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Lawrence Khong
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8.00am – 11.00pm (Daily)

The Mountbatten Room
8.00am – 11.00pm (Daily)

The Verandah
8.00am – 11.00pm (Daily)
(Last food order at 10.30pm except for Poolside at 10.00pm)

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LUSH Spa
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Sauna
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Squash Court
8.00am – 10.00pm (Daily)

Swimming Pool
7.00am – 9.00pm (Daily)

Tennis Courts
8.00am – 10.00pm (Daily)

The Polo Loft
9.00am – 7.00pm (Tues –Sun)

Towel Counter
7.00am – 9.00pm (Daily)

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Terms and conditions apply.
Dear members,

I’m honored to be the new President of the Singapore Polo Club. Together with my committee members, the management team and your support, we will get a lot done on many fronts and greatly enhance the membership experience for us all.

2017 marks a monumental year for the Club. We’ve been tasked by our members to undergo a massive redevelopment using up a substantial percentage of our cash reserves. The redevelopment budget is SGD6 million approved at the EGM held on 15th February, 2017. I believe, it is essential for us to renovate and revamp our F&B facilities as well as the general look and feel of the Clubhouse, so as to retain and expand our membership. We will also build a boutique hotel on our premise, that will add another much needed revenue stream to our dwindling cash flows from jackpot.

In August 2017, the Club’s talented pool of polo players and riders will represent Singapore at the 29th Southeast Asian (SEA) Games, which will be held in Kuala Lumpur, Malaysia. This is a proud moment for us and we will support to our fullest this national endeavor. As some of you may remember, in the 2007 SEA games in Bangkok, our Polo team reached the final, winning a Silver Medal for Singapore.

Taking on the role of the President, I’m committed to making continual improvements to our overall standards of Polo and Riding to ensure that there are more opportunities for our Polo Players and Riders to grow and expand their capabilities, and most importantly make this a fun place to be.

I look forward to meeting each and every one of you in the Club.

Here’s to a vibrant and fun filled year ahead!

Sincerely yours,

Satinder Garcha
President
Dear members,

Recently a number of members had commented on how better managed the stables and riding sections have been. We thank you for your comments which will further motivate the team to perform even better. The past months has seen dialogues and sessions with members on how they feel about the Club and where we can further improve upon to make every visit a pleasant experience for you and your guests.

With a recent new hire, the stable yards now have a dedicated cleaner to carry scheduled works like pressure washing, high dusting and cleaning of the stables and yards. We have re-structured the riding administration and streamline its processes so as to ensure better management and communications all round.

We have recently purchased four LED spotlights to light up the area in front of our clubhouse verandah so that we can have equestrian activities in the late evening to create a vibrant and exciting atmosphere. The installation of the mirrors at the covered arena will be completed by the end of this month and the covered arena will be given a fresh coat of paint with tenders already in the pipeline.

We would like to thank our members for your understanding and regret the inconvenience caused due to the fire that broke out at the male sauna room in February. The SCDF did a wonderful job in putting out the fire despite dangerous fumes engulfing the site. We would like to commend our staff, Manyam, Sainadh and others who despite the danger, risked their personal safety to try and extinguish the fire. The SCDF had praised their quick action of which we have credited to the Risk Management and Fire Drill training that the team had undergone just months before. The cause of the fire was not known.

The past year has been an exciting and wonderful experience for the team and we will endeavor to keep on improving your experience with every visit to the Club.

I would like to take this opportunity to introduce my colleagues in the management team (See picture below) who have worked closely together to make your Club visit a better experience.

With the new Committee under President Satinder Garcha, the management team can look forward to another exciting year ahead where we can learn much from the vast experience and knowledge that the Committee has, to work with and achieve, the objectives set for the Club.

We would also like to thank the outgoing Committee under President Rickard Hogberg and the various Sub-committee members who with their guidance and support, have made our journey last term, a memorable and exciting one.

Sincerely yours,
Sylvan Braberry
General Manager

From left: Joanna Wong Secretary, Kora Bremner Stable Manager, Daniel Sitranen Riding School Manager, Sunny Oh Polo Manager, Sylvan Braberry General Manager, Han Peck Hoe Facilities & Maintenance Manager, Stephanie Lim Head, Membership, Marketing & Communications, Alinna Li Human Resource Manager and Woo Lee Choo Head, Finance.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>15 February</td>
<td>Field Re-opens for stick &amp; ball practice</td>
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<tr>
<td>2 March</td>
<td>2017 Polo Season – practice chukkas begin</td>
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<td>18-19 March</td>
<td>Club &amp; Novice Tournament</td>
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<tr>
<td>1-2 April</td>
<td>The Calcutta Polo Club – Ezra Tour (4 goal)</td>
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<tr>
<td>18-23 April</td>
<td>BRONZE LEAGUE (4 goal)</td>
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<td>6-7 May</td>
<td>Novice Tournament</td>
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<tr>
<td>13-14 May</td>
<td>SEA Games Exhibition I (6 goal)</td>
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<td>27-28 May</td>
<td>Club Tournament</td>
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<tr>
<td>5 June</td>
<td>Charity Exhibition Match (6 goal)</td>
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<tr>
<td>17-18 June</td>
<td>SEA Games Exhibition II (8 goal)</td>
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<td>11-16 July</td>
<td>SINGAPORE OPEN (10 goal)</td>
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<td>29-30 July</td>
<td>Club Tournament</td>
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<td>14-23 August</td>
<td>Field Closed</td>
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<tr>
<td>19-31 August</td>
<td>29th South-East Asian Games [Venue: Putrajaya Equestrian Park] (5-8 goal)</td>
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<tr>
<td>2-3 September</td>
<td>Novice Tournament</td>
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<td>16-17 September</td>
<td>Club Tournament</td>
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<td>26 September - 1 October</td>
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<td>12-15 October</td>
<td>Battle of the Sexes (2 goal)</td>
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<td>GOLD CUP (16 goal)</td>
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<td>7 November</td>
<td>Melbourne Cup (2 goal)</td>
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<td>Club &amp; Novice Tournament</td>
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<td>4 December</td>
<td>2017 Polo Season Ends</td>
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<td>15 February 2018</td>
<td>2018 Polo Season - Field Re-Opens for stick &amp; ball practice</td>
</tr>
<tr>
<td>30 March – 1 April 2018</td>
<td>BMW BEACH POLO CHAMPIONSHIP (6 goal)</td>
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</table>
The Club’s Extraordinary General Meeting was held on 15 February 2017. In accordance with Rule 37f of the Club’s Constitution, the Committee submitted the following resolution to be considered and voted upon at the said Extraordinary General Meeting.

A) The resolution in respect to converting the existing staff apartments to Members’ club rooms, carried at the 68th Annual General Meeting held on 24th March 2015 be rescinded.

B) The Committee be empowered to:

i) utilise part of the operating cashflows, up to a total of $3.4 million over a term of four (4) years, for a coordinated replacement and upgrading program for the clubhouse including the sports block and stable block in compliance with relevant health, sanitation and building regulations;

ii) utilise an amount not exceeding $2.8 million from the Club’s Facilities improvement fund for addition of new facilities, as follows:

a) a new lift at the stable block;

b) a new café/ function room and kitchen near the swimming pool; and

c) sixteen(16) new club rooms at the sports block.

The Resolution was carried with 72.9% votes for.
The Club's 70th Annual General Meeting was held on 28 March 2017 and a new Committee was elected for 2017/2018. The results are as follows:

**Committee 2017/2018 elected:**
- President: Mr Satindar Garcha
- Vice President: Mr Wee Tiong Han
- Polo Captain: Dr Ali Namazie
- Hon Secretary: Mr Rickard Hogberg
- Hon Treasurer: Dr Amelie Villeneuve
- Committee Members: Mr Ali Reda, Mr Lawrence Khong, Ms Melissa Ko, Mr Tan Hock

**Trustee Group 2017/2018 elected:**
- Mr Brian Miller
- Mr Graham Cox
- Mr Iqbal Jumab hoy
- Mr Loh Kim Chah

**New Charter Polo Playing Member elected:**
Mr Dominic Goh

- Resolution 1 for Alteration and Additions to Rule 23 – Suspension, Expulsion, Cessation and Closure of Membership
- Resolution 2 for Amendments to Rule 39 - Proxies
- Resolution 3 to rewrite Rule 30 - Committee

The above resolutions 1, 2 and 3 were not carried forward.
From left: Satinder Garcha, Rickard Hogberg, Dr Amelie Villeneuve and Wee Tiong Han
NEW COMMITTEE MEMBERS
2017/2018

PRESIDENT
Satinder Garcha

VICE PRESIDENT
Wee Tiong Han

POLO CAPTAIN
Ali Namazie

HONORARY SECRETARY
Rickard Hogberg

HONORARY TREASURER
Amelie Villeneuve

COMMITTEE MEMBER
Ali Reda

COMMITTEE MEMBER
Lawrence Khong

COMMITTEE MEMBER
Melissa Ko

COMMITTEE MEMBER
Tan Hock
NEW MEMBERS
January – March 2017

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the club!

CHARTER CORPORATE MEMBER
Tan Soo Gek

CHARTER MEMBERS
Andrew Da Silva Chalmers
Ching Meng Chew
Chua Boon Lai
Gemma Blasco Martinez
Nicholas Francis Fisher
Nicolai Bruno Baron Von Uexkull-Guldenband
Peng Yurong
Purvish Chaitanya Shah
Sandra Lim Teng Tiang
Tan Siew Peng

REGULAR INDIVIDUAL MEMBERS
Andre Juan Casson
Chin Hui Min Belinda
Devine Douglas James
John Dominic Tze-Juen Shum
Magdalene Ho Yen Yee
Makiko Teranishi
Shailesh Singh Baidwan
Sharon Tiong Ji Shuen
Solon Neville Brown
Thomas Philip Miu
Tiffany Jane Kapadia
Tom De Geytere

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Detox Stress Buster  $205 nett/pax | 2 hrs
SPA TREAT warm foot bath + 30 min choice of (kaffir lime body scrub OR anti-migraine face spa) + 90 min Detox full body & scalp massage
BENEFITS relieves water retention & boosts circulation
SUGGESTED ADD-ON Slim Effect - 1 part $38

Anti-Aging Stress Buster  $205 nett/pax | 2 hrs
SPA TREAT warm foot bath + 90 min choice of (anti-aging full body massage OR anti-aging full facial w/ eye treatment) + 20 min relaxing foot massage
BENEFITS rejuvenating & restorative
SUGGESTED ADD-ONS warm stones $20 | upgrade to expert anti-aging facial $50

The Stress Buster Mini Series
Just three 90-minute scheduled treatments with a dedicated therapist for optimal benefits. Ask your therapist today.

DE-STRESS & DETOX  MUSCLE RELIEF  BETTER SLEEP  ANTI-AGING SLIM & TRIM

FOR BOOKINGS, PLEASE CALL 6254 9091. WE ARE LOCATED ON THE SECOND FLOOR NEXT TO THE GYM. OPEN DAILY 10 AM - 9 PM.
**Pinocchio**  
Dive into the colourful and entertaining musical puppet show which journey Pinocchio’s world of curiosity and fantasy. Embodying the spirit of adventure, growth and exploration, find out what Pinocchio did that led him to be swallowed by a whale!

Enjoy 15% early bird discounts with the promo code “polo15”.  
Promotion valid till 30 April 2017. Tickets are available through SISTIC.

**Cheesecakes**  
Can’t get enough of cheesecakes? With 17 gourmet flavours to choose from, get ready to tantalise your taste buds with Singapore’s first and foremost online premium cheesecake retailer, Cat & the Fiddle.

From now till 30 June 2017, enjoy 10% off all regular priced cheesecakes using the promo code “POLO”.

Promotion valid only for cakes purchased from Cat & the Fiddle website.

**Feeling the heat?**  
Indulge in a complimentary JWEL’s Bites Black Forest and Tiramisu ice cream at the National Dressage Championships from 19 – 21 May 2017.

Enjoy the goodness of the exotic flavours with your friends and family while being entertained by the equestrian competition. See you at the Championships!
CLUB NEWS

SINGAPORE POLO CLUB

CUBAN DINNER

19 May 2017
6.30pm - 10.30pm

LET’S PARTY

Come join us at our first Cuban Dinner Party at the Club!

Dress to the theme and be mesmerized by the Singapore Polo Club's classy equestrian performances including Katherine Desbaillets' Dressage Display, Quadrille, 6 Bar Show Jumping and Tent - Pegging while indulging in authentic Cuban Buffet Dinner.

That's not all! The night has just begun...

Get ready to groove to the beat all night with music from an adrenaline pumping live Cuban Band or unwind and chill with your friends over exotic Cuban drinks and cigars.

The Best Dressed will get to win a Longines timepiece from the Conquest Collection worth $2,670!

Member: SGD 128+ per pax*  Guest: SGD 148++ per pax*
Children below 12: SGD 43 per pax

Book your party tickets at events@singaporepoloclub.org or call 6543999

*Buffet Dinner and Welcome Drink only
National Dressage Championships 2017

Venue:
The Singapore Polo Club
The Covered Arena
19- 21 May

The 2017 NATIONAL DRESSAGE CHAMPIONSHIPS will take place at the Singapore Polo Club from 19 – 21 May. The three-day Championship welcomes multi-national dressage riders from Singapore across all levels of competition (Preliminary, Novice, Elementary, Medium, Advance and FEI Small Tour classes).

We are proud to have visitors from around the region and two distinguished International FEI Equestrian and Honorary judges for the event. In total, there will be 30-40 riders competing for the top positions in the Singapore Championships and a total of 140 entries over the three days.

Saturday’s highlights includes the Freestyle to Music – always a crowd favourite! Come and watch our horses dance to the music.

Visitors can also enjoy a shopping spree with ‘must-have’ favourites from The Shopping and Food Village… and if you like to let your hair down, don’t miss the “Cuban Dinner” on the opening night, 19 May and “Dressage Under The Stars” for an evening of elegance on 20 May.

In between the dressage competitions, meet up with friends, relax and unwind over a drink at “The Viewing Gallery”, which is situated above the Covered Arena, or book a table for “The Champagne High Tea” on 21 May.

Tickets for the three days of parties are available soon. Come dressed to the themes and prizes will be awarded to the best dressed!

19 May, FRIDAY 6.30pm – 10.30pm
CUBAN DINNER

PERFORMANCE:
- Katherine Desbaillets’ Dressage Display
- SPC Quadrille
- 6 Bar Show Jumping
- Tent-Pegging

THEME: Cuban        VENUE: The Upper Verandah
MEMBER: SGD128+ per pax   GUEST: SGD148++ per pax
CHILDREN BELOW 12: SGD48 per pax
*Buffet Dinner + Welcome Drink

20 May, SATURDAY 6.30 pm – 10.00pm
DRESSAGE UNDER THE STARS

THEME: Black & White
VENUE: The Viewing Gallery, followed by The Chukka Bar
(For 4 pax): MEMBER: SGD250+     GUEST: SGD280++*

The Viewing Gallery:
(Single ticket to join table of 4) Member: SGD75+     Guest: SGD85++

Ground Level:
(Single ticket) Member: SGD40+     Guest: SGD55++

* Table of 4 includes one bottle of champagne, all included one glass of welcome champagne

21 May, SUNDAY, 3.00pm - 6.00pm
*CHAMPAGNE HIGH TEA

VENUE: The Viewing Gallery
(For 4 pax): MEMBER: SGD148+     GUEST: SGD168++

TWO DAYS PARTY PASS (Friday & Saturday)
(For 4 pax): MEMBER: SGD650+     GUEST: SGD750++

THREE DAYS PARTY PASS
(For 4 pax): MEMBER: SGD750+     GUEST: SGD850++

*Package is for 4 pax, includes one bottle of Champagne

Book your party tickets now at events@singaporepoloclub.org or 6854 3999

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Supporting Partners
Last year, the Singapore Polo Club, founded in 1886 (making it the second oldest polo club in the world) marked its 130th anniversary. It is therefore especially apposite, that the 2017 polo season should have started with the 155 year old Calcutta Polo Club, founded in 1862 (making it the oldest polo club in the world), selecting Singapore as its first port of call this year for its Polo Heritage Legend – The Ezra Cup world tour.

The four chukka Ezra Cup match took place on 2nd April 2017 and saw two local teams – Singapore Polo Club I & II – vie with one another for this venerable polo trophy. The Ezra Cup, the first ever polo trophy in the world, is named after David Elias Ezra, a leading Jewish business tycoon who patronized the game in late 19th century Calcutta; the first Ezra Cup was held in 1880. When the trophy turned 135, the Calcutta Polo Club resolved to take the Ezra Cup for a global tour so that the polo fraternity across the globe outside of Kolkata would have an opportunity to play for this ‘Polo Heritage Legend — The Ezra Cup’ with the winning team’s name engraved permanently on this historic trophy.

Polo is, in all likelihood, the oldest team sport, has a provenance that dates back all the way to about the 6th century BC! The modern version of the game began in British India and the Calcutta Polo Club is an integral part of this history. Two British soldiers, Robert Stewart and Joe Shearer, saw a game called sagol kangjei played by locals on small ponies in Manipur. Impressed by this game, the soldiers introduced it to their peers in Kolkata and in 1862, the Calcutta Polo Club was founded with the subsequent creation of a new format for the game.

The SPC I team was captained by Vinod Kumar (0) along with Sanaullah Khan (2), Giles Twiss (1) and Kunal Narula (-1). Ranged against them...
were SPC II, captained by Ali Reda (1) and supported by Shane Boyd (2), Lynly Fong (O) and with Anna Lowndes (O) sharing a slot with Ronnie Lim (O). It was a brisk, open game of polo for the most part with both teams finely balanced as reflected by the score at the final bell of the fourth chukka: 6½ to 6 in favour of the SPC I team. Two goals apiece were scored by each of Vinod, Sani Khan and Giles for the winning team; while for SPC II, Shane Boyd scored three goals, Ali Reda scored two and Lynly Fong one goal.

The Singapore Polo Club wishes to express a vote of thanks to the Calcutta Polo Club for very kindly deciding to bring the Ezra Cup to Singapore for the first leg of its world tour. We wish them well for the remainder of their tour and, in years to come, look forward to a return visit of this magnificent polo trophy to Singapore perhaps to grace another suitably auspicious anniversary of our two clubs!

Article by Polo Captain, Ali Namazie
From left, Sanaullah Khan, Vice President Wee Tiong Han, Giles Twiss, Kunal Narula, Vinod Kumar and Simon Silvestor

From left: Sanaullah Khan, Vinod Kumar, Patron Ameerali Jumabhoy and Anandkumar Nair

Vinod Kumar with his dad, Anandkumar Nair

From left: Sanaullah Khan, Vinod Kumar, Patron Ameerali Jumabhoy and Anandkumar Nair

From left: Vice President Wee Tiong Han and Simon Silvestor
At 22, his dream of representing the nation at an international level has finally arrived, after waiting close to a decade for this moment ever since he was inspired by the Singapore national polo team bringing home a Silver medal at the 2007 Southeast Asian Games held in Bangkok.

Come August this year, Waqas Khan hopes to be part of the Polo team who will be competing at the 29th SEA Games. From the days his father mounted him on a horse after his dad’s chukkas, he is now a 4 goal handicap player. Waqas spent his childhood years riding and eventually playing polo since the age of 13 under the guidance of his father, Sattar Khan, a former 6 goal polo player and now a freelance coach and polo instructor at the Singapore Polo Club.

“The Singapore Polo Club has supported my polo career whole-heartedly by providing endless opportunities for me to represent the Club at various tournaments in Malaysia, Thailand and Argentina, to name a few. The Club is very close to my heart because it’s where I grew up with other youth polo players like Ang Roon Kai and Ameer Jumabhoy and it is also where I was first introduced to horses and riding,” shared a sentimental Waqas.

When asked about his preparations for the upcoming SEA Games, Waqas explained that he intends to train in Argentina for two weeks of intense polo training before going back to the United Kingdom, where is currently pursuing his university degree. To ensure he does not lose muscle memory and to keep him fluid, Waqas will be training at the various polo clubs in UK, this is to make up for his lack of training while he is away.

Although he idolises and is motivated by a few top polo players like Bautista Heguy and Adolfo Cambiaso, Waqas credits his father as his mentor who has taught him for over 10 years. He also gave insights on his dad’s advice to him on the preparation for the SEA Games.

“Dad told me it is very important for me to focus on working together with the other team members and build a rapport with them. After which, I should play as much polo with players from all around the world to identify different playing styles. Lastly, working with the horse is fundamental, I will need to train hard with the horses which I will be using for the competition.” explained Waqas.

Being one of the youngest players shortlisted, Waqas highlighted that while he is extremely privileged to be given this opportunity, he hopes more individuals, in particular...
Singaporean teenagers and children who are interested to pick up the sport, will be given more support in terms of coaching and funding so that they too, will be able to realize their dream of representing the nation.

He also explained that that the age gap between team members does not hinder the team's strength. Rather, the ability to play together tactically, the strategy and guide one another matters more.

In the coming months, 13-14 May and 17-18 June, the Club has organised special SEA GAMES Exhibition matches at the Club. We hope you will lend your support to cheer the national players as they strive to do Singapore and the Club proud.

Article by SPC
Wish Upon A Sattar

Putting his students first, Sattar dedicates his time to giving them the best learning experience.

It is perhaps the dream of every aspiring polo player to play a chukka or two with legendary 10 goal players Ernesto Trotz and Guillermo Gracida, affectionately known as Memo Gracida. Polo instructor Sattar Khan went the extra mile to grant this wish to two of his polo students, Koh Pei Bei and Chua Boon Kang during a trip they made to Argentina in December last year.

From meeting and greeting Trotz and Gracida in an experience of a lifetime, Pei Bei and Boon Kang spent two weeks in Argentina learning and training with their dedicated polo instructor alongside these two polo legends.

Sattar Khan, Singapore Polo Club’s resident polo professional for almost two decades, with more than 30 years of experience and over 100 tournaments under his belt including four World Polo Championships, two Cartier Cups and eight Rolex Internationals. He has groomed talents such as Pakistan’s leading polo player Hissam Hyder, as well as Club President Satinder Garcha, Vinod Kumar, Melissa Ko and Lawrence Khong to name but a few of the members whose polo Sattar has helped improve. Over the years, he has taught a younger generation of talented players including, Mark Eric Hogberg, Alice & Louisa Hutton and more recently players such as Keith and Clifton Yeo. However, Sattar still feels his job is not complete as he hopes to inspire others to improve their skills no matter the number of years they’ve been riding or playing polo.

“In polo, there is never an age to say I am done with learning because to succeed in polo, it is about putting in time and effort to train on a weekly basis to improve your skills. In the beginning stages of learning polo, it is very easy to start moving up the handicap rank; however most people get stuck in the middle stage and this is where you really need to focus on attaining specific skills. Contrary to what some might think, playing chukkas alone does not make one a good polo player. It all comes down to working in tandem with the horse and the playing ground over a period of time.” shared Sattar who also credits the Club as one of the best Clubs in the world for learning polo due to the convenient location of the Club which is just 10 minutes from the city unlike most other clubs overseas, where one needs to spend hours travelling just to get to the club.

Learning does not stop even for Sattar who recently travelled eight hours for a mentoring session by Juan Carlos Harriott, the sport’s greatest. Having played with royalty as well as big names such as Nacho Figueras, Sattar hopes in time to come, he will be able to help take polo to a greater level in Singapore.

Now working as a freelance instructor and professional, one of his plans includes bringing in more 5 - 6 goal polo professionals to train members in smaller groups so that they will be able to have more customised training and to have these polo professionals in a team for polo tournaments. “This will help to attract more spectators to watch the game as the higher the goal of the match, the more intense it becomes and it makes the match more interesting to watch”, says Sattar.

When asked what he regarded as his greatest achievement thus far, Sattar, without any hesitation mentioned his 21 year old son, Waqas Khan, who today, at a handicap of 4 goals is one of the top youth polo players in South-east Asia. The Club has been the only training ground for Waqas ever since he was introduced to the sport at the age of three by his dad. Being able to play alongside his son in chukkas warms Sattar’s heart as not every parent is able to participate in competitions or chukkas with their children the same way due to certain constraints. A proud father, Sattar shared that it took him...
and Waqas three trips to Argentina over the course of three years before Waqas clinched the title for COPA PORTILLOS, one of the hardest youth polo competitions with over 150 competing teams and an average of 10 goals per polo player.

For Sattar, himself a former 6 goal player, he is thankful that he is able to coach his son personally because of his background as a polo professional since the age of 16. Sattar hopes that parents who wish to see their children grow in polo, will send them for proper training rather than relying on the parents’ experience as this will allow their children to learn the right skills at a young age.

Aside from coaching, Sattar is often tasked with selecting and buying new polo ponies for the Club as well as members. With a variety of horses to choose from, Sattar explains that he usually starts with the conformation, which essentially means ensuring the horse's muscles are good and its legs and body strong, after which he would have narrowed down the choice to a few good horses. He will then ride these selected horses and play them for a few chukkas before deciding on his purchase.

Sattar says that from 1 - 3 years old, a horse is normally used for riding, thereafter at 4 years old, it is ready to be trained for polo. Once it is around 6 years old, a horse begins to be used for polo proper because by then its muscles and bones have sufficiently strengthened.

One would think Sattar has accomplished all that he has set out to achieve in the world of polo; however that’s not true. Sattar dreams of attracting more youngsters to pick up polo in Singapore to ensure the sustainability of the game in coming years. Sattar hopes to be part of the national team to bring gold home for the nation in the upcoming 29th Southeast Asian Games. In time to come, he aspires to be part of the qualifying round in the World Polo Championships and eventually bag a win in this zone.

“As long as my students are keen to learn, I will do anything within my means to give them the best learning experience.”

– Sattar Khan

Article by SPC

Fifth from left, Koh Pei Bei and Chua Boon Kang on her left
Founded in 1929, The Pony Club began in England for youth interested in ponies and riding. Today, The Pony Club is an international voluntary youth organisation, represented in over 27 countries, with membership exceeding 110,000, and a starting point for many equestrian athletes.

**The Pony Club (Singapore Polo Club)**

Held at the Singapore Polo Club, members age 4 to 21 years old participate in weekly un-mounted rallies, where instructions in equitation and horse management are shared in a fun and safe environment.

With 45 riding school ponies & horses to groom, wash, shoe, feed and cuddle, members are sure to get a weekly dose of horse interaction.

**Our Aim**

To cultivate respect, understanding and trust between our horses and youth, to build confidence in our young equestrians and to promote the highest ideals of sportsmanship – strength of character and self-discipline.

**What We Do**

The Pony Club Standards of Efficiency Tests, segmented into 8 levels of achievement, beginning with ‘E’ and culminating with the prestigious ‘A’, are designed to show members progress of knowledge in different areas of horsemanship. We also organise gymkhanas, annual camps, lectures, film screenings and even Easter and Christmas parties!

**Who Can Join**

We welcome both members and non-members of the Singapore Polo Club. As part of The Pony Club, we collaborate with the Riding Section to expedite our members waiting time for riding lessons, to supplement un-mounted learning with mounted training!

Email us at ponyclub@singaporepoloclub.org any time! Our application form can be found at the front of the Riding School Office.
An Affinity with Horses

Zara Taylor’s first competition led to her big win

Jackie O, Destination, Keepsake, Toby and Rascal... These names might sound foreign to those who are not familiar with it, but to 8 year old Zara Taylor, these are precious names of her favourite horses at the Singapore Polo Club ever since she was introduced to the Stables by her parents at the tender age of 2.

As soon as Zara turned 6, she knew she wanted to learn riding. It’s been two years now since Zara started riding and she’s never once dreaded riding lessons. For the longest time she was on the lead rein and lunge, Zara now rides twice a week – one flat and one jumping lesson per week.

Being introduced to the Stables at a young age has intrigued Zara and allowed her to appreciate riding and the equestrian world. Riding on a variety of horses with different personalities, environments and being taught by different instructors while on her holidays in France, England and Bali has also boosted her confidence immensely.

In February this year, Zara decided to participate in her first dressage competition – the Pony Club Test D1 (walk and trot) at the Singapore Polo Club Hong Bao Show 2017. She practised really hard for about a week with two instructors, Krystal and Charlie.

After giving it her all during her trainings, she felt confident, albeit a bit nervous, on the morning of the competition, but she gave it her best shot and, to her surprise, Judge Sean Hope named her the winner in her category. Zara was ecstatic – she never expected to win her first competition. She also learnt a valuable lesson – practice makes perfect, and hard work pays off.

Learn more about the Pony Club from the Riding School and let your little ones unravel the beauty of the equestrian world.

Article by Nadia Taylor
Aquaspin™ combines the benefits of spinning & aqua aerobics offering a challenging full body workout to sculpt your body, combat cellulite, improve blood circulation and burn up to 800 calories!
Pioneering Equestrian Internships

Welcoming 3 delegates from Yanlong Horse Industry Group from Beijing

First in history! Singapore Polo Club Riding School recently offered internships to three delegates from Yanlong Horse Industry Group from Beijing. It was the utmost pleasure of the Club to share our vast equestrian experience and knowledge with a reputable overseas facility.

Running for a short three and a half weeks term from 14 March 2017 to 9 April 2017, the three interns, Jackie Chen from Yanlong Horse Industry Heilongjiang Branch, Allen Yang from Yanlong Xian Pony Club and Mary Huang from Yanlong Nanning Branch were immersed in the stable management and coaching program at our club, a British Horse (BHS) “highly commended” standard that our Riding School has proudly attained in various areas, to name a few:

- Horse Welfare
- Teaching/Instructing/Coaching
- Arenas (Indoor and Outdoor)
- Work Procedures

On a daily basis, the interns were on rotation with our various instructors Daniel Sitranen, Rolando Gonzalez, Krystal Wang, Roy Ibrahim, Keith Choi, Charlie Le Sueur and stable supervisor Agilan. They gained practical BHS standard knowledge as well as had hands on sessions learning to prepare horse feeds, tacking up and untacking horses, learning how to conduct lessons to various levels and disciplines of riders ranging from lead walk, lunging, beginners, preliminary and novice dressage levels and low jumps.

Most importantly, they learnt the basics of riding and even “horse whispering” techniques to lunge the school horses!

Beyond learning, they were given the opportunity to ride and jump our fabulous school horses and had a field day learning jumping course design.

With the close daily interaction between the interns and the Riding School staff and Club’s members, this wonderful cultural exchange has definitely blossomed into a new found partnership between the Club and our overseas interns.

The Singapore Polo Club is pleased to pioneer equestrian internships and we hope this success and co-operation will open up a whole new avenue for the Club as well as to create a milestone for the Club in near future.

In the coming years, the Club aims to offer more internships and be part of more exchange programs with other regional or international riding facilities.

We would like to wish our interns all the best in their future endeavours and we hope to see them at the Club real soon!

Article by Daniel Sitranen
As part of our objective to be a responsible Club, we have identified EQUAL-ARK Singapore as our adopted charity.

Located a 10 minutes walk from the Club, EQUAL-ARK is a charity with IPC status that uses therapy horses to develop resilience in youths with special needs, youths from vulnerable backgrounds, and the elderly.

Every year, it serves 500 clients who come from children’s homes, schools and nursing homes. Its team of mental health specialists and equine specialists do this through Equine-Assisted Learning, a teaching approach with decades of proven outcomes in North America, Europe and Australia.

But just how do you actually use horses to help humans?

Here’s how it works.

**Horses are prey animals**
Horses are not predators. And like all prey animals, horses are biologically wired to be hyper-sensitive to their environments.

As our member, you may know this from seeing our horses at our arena and the polo field. But what happens when you put a horse together with, say, a teenage girl who has been abused as part of a therapeutic session? Something magical happens. The horse, because of its innate sensitivity to its environment, becomes a mirror to the youth. It is able to sense the hurt in this youth. This causes the horse to react in a number of ways. It may start following the youth around or place its head on her lap. Such moments, which emerge naturally, create powerful moments for the accompanying mental health specialist to latch onto in order to connect with the youth, plant an idea (about their self-worth, for example), or validate qualities and strengths that the youths may not recognize in themselves. Such unique learning opportunities cannot be replicated through traditional talk therapy in schools, children’s homes or mental health clinics, places where these youths would otherwise be treated.

**Horses are herd animals**
In the wild, horses live in groups and because of that, horses...
are wired to always be looking for a leader. That is why to work successfully with a horse, whether on the polo field or arena, you need to show that you are its leader. That may not be difficult for many of us. But for a youth who, say, has been bullied in school, learning how to lead a 500-kg, 2m-high animal is a profound experience. They re-establish their confidence and develop a stronger sense of responsibility. They learn to stand tall again.

**Horses aren’t human**
Animals do not have the baggage that humans have. They do not have biases and are not judgmental. That is why many youths can connect with animals better than with humans, be they teachers, school counselors, psychiatrists or nagging parents. The same goes for many elderly who have fractious relationships with their children, spouses or nurses, leading to isolation and depression. With horses, things aren’t so complicated! Simply being with a horse or grooming a horse helps them stay in the present moment. It is a powerful tool to help those struggling to come to terms with the past or the future, such as troubled youths and elderly.

**Horses don’t fall in love easily**
How is working with horses different from dog therapy? Youths and elderly from some religions and cultures cannot come into contact with dogs. Dogs are also smaller, which changes the nature of the relationship that a youth or elderly has with it. You can scoop up a dog into your arms; you can’t do that with a horse. A dog gives unconditional love; a horse doesn’t. You need to work hard and earn the trust of a horse over time. It is through this hard work – and the hard-won fulfillment that comes in the end – where life lessons are effectively taught at EQUAL-ARK.

**DID YOU KNOW?**
Horses have been used for therapy since the time of the ancient Greeks. In its contemporary form, Equine-Assisted Learning (EAL) was developed in Germany, Austria and Switzerland in the 1960s. It later spread to North America and Oceania.

Through working with horses, 95% of the youths at EQUAL-ARK show improvement in their social-emotional health, assessed through the Habits Of Mind, a framework developed by Arthur Costa (California State University) and Bena Kallick (Yale University). In a study by Ohio State University, elderly who work with horses showed a 25% improvement in the Modified Nursing Home Problem Behaviour Scale, which measures the well-being of elderly.

The youths that EQUAL-ARK rehabilitated return to school, become more engaged in school, or successfully secure jobs. Our very own Jason is one of them! The virtuous cycle goes the other way too. Two of the Club’s former Polo ponies, Valentina and Costera, found a second home and career at EQUAL-ARK after retiring from the polo field.

At the Club, we have a long history. We are 131 years old and we are still innovating, pushing boundaries. We are excited that in EQUAL-ARK, we have found a charity partner that is doing the same.

The Club is working with EQUAL-ARK on a partnership framework to identify the best ways we can support the youths and elderly. We are looking forward to building a long-term relationship that is naturally synergistic and allows the Club to serve the community in an exciting and unprecedented way.
IndoChine Group is proud to be part of world gourmet summit (WGS) 2017 which only the elites are invited among the thousands of establishment in Singapore. As part of WGS 21st anniversary, IndoChine Chijmes, IndoChine Restaurant and especially Polo Restaurant & Bar were honored to have received the prestigious invitation to be among the 36 hosting establishments as part of this extraordinary gourmet event.

We have our MasterChefs, Chef Chookiat (Polo Restaurant & Bar), Chef Chaiyot (IndoChine Chijmes), Chef Bunchu (IndoChine Restaurant) and Chef Chatchai (IndoChine Restaruant) specialising in Laotian, Cambodian and Vietnamese cuisine to represent our Indochinese cuisines.

MasterChef, Chef Chookiat of Polo Restaurant & Bar showcased his Laotian cuisine specialties of Khao Poon Nam Pa (Laotian Laksa), Nem Khao Hor (Rice Paper Roll with a twist using natural flavoured cones!) Sai Uaeu (Laotian chicken and...
prawn sausage) and Larb gai ping sliders (grilled meat patty sliders) just to name a few.

All our MasterChefs took part in the planning of the promotional menus of the different Indochinese cuisines for WGS opening reception, UNcover A Gourmet Atlas with Chope (UNGA) and the closing party Sunday brunch United Nations Gastronomic Assembly. IndoChine featured a different menu for every WGS events, especially when we hosted the Ambassadors Lounge at IndoChine Chijmes.

Chef Chaiyot presented the Cambodian cuisine with the likes of Fish Amok, Khmer Beef Skewers, Plear Sach Ko (Cambodian Beef Salad) and many more. Chef Bunchu worked hand in hand with Chef Chatchai to come up with the Vietnamese cuisine with delicious Canh Chua Do Bien (Sweet and Sour Seafood Soup) and Bánh Xèo (Vietnamese pancake).

In conjunction with WGS Polo Restaurant and Bar has specially curated a 3 course Laotian menu just for Singapore Polo Club for the month of April 2017 by our MasterChef, Chef Chookiat!

Chef Chookiat has many years of experience specializing in Laotian cuisine, don’t missed out the special promotional menu of Laotian spiced Rice Balls & home-cured Ham, refreshing Cucumber and Grilled Chicken Cracklings and Battered sea bass with Laotian Tomato Salsa.

**IndoChine Polo Bottle Shop**

It’s nick, nack and wine night every Tuesday with no corkage charges for any bottles purchase from Polo Restaurant and Bar new bottle shop!
POLO RESTAURANT & BAR
by
IndoChine

In conjunction with World Gourmet Summit

**Nem Khao Hor – Rice Paper Rolls**
Rice paper roll with Laotian spiced crispy rice crumbs, lemon marinated minced chicken and greens
$16

**Larb Ped Luang Prabang – Lemon Marinated Duck**
Lemon juice marinated minced duck tossed with ancient herbs & spices. Served with Bamboo basket of glutinous rice
Note: Wrap your combination together with herbs and greens served by the side
$16

**Pa Cheo Maak Len – Grilled Seabass Fillet**
Grilled seabass with homemade Laotian tomato salsa
$22

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**May | 2017**

**Euro-Asia Selections**

**Seafood Saffron Pasta**
Al dente spaghetti with array of seafood and saffron
$15

**Russian Beef Staganoff**
Traditional recipe with choice of tagliatelle or fragrant Jasmine rice
$16

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**June | 2017**

**Cambodia Delights**

**Amok Krueng Samut – Seafood Curry in Coconut Husk**
A aromatic, fragrant and flavourful seafood curry steamed to perfection in coconut husk, topped with coconut gravy
$22

**Sach Ko Jakak – Khmer Lemongrass Beef Skewers**
Prime Australian beef skewered and grilled, served with hand pound papaya salad and homemade sauce
$16
Social Tennis is a great way to have a game in a relaxed and friendly atmosphere and it allows you to catch up with your mates, stay fit and improve your skills at the same time.

Be one of the privileged few to play on the new synthetic grass court in our first Social and Friendly Tennis doubles. Maximum 16 players only. Sign up now!

$20 per person (Inclusive of Light Snack, Peroni Beer, 100Plus and Ice Mountain Water)

Booking is on a first come first served

To register: membership@singaporepoloclub.org  68543999

Terms & Conditions apply
Dark clouds and a slight downpour certainly didn't dampen the spirits of the 680 guests who along with their friends, family and even furry pets spent a wonderful afternoon basking in a wholesome goodness of equestrian and social activities at the recent Riding School Open House on 4th March 2017.

As early as 9am, some excited children could be heard asking their parents if it’s time for the pony rides while they were queuing for hot snacks from the food booths. Others like 9 year old Anand Nathan was in disbelief that he was able to be in close proximity with a variety of horses and ponies, something he never thought he would be able to do in Singapore.

“I always thought horses were either black or brown but today I saw horses in different colours, some even had cow like prints on them! My favourite part was the Stable Tour because I got to feed the ponies and when the instructors taught us how to tell a horse’s age from their teeth, the horses looked shy, they were so cute!” giggled Anand who is eager to start Riding lessons.

Anand wasn’t the only one who couldn’t stop giggling looking at the horses, the covered arena was full of chuckles as parents and guests watched the Pony Clubbers hopped into a sack and raced with their ponies as part of the Gymkhana competition.

Working in teams, the Pony Clubbers displayed their strong camaraderie of sportsmanship when they cheered on for one another despite being in different teams and they also had no qualms about dunking their faces in flour for the sake of their team’s win!

Dressed to the corporate colours of the Singapore Polo Club, the Pony Clubbers also surprised the crowd with their creativity during the fancy dress horse pageant. From Darth Vader and his pony clad in a handmade shield, a group of girls in Spanish dance costumes with their colourful ponies to a glitzy trio of girls and their ponies, the crowd was cheering for the young Pony Clubbers who were enthusiastic to express themselves in the pageant.

For a group of riders, the sacrifices they made to practise hard paid off when they dazzled the spectators with their well-coordinated Quadrille Performance. Displaying confidence and elegance, the team’s performance inspired 26 year old Ng Wei
Wen who was watching the performance with her friends to want to pick up the sport at the Club in the future.

Ng shared that prior to this, she has never heard of a quadrille performance nor has she been to the Club and after this experience, it intrigued her to want to explore more into the equestrian world.

Tucked in a corner of the covered arena, a group of young boys were grossly engaged in a special stick & ball game for children, they did not notice the long queues of children who were eager to ride Bandit, a well-loved pony. Parents were seen snapping photos of their little ones smiling gleefully while riding Bandit.

In the Polo Bar, a live art demonstration by Sidney Lander attracted not just children but adults who were amazed at Sidney’s artistic talents and her ability to draw the crowd’s requests so quickly. Sidney was also the judge of the Horse Drawing Competition which unleashed the artist in many of the little ones who participated, with the top 3 winners walking away with a trophy each.
Horses aside, another adorable animal in various breeds was also in the limelight for their amazing jumps and speed over a series of obstacles. Hosting their first 2017 Dog Agility and Jumpers Championships at the Club, The Singapore Kennel Club (SKC) obstacle races for 60 dogs swooned the hearts of many spectators. Members and guests who brought their furry pets said their dogs were more excited than they were.

Giving the Mountbatten Room a burst of green, Nadine Keller and Thorben Linneberg from AeroSpring Gardens Pte Ltd gave insights on what grows well in sunny Singapore and the techniques of urban gardening by providing free seedlings for the many participants. The workshop definitely sparked new interests in gardening for many who were present and they were spoilt for choice on the different seedlings they wanted to purchase for their garden.

The Riding Open House rounded up a fruitful afternoon and we would like to thank you for your participation. Also special thanks to our supporting partners: 100Plus, Ice Mountain, Peroni, AeroSpring Gardens and SmartDoggy Academy for their valuable support.

Article by SPC
Vantage Tennis Summer Camps

Kids will learn basic tennis fundamentals such as Forehand, Backhand ground shots as well as the serve and volley. This will be done using specialized mini tennis nets, shorter court dimensions, and lower-compression balls this camp is a great way to learn and improve the basics of the game. Emphasis will be on a structured games based approach to provide the kids with maximum fun and optimum learning.

Groups will be created by age and skill level.

Coach to Student ratio 8:1

Minimum 4 students enrolled for camp to commence.

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<td>Fee</td>
<td>$375 +GST includes prizes on last day. 5 days</td>
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| Schedule  | 5th – 9th June (Mon-Fri) 9:00 am -12:00pm  
12th-16th June (Mon-Fri) 9:00 am -12.00pm  
19th-23rd June (Mon-Fri) 9:00 am- 12:00pm  
27th-30th June (Mon-Fri) 9:00am -12:00pm |
| What to Bring | Cap, Sunscreen, Drinks, Snack, Tennis Racket and Swimmers & Towel |

For enquiry and/or registration, please contact the Sports & Recreation at
Tel: 6854 3984 or email: gymadmin@singaporepoloclub.org
Junior players will enhance their basic fundamentals, technique, footwork and strategy. This program will be customized to skill level. Emphasis will be on point play, games and rallying. This is a great camp for kids looking to take their tennis to the next level!

Groups will be created by age and skill level.
Coach-Student Ratio 8:1
Min 4 students enrolled for camp to go ahead.

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</tbody>
</table>

For enquiry and/or registration, please contact the Sports & Recreation at Tel: 6854 3984 or email: gymadmin@singaporepoloclub.org
In a special Easter celebration, the Mad Hatter, White Rabbit and Alice from Alice in Wonderland paid a visit to the Singapore Polo Club on 8 April 2017 for a morning of bubbling fun and games with 50 little ones who were dressed in their best Easter hat and some came in bunny costumes.

Amazed by the Kid in a Bubble Photo Booth, many of the young ones were thrilled to be encapsulated in a giant bubble. While they were eagerly waiting for the arrival of Alice and her friends, the young ones together with their parents were entertained by a balloon twister and a face painter who were happy to oblige to their requests.

From bubble wonderland games in the polo field and the much awaited Easter egg hunt to the crowd’s favourite pony feeding session, it was an enjoyable Easter afternoon spent which allowed the little ones and their parents to display their creativity and bond with one another in the spirit of Easter.

Through the loud cheer from the crowd, two participants won the Best Hatter’s Hat Competition and they each walked away with a pair of tickets to catch Pinocchio: A Whale of a Tale!

Member Eleanor Slade who brought her children along with their playmates shared that her children had an amazing time. Echoing her sentiments, another parent said she’s never seen her child this enthusiastic on a Saturday morning.

Parents, we would like to thank you for your support and we look forward to having your children at the Summer Camp, 21-23 June.
Summer camp is all about FUN, FUN and more FUN! This Summer, pamper your little ones to a splashing good time at the Singapore Polo Club’s Summerific Camp from 21 - 23 June 2017 for ages 6 - 12 years old.

Your little ones will learn how to bake a sweet treat, the necessary tennis techniques to be the next Roger Federer, secret swimming tips, riding lessons and even...a movie making class! In addition, there will also be a Movie screening night on the last day.*

Participants will receive a goodie bag each and The Best Campers will be given awards!

Parents, register your little ones for a memorable Summer today!

To register:
Email: membership@singaporepoloclub.org
Phone: 68543999

Member $550+/pax
Guest $630++/pax

*Terms & Conditions apply. Programme may be subject to change.
NEW in store for the polo enthusiast - Ainsley Polo tack and accessories. Designed in NZ and manufactured using leather from Brazil and Italy, with horse and rider performance at the heart of the specifications and produced with timeless style.

Zack's Tack is proud to showcase the 'NINA' saddle designed for, and endorsed by, the internationally renowned lady player Nina Clarkin. All Ainsley saddles have fantastic wither clearance and wide memory rubber foam panels to cushion the horses back and the Nina saddle has a slimmer front section to take into account a women’s lower centre of gravity, and so enables the half seat to be held with increased ease.

Also new in store are beautifully designed Ainsley Polo gag bits, light weight polo stirrups and boutique style weekend and kit bags in leather and canvas.

The Polo Loft by Zack’s Tack
c/- Singapore Polo Club
80 Mount Pleasant Road
Singapore 298334
T: +65 6854 3990  E: pololoft@zackstack.com
Operating Hours: 9.00 am – 7.00 pm (Tues to Sun)
www.ZacksTack.com
Established since 1886, The Singapore Polo Club is one of the oldest sporting and social club in Singapore. Set in acres of lush, tropical grounds, the Singapore Polo Club is a world apart from the bustling pace of the city. It is recognized as the premier equestrian and lifestyle club in Singapore.

A CLUB FOR THE DISCERNING

Join us now to enjoy perks, including tickets to Polo Tournaments, Riding Competitions and lifestyle events

Email: membership@singaporepoloclub.org or Tel: 6854 3999

Terms & Conditions apply