food choices. Eat light and healthy meals for at least two subsequent meals after a big feast, says Dr Lim. Some examples of light meals are chicken salads, clear soup or wholemeal sandwiches.

3. STAY AWAY FROM TEMPTATIONS

Do not make it harder for yourself to shed your holiday weight by keeping tempting foods at home. Resist the urge to stock up on chocolate bars, potato chips, sugary drinks or your favourite ice cream when you are next at the supermarket. If you love sweets, do not go near a display of chocolate and cakes.

4. GET MOVING

Return to your usual fitness routine as soon as you can or sign up for an exercise class that you have always wanted to try. Walk when you can and stay active - this can help ensure that you do not retain your holiday weight gain for good.

5. DO NOT RUSH

Eat slowly, especially if you have another party to attend. It is better to pace your eating and enjoy the gathering with loved ones. This will give your body time to tell the brain that you have eaten enough, said Dr Lim. If you eat quickly or gorge on the food, you will tend to overeat.

6. OPT FOR LOW-CALORIE DRINKS

Go easy on the sugared drinks and alcohol. Instead, drink mineral water, diet drinks, green tea or Chinese tea, said Dr Lim. Some people swear by a glass of lemon-infused water every morning or a cup of ginger tea after a big feast, in the belief that these drinks help with digestion and health.

Lemon-infused water and ginger tea contain few calories. However, there is no scientific proof that these drinks aid digestion nor is there any supporting evidence that they have to be drunk before food, said Dr Lim.



7. DO NOT STARVE YOURSELF

You may be tempted to avoid food entirely for a day after you binge, but this will only make you very hungry.

Opt for the right foods such as vegetables and lean protein to satisfy your hunger. If you are very hungry, you are likely to overeat at the next meal. You are also likely to eat more calorie-dense foods.

8. EAT FRUIT

Fresh fruits are a great way to satisfy your sweet cravings. As fruits are high in fibre, they will help keep you full for a longer period, said Ms Jaclyn Reutens, a dietitian at Aptima Nutrition & Sports Consultants.

She added: "Fruits contain natural sugars that are healthier than the added sugar in desserts and cakes."

9. EAT CLEAN

"If 'eating cleanly' means limiting or avoiding highly processed foods like ham, bacon, sausages, cakes and desserts, then, yes," said Ms Reutens.

Processed foods carry too much sodium and saturated fats, so stick to good old-fashioned, nutritious carbohydrate foods such as brown rice, noodles in soup, plain baked potatoes and pasta in tomato-based sauces, she said.

Opt for lean protein foods such as chicken, beef, pork, prawns, tofu, beans and lentils that are cooked in small amounts of oil and sauces. And do not forget your vegetables, which may have been forgotten during the festivities.

10. CHANGE TO A SMALLER PLATE

Eat a little less by using a smaller plate or bowl for your rice at meal times. There are no specific foods that can help people revert to their usual diet. Ms Reutens added: "There is also no need to cook special foods for this purpose, given that there are probably leftovers to finish." More importantly, eat a smaller portion of food at each meal after your holiday binge.

The festive indulgence would have increased your appetite as well as your satiety level, meaning that you need more food to feel satisfied. You thus need to make the effort to return to your normal diet.

If you eat healthily and resume your exercise routine, you will be on your way to a fitter self in the new year.



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60 min (with scalp massage) - \$145
90 min (with scalp massage) - \$205



Happy Feet

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Benefits: Improves digestion & overall well being, promotes relaxation & sleep

30 min - \$55
60 min - \$95
90 min - \$140

Anti-ache Busters

Combination of back & foot massages to fight fatigue and relieve an intense week. No oil and no disrobing. Comfortable attire recommended.

Benefits: Improves digestion & overall well being, promotes relaxation & sleep

Anti-ache 70: 40 min body + 30 min foot - \$150
Anti-ache 100: 60 min body + 40 min foot - \$195

RECIPROCAL LISTING

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AFRICA	South Africa	Inanda Polo Club	www.inandaclub.co.za
ARGENTINA	Pilar	Pilara	www.pilara.com.ar
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CANADA	Calgary Vancouver Toronto	The Ranchmen's Club Terminal City Club The Boulevard Club	www.ranchmensclub.com www.tccclub.com www.boulevardclub.com
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FRANCE	Paris France	Saint James Paris Polo Club du Domaine de Chantilly	www.saint-james-paris.com www.poloclubchantilly.com
HONG KONG	Kowloon Lung Ha Wan Road	Kowloon Cricket Club Clearwater Bay Equestrian & Education Centre	www.kcc.org.hk www.ceec.hk
INDIA	Jaipur Kolkata Mumbai Mumbai	Jaipur Riding & Polo Club Calcutta Polo Club Golden Swan Country Club Mumbai Cricket Association Recreation Centre	www.jaipurpolo.com www.calcuttapolo.com www.goldenswan.com/countryclub www.mcarecreationcentre.com
INDONESIA	Jakarta	Mercantile Athletic Club	www.macjakarta.com
JAPAN	Yokohama	Yokohama Country & Athletic Club	ycac.or.jp/wp
KOREA	Seoul	Seoul Club	www.seoulclub.org
LUXEMBOURG	Luxembourg	Cercle Munster	www.munster.lu
MALAYSIA	Ipoh Kuala Lumpur Kuala Lumpur Kuala Lumpur	Iskandar Polo Club Sunway Lagoon Club Royal Lake Club Bukit Kiara Equestrian & Country Resort	Nil www.sunway.com.my/club www.royallakeclub.org.my www.berjayaclubs.com
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Get into the Christmas mood and celebrate with me. Can you count how many ornaments there are on the tree? Write your answers in the boxes below. I will pick 5 lucky winners who will bring home an exclusive SPC pony soft toy to be decked under your Christmas tree!



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